



TO: All PJMS Parents
FROM: Therese Sutherland RN
RE: Annual Physical Examination Requirements For Grades 5 TO 7

All students, including those who do not participate in athletics, are required to have an annual physical examination by a healthcare provider (HCP), between May 15th and August 1st (following the high school schedule). The annual exams are required regardless of birth date and health insurance policy restrictions. Completed physicals must be provided to PJMS by August 2, 2018.

These forms can be downloaded from the website: www.popejohnms.org, under Forms and Publications.

Tdap and Meningococcal vaccines are required for entry into 6th grade.

Please be diligent when visiting your HCP, making sure that all forms are completed before you leave the doctor's office.

Unfortunately, the following REQUIRED information is commonly omitted:

1. Correct date of physical exam.
2. Parents and students signatures and dates.
3. HCP findings and referrals.
4. Height, Weight, Blood Pressure, Pulse, VISION – YOU MUST BRING YOUR GLASSES OR CONTACT LENSES TO THE EXAM. The HCP must enter the result of the routine vision screening on the day of exam, REGARDLESS of a pending visit or referral to an optometrist or ophthalmologist.
5. HCP signature and address stamp.
6. HCP signature and completion date of the cardiac assessment professional development module where indicated. (Do not put date of exam there).

The HCP must enter the correct date of exam, not the date from a previous physical. The paperwork might not be completed on the same day as the exam. Enter the exam date, not the date the paperwork is done.

Ask your HCP to read this letter.

If the above information is omitted or incomplete, the student will not participate in physical education and athletics. It is important to keep copies of all forms.

Thank you, Therese Sutherland