CONFIDENTIAL MEDICAL RECORD

NEW YORK CITY DEPARTMENT OF HEALTH AND MENTAL HYGIENE
BUREAU OF DAY CARE
CHILDREN'S MEDICAL RECORD

Agency Stamp

PERIODIC EXAM/FOLLOW-UP RECORD

TO BE FILLED OUT BY DAY CARE STAFF

NAME: (Last) (First) (Middle)

SEX ❑ F ❑ M

DATE OF BIRTH: ___/___/___
Birth weight: _____
Place of Birth: _____

ADDRESS: (No.) (Street) (City/Boro) (State) (Zip)

REASON FOR REFERRAL TO MEDICAL FACILITY / PHYSICIAN BY DAY CARE CENTER:

- ❑ Periodic Examination
- ❑ Health Problem (Specify) _____
- ❑ Other (Specify) _____

NAME: Day Care Director/Teacher/Nurse _____ Date of Referral ___/___/___

TEACHER: Report on professional observations; child's progress/experiences in program (OPTIONAL)

Signed: _____

PHYSICIAN'S REPORT TO DAY CARE

PERTINENT MEDICAL HISTORY SINCE LAST EXAMINATION

ALLERGIES: ❑ NONE
- ❑ FOOD _____
- ❑ MEDICINE _____
- ❑ OTHER _____

ASTHMA

In the past 12 months has the child been to the ED or been admitted to the hospital for breathing problems?
❑ Yes ❑ No

Has the child ever been diagnosed with asthma?
❑ Yes ❑ No

If Yes, Indicate Severity:
❑ Mild Intermittent ❑ Moderate Persistent
❑ Mild Persistent ❑ Severe Persistent

In the past 12 months has the child been prescribed any of the following medications for asthma or breathing problems?
❑ Inhaled corticosteroid ❑ Other controller medication
❑ B_2-agonist ❑ Oral steroid ❑ No medication

If Yes to any of the above, complete and attach an **Asthma Action Plan (AAP).**

(Call **311** to order blank **AAPs**).

DEVELOPMENTAL OBSERVATION *Check "Yes" or "No" for appropriate ages. If more than 2 "No's" or any boxed item is marked in child's age category, indicate follow-up or action taken in the Sections 'Diagnoses, Problems and Plan' on back of form.*

BY 6 MONTHS

Y	N	
❑	❑	Imitates vocalizing
❑	❑	Turns to voice
❑	❑	Rolls over
❑	❑	Reaches (each hand)
❑	❑	Cuddles

❑ AVOIDS EYE CONTACT

BY 12 MONTHS

Y	N	
❑	❑	Stands alone 2 secs
❑	❑	Bangs two blocks
❑	❑	Says "Mama/Dada" specifically
❑	❑	Responds to "NO"
❑	❑	Plays patty cake or waves "bye-bye"

❑ AVOIDS EYE CONTACT
❑ CONCERN THAT CHILD CAN'T HEAR
❑ TUNES OUT

BY 18 MONTHS

Y	N	
❑	❑	Imitates household chores (sweeping)
❑	❑	Says 4 words besides "Mama/Dada"
❑	❑	Points to one body part "show me your nose"
❑	❑	Drinks from a cup
❑	❑	Scribbles

❑ AVOIDS EYE CONTACT
❑ TOE WALKING

BY 2 YEARS

Y	N	
❑	❑	Kicks ball forward
❑	❑	Combines 2 words
❑	❑	Strangers understand half child's speech
❑	❑	Points to 6 named body parts (nose, eyes...)
❑	❑	Names 1 animal picture
❑	❑	Takes off clothing (other than hat)

PERSISTENT
❑ ROCKING
❑ HEADBANGING
❑ HANDFLAPPING

BY 3 YEARS

Y	N	
❑	❑	Can hold 2-3 sentence conversation
❑	❑	Names 4 animal pictures
❑	❑	Knows 2 animal actions: which flies, meows etc.
❑	❑	Understands what to do when tired, cold or hungry (1 out of 3)
❑	❑	Imitates a vertical line
❑	❑	Washes and dries hands

❑ AVOIDS INTERACTIVE PLAY

BY 4 YEARS

Y	N	
❑	❑	Knows first and last names
❑	❑	Understands what to do when tired, cold or hungry (2 out of 3)
❑	❑	Plays interactive games (like tag)
❑	❑	Walks up stairs not holding on
❑	❑	Toilet trained/night

BY 5 YEARS

Y	N	
❑	❑	Throws a ball overhand
❑	❑	Draws a three-part person
❑	❑	Copies a cross
❑	❑	Names four colors
❑	❑	Dresses without supervision

PHYSICAL EXAMINATION *(Please fill out completely)*

Height _____ in _____ (% 'ile)
Weight _____ lbs BMI _____ _____ (% 'ile)
Head Circumference (up to 24 mos) _____ in _____ (% 'ile)
Blood Pressure (after 3 years of age) _____ / _____

Physical examination: ❑ Normal
❑ Abnormal, specify: _____

Child's Name: _____ DOB____/____/____

PERIODIC EXAM/FOLLOW-UP RECORD

318KA (REV. 8/06)

SCREENING TESTS AND RESULTS (See Schedule)

SCREENING TESTS	DATE DONE	RESULTS
Hematocrit or Hemoglobin		Hct. % / Hb gms %
Newborn Screening or Hemoglobin Electrophoresis		
Lead Risk Assessment		
Lead Screening (Venous preferred)		
Tuberculin Screening (PPD Mantoux)*		
Vision Screening		NL AB Red Reflex ❑ ❑ Cover Test ❑ ❑
Note: Screening for Amblyopia requires separate distance acuity measurements in each eye and a fusion test. (ages 3–6 yrs)		FAR / NEAR Right ___/___ ___/___ Left ___/___ ___/___ PF Both ___/___ ___/___
Hearing Screening		
OTHER TESTS *(Specify)*		

* Not required at entry or for all children.

DENTAL ASSESSMENT *Date:* ____/____/____

1. **Examiner** ❑ MD ❑ DDS ❑ Dental Hygienist
   ❑ Other Health Care Professional *(Specify)* _____
2. **Does the child sleep with a bottle?** ❑ Yes ❑ No
3. **Findings**
   - **A. No Visible Problems** ❑ *(Clean mouth, no visible cavities, healthy gums)*
   - **B. Some Problems Detected** ❑ *(Cavities, inflamed gums, open bite, malocclusion)*
   - **C Severe Problems** ❑ *(Baby bottle tooth decay; extensive cavities; abscesses)*
   - **D. Other** *(Specify):* ❑

   Referral Suggested if B, C or D is checked
4. Has the child been referred to Dentist? ❑ Yes ❑ No

NUTRITIONAL UPDATE

Up to age 1 year: Is the child on?
- Formula? ❑ No ❑ Yes
- Breast milk? ❑ No ❑ Yes
- Solid foods? ❑ No ❑ Yes

1 year and above:
- Is child bottle fed? ❑ No ❑ Yes
- Type of diet? _____

Unusual dietary habits? ❑ No ❑ Yes, *specify* _____

Dietary restrictions? ❑ No ❑ Yes, *specify* _____

IMMUNIZATION HISTORY

	DATE IMMUNIZATION GIVEN				
	1st	2nd	3rd	4th	5th
Hep B					
DTaP					
Polio					
Hib					
PCV Pneumococcal					
MMR					
Varicella					
Hep A					
Influenza yearly 6-59 mos.					
Rotavirus					
Other					

DIAGNOSES/PROBLEMS/CLINICAL IMPRESSIONS

(Include all chronic conditions or conditions/findings needing follow-up)

1. _____
2. _____
3. _____
4. _____
5. _____

PLAN (Therapies, Referrals, F/U)

1. Next Appointment Date ____/____/____
2. Follow-up Needed ❑ Yes ❑ No
   (Specify referral and date) _____
3. _____
4. _____
5. _____

RECOMMENDATIONS

1. Approve participation in early childhood program/day care? Yes ❑ No ❑
2. Special recommendations for child? Specify treatments provided, or recommended evaluations. Does child require special education or early intervention? _____

Name/Address Stamp, if available:

_____ _____
Signature Date of Exam.

_____ _____
Name (PLEASE PRINT) Degree:

License No. _____ _____
Telephone No.

Address _____