



Be Seen and Heard[®] Assemblies Lietz Elementary

Dear Parent(s)/Guardian(s),

On **Friday, March 30th**, Lietz Elementary will host a series of Be Seen and Heard[®] assemblies. The author and presenter of the program, Victor Pacini, seeks to empower students to have the confidence to speak up in situations that may make them feel uncomfortable or unsafe. The topics are scaled to be appropriate for each grade level, and previews of the material can be found at the links below:

K-2nd Grade Preview: bit.ly/BSAHK2

3rd-4th Grade Preview: bit.ly/BSAH34

5th Grade Preview: bit.ly/BSAH56

All parents are invited to attend one of our parent nights to learn more about the Be Seen and Heard[®] program. Victor Pacini will lead parents through an overview of the program and will be available to answer questions. Both presentations are open to ALL Union Elementary School District parents:

Sunday, March 18th 6:30 - 8:00pm **Dartmouth Middle School Gymnasium**
5575 Dartmouth Drive
San Jose, CA 95118

Monday, March 19th 6:30 - 8:00pm **Union Middle School Gymnasium**
2130 Los Gatos Almaden Road
San Jose, CA 95124

If you are not able to come to either parent night, you can view a video introduction to the program, "Peace of Mind for Parents," at this website: www.victorpacini.com/peace-of-mind.

Opt-Out of the Be Seen and Heard[®] Assembly

As a parent/guardian, you have the right to determine whether or not your child attends this assembly.

*If you **DO NOT** want your child to attend the Be Seen and Heard[®] assembly, please complete, sign, and return this opt-out form to the main office of your child's school.*

I DO NOT want my child to attend the Be Seen and Heard[®] assembly.

Signature of Parent/Guardian

Date

Student: _____

School: _____

Teacher: _____