

**Have a
Great Day!**

Bronx Academy of Promise

Breakfast Menu

Meal Includes:

Meat/Meal Alternate, Grains, Fruit, and Milk



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pineapple & Blueberry Parfait w/Yogurt & Granola *****</p> <p>Scrambled Egg w/Turkey Sausage & W.W. Bagel *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Egg & Cheese on a W. W. Bagel *****</p> <p>Raisin Bagel w/Low-fat Cream Cheese & Fresh-cut Fruit *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Turkey Sausage, Egg & Cheese Sandwich on an English Muffin *****</p> <p>Blueberry Muffin w/Fresh-cut Fruit & Mozzarella Stick *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Cheesy Scrambled Egg w/Bacon Bits and W.W. Toast *****</p> <p>Egg Salad Sandwich on a Whole Wheat Bagel *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Egg, Turkey Bacon, & Cheese on a Biscuit *****</p> <p>Belgian Waffles w/Maple Syrup & Sliced Apples *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>

Available at Every Breakfast

Grains: Bagels, English Muffins, Whole Wheat Bread

Milk: Low-Fat White and Non-Fat Chocolate

Water available at every meal

This institution is an equal opportunity provider.

February 27 – March 1, 2017

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