



Bronx Academy of Promise

Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

February 27 – March 3, 2017	Monday 2/27	Tuesday 2/28	Wednesday 3/1	Thursday 3/2	Friday 3/3
Hot Meals	Salisbury Steak Home Made Mashed Potatoes Seasoned Corn	Lemon Pepper Chicken Brown Rice Pilaf Green Beans	Spaghetti & All-Beef Meatballs Marinara Sauce Steamed Broccoli	Pepperoni Pizza Carrot Sticks & House Salad	REEF PATTI W/CHEESE SEASONED BLACK BEANS WHOLE WHEAT BREAD
Sandwich Meals	<u>Deli!</u> <u>Turkey Wrap</u> Sliced Turkey, Turkey Bacon, Lettuce & Tomato on a Whole Grain Toast	<u>Chicken Noodle Soup</u> Potatoes, Carrots, Celery Whole Grain Crackers	<u>Hot Panini!</u> <u>Tuna Melt</u> Ham & Cheddar Cheese, In a Whole Wheat Panini	<u>Chicken Noodle Soup</u> Potatoes, Carrots, Celery Whole Grain Crackers	FRUIT
Salad Bar	Mesclun Salad w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	Mesclun Salad w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	Mesclun Salad w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	Mesclun Salad w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas	Mesclun Salad w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas

Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and Assorted Cupped Fruit: Peaches, Pineapples, Pears

Milk: Low-Fat White and Non-Fat Chocolate

Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day