



Sophomore To Do List:



Take the PSAT	At school sign up for the PSAT in the fall or check to see if it will be given during Future Day. Create a College Board account that will link your PSAT score to your account and give you personalized study guides. With this you can prepare for the SAT using a Khan Academy study plan based on your PSAT results and explore lists of suggested colleges, majors and careers. Prepare for the SAT by taking a free full-length official practice test. Then get a score and skills report. Learn with skills you need to improve. Be sure to sign up for the official SAT "Question of the day" for daily practice. You can take either the SAT or up to three SAT Subject Tests on one test day. Plan your testing schedule carefully if you want to take both, and register for two separate test dates. Plan to take the SAT or ACT spring of your junior year.
Start your post-secondary research	You can take an aptitude test to see your skills and interests. Make a list of your abilities, preferences and personal qualities. List things that you may want to study and do in college or a vo-tech school. Jump start your college planning by reading about majors and careers. Use collegesearch.com to find colleges with the right characteristics. You can also use WOIS www.wois.org .
Explore colleges/tech schools or jobs	Start visiting local colleges or tech schools; large, small and private colleges. Get a feel for what works for you. Develop an initial list of institutions that interest you. Set up a job shadow; for example if you are interested in nursing, see if you can shadow a nurse for a few hours and really see if that is the correct path for you.
Make a profile for scholarships	Scholarships are not only available for seniors! Start with creating an account on washboard.org or www.unigo.com and see what you can apply for now!
Participate!	If you haven't already, participate in extracurricular activities. Join clubs or volunteer around the community. Take advantage of visiting college reps and college fairs at our school.
Review your schedule, high school and beyond plan, and grades	Review your schedule with your counselor for next year. Make sure you are taking all grad requirements. Challenge yourself with honors and AP classes. Review your high school and beyond plan, if anything has changed. Keep your grades up and keep track of your cumulative GPA. When applying to colleges most of them look at grade trends and cumulative GPA. If you are interested in running start make sure to talk with your counselor as soon as possible.
Know where to find help!	Know where your resources are at your school. The library is a great resource for research, computer use, tutoring and where you will find programs like TRiO Upward Bound and GEAR UP. The counseling office is home of the College & Career Center. There you can get help with PSAT, SAT, or ACT, college applications, job search, resume, personal statements, scholarships, military info and much more!
Create an Activities Resume	This is a list of your accomplishments, activities and work experiences from 9th - 12th grade. Start a resume that can be updated every year. When applying for a job, college, or a scholarship you will need to submit a resume and/or give a copy of your resume to those you are asking for a letter of recommendation. You can research examples online or visit the College and Career Center for help.
Summer Activities	Enrich yourself by volunteering, getting a job or internship or sign up for special summer learning programs.