

Instructions for Nebulizer Use at School

Student Name _____ School _____

Requests for administration of medication by nebulizer during school hours need:

- ✓ A signed note or prescription from the doctor requesting the treatment, stating the amount of medication to be used, and the time of day/frequency of treatment.
- ✓ A signed parental authorization form.
- ✓ The school administration should be notified that the treatment is requested.
- ✓ The Registered Nurse (RN) from School Health Services or the Health Department should coordinate with the physician and/or parent an in-service for the school staff who will be administering the treatment. This same nurse should be available for each consultation, if needed.
- ✓ Nebulizer (machine) to be kept at school.

How to use Nebulizer

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|----------------------|-----------------------|---------------------------|
| 1. Gather equipment: | portable nebulizer | connecting tube |
| | nebulizer cup | mouthpiece (pipe) or mask |
| | prescribed medication | |
2. Wash hands.
 3. Open the nebulizer cup.
 4. Put prescribed medicine into nebulizer cup.
 5. Close nebulizer cup carefully.
 6. Place mouthpiece or mask on nebulizer cup.
 7. Connect one end of tubing to mouthpiece or mask and the other end of tubing to machine at air outlet connection.
 8. Turn the machine on to see that mist is coming out properly through mouthpiece. Mist should be visible.
 9. Give the child the mouthpiece or mask and instruct to breathe the mist naturally. If using the mouthpiece be sure the child breathes through his/her mouth. Place mask on young children.

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10. The procedure should take about 10-15 minutes. It is finished when the nebulizer cup looks dry and mist no longer comes out.
11. Turn off machine. Disconnect all the parts. Rinse the cup with clean water and allow to air dry. Return all equipment to the proper place.
12. Log the treatment on the proper form.

Medication

Frequency/
Time _____

Signature: _____

Date: _____

of Parent

Signature: _____

Date: _____

Nurse