

CARE PLAN FOR STUDENT WITH CONCUSSION

Name		Date	Grade
Emergency Contacts:		DOB	
	physician		
	(mom) home	cell	work
	(dad) home	cell	work

Teachers:

Following a concussion, academic accommodations are needed to allow the brain to heal from the traumatic injury. Highly demanding activities like testing can place stress on the healing brain and increase symptoms and prolong recovery.

Academic Accommodations

Testing: Extra time to complete Testing in quiet environment
 Allow testing across multiple sessions Reduced length of tests
 No standardized tests No tests or quizzes
 Open note/open book/ take home tests if poss.

Note taking:

Needs copy of class notes

Workload Reduction: Passively work

Shortened tests and projects

-Reduce overall amount of make-up work, class work, & homework (50-75%)

Breaks: Take breaks as needed to control symptoms

Eat lunch away from cafeteria

Limit extracurricular activities (_____)

Restrictions: (circle each that applies)

Limited PE

No PE

Elevator use

No Restrictions

Extra time: Allow late assignments

Attendance Restrictions: Initiate/continue homebound instruction

Half day: Full days as tolerated

No school until_____, Then attempt half days as tolerated until_____, Then full days as tolerated

Other comments _____

Nurse _____

Other _____

Parent _____

Other _____

Physician _____