

May BREAKFAST

Howard Gardner Community School
2017 - 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> hot buttermilk pancakes cinnamon crumbles multigrain cheerios & zac attack strawberry bar Fruit & Milk 1	NO BREAKFAST 2	<ul style="list-style-type: none"> hot omelet and french toast sticks blueberry bagel & cream cheese cinnamon chex & zac apple bar Fruit & Milk 3	<ul style="list-style-type: none"> hot cheesy bean breakfast burrito (v) banana muffin Fruit & Milk 4
<ul style="list-style-type: none"> corn chex, zac attack strawberry bar cinnamon "dipperdoodle" bar & string cheese Fruit & Milk 7	<ul style="list-style-type: none"> hot cinnamon toast bagel autumn spice muffin Fruit & Milk 8	NO BREAKFAST 9	<ul style="list-style-type: none"> hot french toast sticks, sausage, and egg apple cinnamon muffin Fruit & Milk 10	<ul style="list-style-type: none"> hot turkey cheddar brekwich cinnamon crumbles zee zees berry apple bar (df) Fruit & Milk 11
<ul style="list-style-type: none"> cheerios, zac attack apple bar dipperdoodle bar (df) Fruit & Milk 14	<ul style="list-style-type: none"> hot southwest chorizo & cheese bagel cocoa critters cereal (df) yogurt & educational snacks Fruit & Milk 15	NO BREAKFAST 16	<ul style="list-style-type: none"> hot buttermilk pancakes blueberry bagel & cream cheese Fruit & Milk 17	<ul style="list-style-type: none"> hot breakfast ranchero scramble (vg) apple cinnamon muffin multigrain cheerios & zac attack strawberry bar Fruit & Milk 18
<ul style="list-style-type: none"> cinnamon chex & zac apple bar honey grahams & cinnamon rumbles (df) Fruit & Milk 21	<ul style="list-style-type: none"> french toast muffin snow flurries cereal (df) Fruit & Milk 22	NO BREAKFAST 23	<ul style="list-style-type: none"> hot cinnamon toast bagel autumn spice muffin zac omega fruit filled strawberry bar (df) Fruit & Milk 24	<ul style="list-style-type: none"> hot cheesy omelet honey buttons cereal (df) lemon muffin Fruit & Milk 25
NO SCHOOL	<ul style="list-style-type: none"> cocoa critters cereal (df) Fruit & Milk 28	NO BREAKFAST 29	<ul style="list-style-type: none"> blueberry bagel & cream cheese zee zees berry apple bar (df) Fruit & Milk 31	
MEMORIAL DAY	<ul style="list-style-type: none"> zac omega fruit-filled blackberry bar (df) Fruit & Milk 28	NO BREAKFAST 30		

Did You Know?

Studies show that students who eat breakfast at school perform better on tests and have improved concentration, alertness, memory, and learning!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

This institution is an equal opportunity provider