



## Weekly Wildcat News

**March 6, 2017**

Happy Monday, Wildcat Families,

A big congratulations to the students, staff and families of Alta Vista Elementary, as on Friday, our school received the 2017 U.S. Department of Education's Green Ribbon Recognition Award (Silver) which honors schools that conserve resources while promoting health and environmental literacy. Redondo Beach Unified School District was also one of three districts state-wide to receive district level recognition. A big thank you to our assistant principal, Nancy Ruvalcaba, who worked so hard to ensure that the students received this recognition. To read more about the Green Ribbon program and 2017 news release, [CLICK HERE](#).



Kindergarten registration is underway! If you have a child who turns 5, on or before September 1st, and are interested in enrollment for the 2017-18 school year, please [CLICK HERE](#) and stop by the Alta Vista main office. Is your child eligible for TK (birthdate between Sept 2 and Dec 2), also stop by the main office for enrollment information.

***Important Dates this Week:***

Monday, March 6th - BMI testing of students in grades K, 1, 3 & 5 (see attached waiver if you would like your child to OPT OUT of the assessment.)

5-7pm Variety Show Dress Rehearsal at the Parras MS Gym

Tuesday, March 7th - BMI testing of students in grades K, 1, 3, & 5 continues

8:30am Prospective Parent Tour

Thursday, March 9th - 8:30am Room Parent Meeting

CDC PK to Irvine Pretend City

Friday, March 10th - 8:30am Flag Ceremony

Alta Vista Variety Show, 6pm at the Parras MS Gymnasium (tickets available at the door or online through our PTA Webstore)

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February 1, 2017

Dear Parents and Guardians,

In RBUSD, student and staff safety is a top priority. For this reason, in partnership with the Redondo Beach Police Department (RBDP), all staff have been trained on how to appropriately respond to an active shooter situation should it occur on one of our campuses. Given active shooter events that have occurred nationally, we want to make certain our students are prepared both on and off campus. Therefore, we will soon train our students on the “Run, Hide, Fight” (RHF) protocol. In 2012, the Department of Justice, led by the FBI, was tasked with training law enforcement agencies across the country, in order to protect schools, workplaces, places of worship, public gathering sites and communities. The FBI developed the RHF protocol, so law enforcement agencies, such as RBDP, could effectively and consistently train civilians in their community.

The RHF protocol has been modified in partnership with RBDP to support student safety and level of maturity. RBUSD students in grades 4-12 only will receive a formal training on “Run, Hide, Distract” and the training is slightly different at each level – elementary, middle and high. In addition, staff will modify the training to meet the individualized needs of students, as needed.

**Elementary:**

- Grades TK-3 will continue to practice lock down and evacuation drills with the entire school, but there will be no mention of “intruder” or “shooter”. TK-3 students will be trained to listen carefully to their teacher’s instructions and follow his/her lead.
- Grades 4 & 5 will receive “Run, Hide, Distract” training from their assigned elementary teacher.

**Middle School:**

- Grades 6-8 will be trained during their advisement period by their advisement period teacher.

**High School:**

- Grades 9-12 will receive training during Silent Sustained Reading time in their period 3 or 4 class by their period 3 or 4 teacher.

Your school principal will inform you of the student training date(s) at least one week in advance, and will send you the PowerPoint presentation. We understand the sensitivity of this topic, and we encourage you to engage in a discussion with your child(ren) about school safety, as you are their first teacher. Like with fire and earthquake drills, we know from experience that the more we discuss and practice our safety protocols, the more natural our responses will become. Preparation and knowledge of what steps to take when responding to an active shooter situation will result in students and staff responding decisively, calmly, and successfully.

Keeping our students safe on and off campus is a team effort, and we sincerely appreciate your support with this important safety topic. Should you have any questions, please contact your

school principal.

Thank you,

Dr. Nicole Wesley  
Director of Student Services

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## Elementary GATE Parent Coffees

Please join the RBUSD Educational Services Department to talk about outside GATE resources on Monday, March 6 at Birney Elementary.

**Monday, March 6**

9:00-9:30 am

Library

Birney Elementary School

1600 Green Lane

Redondo Beach



## The WATCH D.O.G.S. are back!

Want to be a member of the WATCH D.O.G.S.?

We're using SignUp.com (the leading online SignUp and reminder tool) to organize our upcoming SignUps.

Here's how it works in 3 easy steps:

- 1) Click this link to see our SignUp on SignUp.com: <http://signup.com/go/z9SANm>
- 2) Review the options listed and choose the spot(s) you like.
- 3) Sign up! It's Easy - you will NOT need to register an

account or keep a password on SignUp.com.

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact me and I can sign you up manually.

**We ask our fathers to limit their sign ups to no more than 2 per year so that all of our Fathers can have an opportunity.**



### **How to have a productive reading conversation with your child - prompts for supporting your reader**

*Productive Talk Question #19:* Could this story really happen? Why or why not?



### **Alta Vista PTA**



### **Thank You for Making the Color Run a Success!**

Last week's Color Run was an amazing success raising over \$30,000 for Alta Vista! If you have not had a chance to donate yet, there's still time! The contest goes through Wednesday, March 8<sup>th</sup>. Currently, Mrs. Cantor's class is still in 1<sup>st</sup>, with Wilson and now Marsh in 2<sup>nd</sup> and 3<sup>rd</sup>!

A special thank you to our Fun Run Chair, Jennifer Egan Spalding, as well as our amazing VP of Fundraising, Amie Jacoby, for running this awesome event.

**Also, thank you to our awesome sponsors:** *The Stecyk Family, The Solimando Family, Amie Jacoby Relator, Good Stuff Restaurants, Exer Urgent Care, Osborn's Automotive, Gina's Cuisine, GIS Insurance Services, Jus Poke, Lice*

*Clinics of America South Bay, Redondo Sunset, Village Runner, Jaranin Thai Eatery, Redondo Car Wash*

Please follow these easy steps if you'd still like to donate:

- Go to [thegetmovincrew.com](http://thegetmovincrew.com)
- On the webpage, click on the gold star under the Let's Get Movin' red square to start the registration process and create an account (*you can use your login in from last year if you participated last year!*)
- Click on the red student button in the upper right corner to edit the Student page with your student's information. For school, use the drop down menu or type in Alta Vista Elementary, activate your online pledge profile and add a picture!

### **Mandatory Room Parent Meeting – March 9<sup>th</sup>**

We are asking all room parents to join us on Thursday, March 9<sup>th</sup> at 8:30 am in room 37 for a mandatory room parent meeting. We will be discussing important information regarding the upcoming Family Carnival and Teacher Appreciation Week. If you are unable to attend, please send another representative from your class. Please contact Josie Herbert at [avpta.roomparents@gmail.com](mailto:avpta.roomparents@gmail.com) with any questions.



### **Announcing the 2017 Alta Vista Variety Show – March 10<sup>th</sup>**

We are so excited to have 25 amazing acts including 50 talented Alta Vista students at this year's Alta Vista Variety show, *Wildcats Got Talent*. Join us at 6:00 on Friday, March 10<sup>th</sup> at the Perras Middle School Gym. Buy your tickets now for \$7 on our web store at <https://altavistapta.myschoolcentral.com>. Tickets will also be available at the door.

### **Pi Day Restaurant Fundraiser – March 13<sup>th</sup> – 15<sup>th</sup>**

Celebrate your love of math and all things round on Pi Day (3.14 on 3/14) at **Pie Pie Pie** located at 610 Torrance, Blvd. in Redondo Beach. Order pizza, sweet & savory pies and more and Alta Vista gets 25% of the proceeds! Advanced orders for take-out suggested as this is primarily a take-out restaurant. This fundraiser runs from 3/13 – 3/15 so you have 3 days to enjoy pie, pie, pie! Please bring attached flyer.



### **Tickets on Sale NOW for Comedy & Magic Fundraiser – March 21<sup>st</sup>**

Join us on Tuesday, March 21st for our annual parents night out at the Comedy & Magic Club in Hermosa Beach. Due to limited seating, you can only Buy Tickets ON-LINE on our PTA website. TICKETS ARE FIRST COME, FIRST SERVE. Girls' Night Out? Dads' Night Out? Date Night? Get your babysitters now! This is a fun event that you won't want to miss. Ticket Price is \$25.00 per person. Additional donations are welcome. See also attached Flyer. We hope you can make it! Link to Buy Tickets is: <https://altavistapta.myschoolcentral.com>

### **Performers for the Family Carnival**

Is your child a member of a dance troop, demo team, etc. and like to perform at the Alta Vista Carnival on April 29th? If so, please reach out to Shannon Lee ([bfabt@msn.com](mailto:bfabt@msn.com)) for more information. The Carnival committee has some open spots for teams to display their talents.

### **Other Ways to Connect with and Support Alta Vista PTA**

Check out our website at [www.AltaVistaPTA.org](http://www.AltaVistaPTA.org) and Like us on our **new** Facebook

page: <https://www.facebook.com/altavistapta>. Also check out our website for information on easy fundraising opportunities such as *Amazon Smile* and *Mabel's Labels*.



## **Growth Mindset Corner**

### **Hate Math? Then Your Child Will Too**

**A study shows how parents' math anxiety affects their children's success in math.**

By Lindsey Cook, August 2015

Math anxiety might be passed down from generation to generation, affecting children's math performance, according to a study published in [Psychological Science](#).

The study analyzed data on math achievement and anxiety for 438 first and second graders in 90 classrooms at 29 schools in the Midwest. The researchers tested children on math abilities at the beginning and end of the school year and surveyed their parents about their own comfort with math and how often they helped their children with homework. [Continue reading...](#)



### **Prospective Parent Tours & Kindergarten Registration**

Know a family with a prospective kindergartner or new student for the 2017-18 school year? Our informational tours and kindergarten registration dates are posted on our website. Please direct any interested parents to our website for details.

### **Student Absences**



Just a reminder that all student absences need to be reported to our main office at 310-798-8650 every day that your child is going to be absent. Our office calls all of the families of absent students if we do not hear from you by 10am.

**SAVE THE DATE.**  
**Friday, May 12, 2017**

**RBEF**  
**ANNUAL SPRING GALA**  
at the Portofino Hotel & Marina

*Celebrating 125 Years*  
REDONDO BEACH 1892-2017

 Our Kids.  
Our Community.  
Our Legacy.

**Did you hear?**  
**GIRLS ON THE RUN**  
**IS COMING TO Alta Vista**

Girls on the Run is a transformational learning program for 3rd to 5th grade girls. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. Girls build confidence through dynamic, conversation-based lessons and fun running games. Girls do not have to be runners to enroll, learn and have fun! The program culminates with a celebratory 5K event on Sunday, May 21st. Every girl enrolled in the program receives:

- GOTR Water Bottle
- GOTR T-Shirt
- 5K Event Finisher's Medal
- Registration to the 5K
- An End-of-the-season Team Celebration
- A Lifetime of Healthy Habits!

10 Week Program  
 Fee Only \$225  
**REGISTER AT**  
[www.gotrla.org](http://www.gotrla.org)  
 Before March 6

Spaces are limited.  
 Register early to reserve your spot!

**Starts Tuesday**  
**March 14th**

**Meets TUESDAYS & THURSDAYS 2:30-4:00PM**

(626) 590-4770  
 program@gotrla.org  
 556 S. Fair Oaks Ave, #101-307  
 Pasadena, CA 91105

[www.gotrla.org](http://www.gotrla.org)  
[Facebook.com/gotrla](https://www.facebook.com/gotrla)  
[Twitter.com/gotrla](https://twitter.com/gotrla)  
[Pinterest.com/gotrla](https://www.pinterest.com/gotrla)

Our district is happy to announce a new consolidated site for all district flyers featuring community events. Please [click here](#) to view all of the latest flyers available to families and our community. Looking for a flyer specific to Alta Vista and our after-school programs?

[Click here](#) to be directed to our home page that houses all of our latest flyers.

**Important Dates for the Next Few Weeks:**

Monday and Tuesday, March 6th & 7th - BMI Testing for grades K, 1, 3 and 5

Tuesday, March 7th - 8:30am Prospective Parent Tour

Thursday, March 9th - 8:30am Room Parent Meeting

Friday, March 10th - 8:30am Flag Ceremony

AV Variety Show

March 13 -16th - MINIMUM DAYS - Parent/Teacher Conferences

Friday, March 17th - Trimester Break - NO SCHOOL

Monday, March 20th - Dental Screening

International Acts of Happiness Day

Tuesday, March 21st - Comedy and Magic Night

Wednesday, March 22nd - 5th grade Field Day at RUHS

Thursday, March 23rd - Hands on Art Training in AV Cafeteria

Friday, March 24th - Hands on Art Training in AV Cafeteria

Tuesday, March 28th - GATE Testing

Wednesday, March 29th - LIFT Pupil Free Day

5th Grade Honor Band 3-5pm

6:30pm Cyber Safety Night at Parras MS

Thursday, March 30th - 5th Grade Honor Band 6:30-8:30pm

Friday, March 31st - 8am PTA Meeting

2nd grade field trip to Natural History Museum

**Ways to Support Alta Vista:**

Join the PTA!

Consider donation to the Redondo Beach Educational Foundation. Go to [www.rbef.org/donate](http://www.rbef.org/donate)

Student absences cost the school \$38 per day per child. Families are welcome to repay that cost directly back to Alta Vista if able.

Shopping Online? Please help Alta Vista PTA by shopping through Amazon Smile. At no cost to yourself, Amazon will donate 0.5% of your purchase price to Alta Vista PTA. Remember to select Alta Vista PTA as your cause or use this link. (Tip: if you bookmark this link when it opens you can make sure you are shopping in Smile. <http://smile.amazon.com/ch/95-3154489>

Looking to purchase a new lunchbox or lunch gear? Go to [www.mightynest.com](http://www.mightynest.com) where 15% of your purchases will go directly back to Alta Vista.

Don't forget to collect and return your General Mills Box Tops for Education. Every boxtop is money for our school!

Go to [mycokerewards.com/school](http://mycokerewards.com/school), enter your Coca-Cola product codes and donate to our school. Our school can redeem the points for much needed physical education equipment.

Stopping by Jamba Juice on a warm summer day? Just show the PTA Jamba Card when making a purchase.

Have a wonderful week,

Mrs. Wildes