

SHAC Minutes  
March 7, 2011 Meeting

Members Present: Diane Gwinn, Lynn Crabb, Lise Chumbly, Cheryl Hall, Tricia van Til, Cindy Beckerman, Stephanie Woelfel, Liberty Beckerman (student representative)

SHAC President Diane Gwinn called the meeting to order at 7:00p.m. Cheryl Hall read the November 15<sup>th</sup> meeting notes. Mrs. Chumbly made a motion to accept the minutes as read and Mrs. Beckerman seconded it. There was no public comments and all were in favor.

School Salad Bar Effort & Update:

- In our November 15<sup>th</sup> meeting it was noted that we applied for a salad bar grant from Whole Foods and that we would know after January 15, 2011 if we received the grant from Whole Foods.
- We learned today that Thrall was one out of 300 schools selected in the state of Texas to receive the Whole Food Grant. This is a huge success for Thrall in SHAC's efforts towards curbing childhood obesity and providing healthy food options for Thrall students and staff. We appreciate Trish VanTil's effort towards submitting the grant for our committee!

Wellness Policy Review Status:

- In our November 15<sup>th</sup> meeting assignments were given for review and recommendations for changes to the Wellness Policy. Here is the status of our efforts as discussed during today's meeting:
  - Page 1 - Stephanie - reviewed and verified no changes
  - Page 2 - Lise - reviewed and verified no changes
  - Page 3 - Nurse Crabb - reviewed, provided proposed changes to committee attendees. We reviewed and make some edits to the proposed changes with some outstanding assignments for this section to Lynn (health curriculum and emotional wellness) and Cheryl (bullying).
  - The following sections were postponed to another meeting in the interest of time:
    - Section A - Tina

- Section B - Diane
- Section C - Cheryl & Deanna
  - There was a change proposed during the 3/7 meeting regarding this section as it was related to a section we did discuss regarding recess.
- Section D - Cindy
- Section E - Trish
- Section F - Norma

We need to follow-up to find out if Worth the Wait is being taught.

3<sup>rd</sup> Annual Wellness Fair Discussion:

- In determining the timing of this event, we discussed when teacher appreciation week is (May 2-6) and that this is also School Nurse week and when the elementary field day is (we believe May 20<sup>th</sup>). We decided we would host the fair Wednesday May 11<sup>th</sup>.
- We discussed options for location (board room, cafeteria stage, etc). This has become a concern in part due to the large vendor turn out and staff turnout we had last year which is a definitely a positive. We will continue to explore options.
- We discussed if 10am to 2pm is still a fair duration in consideration of the travel of our vendors and the teacher/staff availability. Of course we would like to do something more extravagant that would go into the evening but do not believe the event is mature enough for this yet. We will discuss times again at the next meeting.
- We need to start reaching out to vendors and working on door prizes.

Next SHAC meeting is scheduled for March 28, at 6:30 PM and will be held in the elementary library.

Mrs. Chumbly moved to adjourn the meeting and Mrs. VanTil seconded the motion, and all in favor.

Pending updates:

- Cross-walk volunteer marketing discussed. Thoughts were discussed around asking programs such as National Honor Society and other school clubs to volunteer. Request will be made to Ms. Holt to see about training and feedback on a count of how many may be interested.

- 3/7: we ran out of time to discuss.
- Request from SHAC to Mrs. Pitts for cost and portion size of potatoes and salad.
  - 3/7: Tina was not available to discuss.