

Rutherford County Middle School Athletic Guidelines 2015-2016

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GENERAL INFORMATION

Rutherford County middle school athletics will adhere to rules and regulations set forth by the TMSAA and the The Rutherford County Athletic Handbook unless otherwise stated in the Rutherford County Middle School Athletic Guidelines.

Athletic Advisory Committee – Will Shelton, Fred Barlow, Kim Stoecker

All Cheerleader coaches shall be ACCAA certified.

Beginning with the 2015-2016 school year, the District Athletic Director will develop schedules for each sport in the tournament rotation. These will be known as the “official schedules”. All conference tournament and championship seeding will be based on standings from the official schedules. When scheduling athletic games, no games shall be scheduled on designated Parent/Teacher dates.

The District Athletic Director will serve as the purchasing agent for all trophies that are awarded by the conference or for tournaments. Each middle school will be billed for their share of the trophies at the end of each tournament season.

The regular season Conference Champion for baseball, basketball, football, soccer, softball, and volleyball will be recognized, awarded a trophy, and will be responsible for the cost of the trophy.

A regular season All-Conference team for baseball, basketball, football, soccer, softball, and volleyball will be selected based on the performance of individual athlete’s during the regular season. Each school will select their recipient(s) for this award except basketball. The Basketball All-Conference team is selected by WGNS. Each school will be responsible for the costs of the All-Conference trophies that they earned.

Rutherford County Middle Schools will rotate hosting conference championship games or conference tournaments based on the athletic tournament schedule. A school designee from all tournament host schools, including JVs, shall contact the RCS Athletics Director well in advance to discuss tournament procedures (Tournament Hosting Checklist is found on p.21 of this document). Only recognized and approved school teams with an approved school coach, may participate in county athletic contests and/or tournament championships. Tournament hosts are responsible for all tournament costs including the Champion, Runner-up, and All-Tournament Team trophies.

The championship/tournament rotation is found on p. 3.

Unless otherwise noted, seeding for tournaments will be based on conference records. In cases where two or more schools end the season with tying records, the tie will be broken and number one seed will be determined as

1. Head to Head
2. How you did vs. common opponent top of standings to bottom until tie is broken
3. Draw numbers for tie breakers on a tournament by tournament basis. Lowest seed in question will go to the team with the lowest number. These numbers will be drawn in early April at an announced place, date, and time by the RC AD.

Tournament brackets from printyourbrackets.com shall be used.

It is at the discretion of each school to determine if they will charge admission for regular season games. All sports that choose to charge admission for a regular season game will have an admission price of \$5.00. Schools participating in scrimmages/exhibition games must agree if admission is to be charged. Coaches for each sport must communicate to the other coaches that they will be charging an admission. Coaches are responsible for informing parents of these admission guidelines. Sports pricing guidelines are the same for varsity or junior varsity contests. School-age students, kindergarten and up, will be charged full admission price. County employees are admitted free with their ID badge. This free admission is for the county employee only.

The host school of the tournament must decide if they are going to charge a tournament fee or admission; the host school cannot charge both a fee and gate admission. The admission for tournaments will be the same price as the regular season admission.

Schools must go through the local TSSAA approved association to get their officials. All officials (referees and umpires) must be TSSAA certified. Junior varsity officials are not required to be TSSAA certified

Host schools who are holding special events such as Homecoming, 8th Grade Recognition Night, etc, that might impact normal game activities or length are to communicate that information to the visiting schools, in advance.

Jamborees, scrimmages, and junior varsity games will be played at the discretion of individual schools. These contests have no bearing on regular season conference standings or championships.

Athletic contests will be cancelled when school is cancelled due to weather. Athletic events may be played when school has been cancelled only when the Director of Schools authorizes athletic events to continue and the principals of both schools agree to play.

Every coach is responsible for ensuring good sportsmanship and is expected to abide by the Coaches Code of Ethics. Running the score up on an opponent is unacceptable. Concerns regarding a school running up the score on an opponent should be directed to the school principals.

'15-'16 Championship Game / Tournament Schedule

Sport	Host School	Tournament Contact	Tournament Contact Information	Proposed Dates
Girls Soccer	Central Magnet	Mark Kirksey	615-904-6787	Sept 28-Oct 2
Volleyball	Siegel	Joe Pace	Ext 28619	Sept. 21-14
Football	Oakland*	Brad Decker	615-653-2414	Oct. 17
Basketball	Stewarts Creek	Jermaine Jackson	615-403-7830 (30136)	January 23-28
Boys Soccer	Central Magnet	Mark Kirksey	615-904-6787	April 23-28
Softball	Rockvale	Wayne Coward	615-504-5805	May 2-7
Baseball	Christiana	Wayne Kendrick	Ext 29725	May 2-7
Tennis**	None	Thomas Laird / M'boro Rec	615-642-3725	10/12-16
Cross Country**	Central Magnet	Stuart Leach	23356	9/28/15
Track**		Kaitlyn Benavides RSMS	Brent Meadows BMS	TBD January 2016
Golf**	Oakland MS*	Web Hutchings	615-653-0935	4/29/16 or 5/2/16
**Host School, Tournament Contact, Tournament Site Determined By Coaches Of This Sport. This Sports Is Not Included In The Tournament Rotation				

Future Championship Game / Tournament Schedule

	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23	23-24	24-25	25-26
BMS	X	X	S	BB	X	FB	X	SB	VB	X	BK	X
CMS	X	S	BB	X	X	X	SB	VB	X	BK	X	X
ChMS	BK	BB	X	FB	X	SB	VB	X	BK	X	X	S
LMS	X	X	FB	X	SB	VB	X	BK	X	X	S	BB
OMS	VB	FB	X	SB	VB	X	BK	X	X	S	BB	X
RSMS	SB	X	SB	VB	X	BK	X	X	S	BB	X	FB
RMS	X	SB	VB	X	BK	X	X	S	BB	X	FB	X
SiMS	FB	VB	X	BK	X	X	S	BB	X	FB	X	SB
SmMS	X	X	BK	X	FB	S	BB	X	FB	X	SB	VB
SCMS	BB	BK	X	X	S	BB	X	FB	X	SB	VB	X
WBMS	S	X	X	S	BB	X	FB	X	SB	VB	X	BK

	26-27	27-28	28-29									
BMS	X	S	BB									
CMS	S	BB	X									
ChMS	BB	X	FB									
LMS	X	FB	X									
OMS	FB	X	SB									
RSMS	X	SB	VB									
RMS	SB	VB	X									
SiMS	VB	X	BK									
SmMS	X	BK	X									
SCMS	BK	X	X									
WBMS	X	X	S									

TMSAA SPORTS CALENDAR

For each sport there shall be a beginning practice date, a date for the first contest, a limit for the number of regular season contests, rules in regard to tournaments where applicable, rules in regard to off-season practice, and rules in regard to summer practice. All schools must observe the summer dead period.

Sport	1 st Practice Date	1 st Contest Date	# of Reg Season Contests	Off-Season Practice	Summer Practice
Football	*See Below	Left to the Discretion of the Local Education Association	8 Games	10 Days Within 15 Consecutive Days & 2 Interschool Scrimmages	No Pads
Golf / B & G			15 Dates	No Restrictions	No Restrictions
Volleyball			20 Matches	None	No Restrictions
C.C. / B & G			12 Dates	No Restrictions	No Restrictions
Soccer / B & G			Matches	None	No Restrictions
Basketball / B & G			18 Games + End of Season Tournament	10 Days Within 15 Consecutive Days & 2 Interschool Scrimmages	No Restrictions
Wrestling			NA	NA	NA
Softball			18 Games	None	No Restrictions
Baseball			18 Games	None	No Restrictions
Track / B & G			8 Dates	None	No Restrictions
Tennis			15 Matches	No Restrictions	No Restrictions

*There shall be a First Practice Date for each Sports Season. The First Practice Date for the Fall Season is Monday, the week of August 1. The First Practice Date for the Winter Season is Monday, the week of October 1. The First Practice Date for the Spring Season is Monday, the week of February 1. The Local Education Association will determine in which season each sport is played.

BASEBALL

All Rutherford County middle schools are required to play each other one time. The results of those games will count toward each school's conference record. Those specific conference dates will be designated on the official schedule. Additional games or tournaments may be scheduled by individual school coaches but will not count toward conference standings. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 18 games

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – Starting times for games before the daylight savings time change will be at 4:00 p.m. Starting game times after the time change will be 4:30.

Pitcher/Catcher Start Date – Pitchers and catchers may start January 1st.

Practice Start Date – The first practice date is Monday, the week of February 1.

Start Date for Games – Non-League games 2nd Monday in March. League games will begin on Thurs of that week.

Off Season Practice – None

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4th of July week and the week of the 4th of July.)

Rainouts or Darkness – In cases of rainouts or darkness, the host school will reschedule the game on the first date available for both teams. Failure of the host school to reschedule the game on the first available date will result in the game being counted as a loss for the host school. Any questions pertaining to a game-date conflict will be resolved by the principals of the schools. All games must be made up and any games that are not made up will count as a loss.

If a game is called due to darkness before the fifth inning, then the game is not official and must be completed on the first available date. If a game called because of darkness after 5th inning is complete, the game is official. If a game is called after the first half of an inning, the score reverts back to the last complete inning and the rest of the game must be rescheduled.

Pitching Rule – The Junior Division baseball pitching rule provides: “A pitcher may pitch no more than twelve innings in any one calendar week (Sunday through Saturday) and no more than seven innings in any one day. After pitching four or more innings in any one game, the pitcher must have at least two days rest before he or she can pitch again. (For example, if a pitcher pitches four or more innings any time on Monday, that pitcher would not be able to pitch again until Thursday, etc. If a pitcher pitches to any batter, the pitcher is charged with an inning.) If removed as a pitcher, the player may play any other position.”- TSSAA Handbook

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1st place – 3 members

2nd place – 2 members

All remaining teams will have 1 member.

Guidelines for the tournament are as follows:

Double Elimination format shall be used

Gate fees will be \$5.00 dollars

Outside coolers will not be allowed in the seating area. Each dugout will have water coolers.

No pre-game batting practice in the hitting cage.

No pre-game infield practice at this time. This could change depending on the tournament schedule.

In the event of darkness or rain, tournament games to be completed except when the 10 run rule is in effect.

RCS MS Baseball 2016

First Practice Date - Feb 1

First Play Date - March 14

Thursday, March 17

Blackman at Rock Springs

Lavergne at Christiana

Rockvale at Oakland

Smyrna at Siegel

Whitworth-Buchanan at Central Magnet

Week 2

Tuesday, March 22

Lavergne at Smyrna

Oakland at Rock Springs

Rockvale at Blackman

Siegel at Christiana

Whitworth-Buchanan at Stewarts Creek

Thursday, March 24

Central Magnet at Stewarts Creek

at Christiana at Rockvale

at Oakland at Blackman

at Rock Springs at Whitworth-Buchanan

at Siegel at Lavergne

Week 3

Tuesday, April 5

Central Magnet Rock Springs

Lavergne Whitworth-Buchanan

Oakland Siegel

Smyrna Blackman

Stewarts Creek Rockvale

Thursday, April 7

Blackman at Lavergne

Central Magnet at Oakland

Rock Springs at Christiana

Stewarts Creek at Smyrna

Whitworth-Buchanan at Rockvale

March 28 – April 1 Spring Break

Week 4

Tuesday, April 12

Blackman at Central Magnet

Lavergne at Oakland

Rockvale at Rock Springs

Smyrna at Christiana

Stewarts Creek at Siegel

Thursday, April 14

Central Magnet at Rockvale

Christiana at Stewarts Creek

Oakland at Smyrna

Rock Springs at Lavergne

Siegel at Whitworth-Buchanan

Week 5

Tuesday, April 19

Central Magnet Lavergne

Christiana Whitworth-Buchanan

Oakland Stewarts Creek

Rock Springs Smyrna

Siegel Blackman

Thursday, April 21

Blackman at Christiana

Rockvale at Siegel

Smyrna at Central Magnet

Stewarts Creek at Rock Springs

Whitworth-Buchanan at Oakland

Week 6

Tuesday, April 26

Christiana at Oakland

Rockvale at Lavergne

Siegel at Central Magnet

Stewarts Creek at Blackman

Whitworth-Buchanan at Smyrna

Thursday, April 28

Blackman at Whitworth-Buchanan

Christiana at Central Magnet

Lavergne at Stewarts Creek

Rock Springs at Siegel

Smyrna at Rockvale

May 2-7 Tournament at Christiana Middle

BASKETBALL

All Rutherford County middle schools are required to play each other one time. The results of those games will count toward each school's conference record. Those specific conference dates will be designated on the official schedule. Additional games or tournaments may be scheduled by individual school coaches but will not count toward conference standings. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 18 games plus season ending tournament. Tournaments count as two games notwithstanding the number of games in which each team participates in a tournament.

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – All games will begin at 6:00 and will be played on Monday or Thursday nights unless both schools agree to an alternative date or time.

Practice Start Date – The first practice date is Monday, the week of October 1.

Start Date for Games – Oct. 12, 2015 for the '15-'16 season. (No regular season games will be scheduled prior to the 2nd Monday after the first practice date.)

Off Season Practice – Off season practice will consist of no more than 10 days within 15 consecutive school days and 2 interschool scrimmages.

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4th of July week and the week of the 4th of July.)

Conditioning – There shall be no team specific conditioning in the fall prior to the start date of practice.

Open Gym – Once school starts in the fall, coaches may only have school wide open gyms that are announced during school hours for all students.

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1st place – 3 members

2nd place – 2 members

All remaining teams will have 1 member.

2015-2016 RCMSAA Basketball Schedule

*First Day of Practice – September 28

**First Non-League Game – October 12

Max 18 games plus season ending tournament. *Tournaments count as two games notwithstanding the number of games in which each team participates in a tournament.*

Monday, November 16 – Whitworth-Buchanan off

Central at Smyrna
Oakland at Lavergne
Siegel at Blackman
Christiana at Stewarts Creek
Rockvale at Rock Springs

Thursday, November 19 – Rockvale off

Smyrna at Whitworth-Buchanan
Lavergne at Central
Blackman at Oakland
Stewarts Creek at Siegel
Rock Springs at Christiana

Monday, November 23 – Christiana off

Rockvale at Smyrna
Whitworth-Buchanan at Lavergne
Central at Blackman
Oakland at Stewarts Creek
Siegel at Rock Springs

Thursday, December 3– Siegel off

Smyrna at Christiana
Lavergne at Rockvale
Blackman at Whitworth-Buchanan
Stewarts Creek at Central
Rock Springs at Oakland

Monday, December 7 – Stewarts Creek off

Smyrna at Rock Springs
Lavergne at Blackman
Siegel at Christiana
Central at Rockvale
Oakland at Whitworth-Buchanan

Thursday, December 10 – Blackman off

Stewarts Creek at Smyrna
Rock Springs at Lavergne
Christiana at Oakland
Rockvale at Whitworth-Buchanan
Central at Siegel

Monday, December 14 – Lavergne off

Blackman at Smyrna
Rock Springs at Stewarts Creek
Christiana at Central
Rockvale at Oakland
Whitworth-Buchanan at Siegel

Thursday, January 7 – Smyrna off

Lavergne at Stewarts Creek
Blackman at Rock Springs
Whitworth-Buchanan at Christiana
Siegel at Rockvale
Oakland at Central

Monday, January 11– Rock Springs off

Smyrna at Lavergne
Stewarts Creek at Blackman
Christiana at Rockvale
Whitworth-Buchanan at Central
Oakland at Siegel

Thursday, January 14 – Oakland off

Siegel at Smyrna
Christiana at Lavergne
Rockvale at Blackman
Whitworth-Buchanan at Stewarts Creek
Central at Rock Springs

Thursday, January 21 – Central off

Smyrna at Oakland
Lavergne at Siegel
Blackman at Christiana
Stewarts Creek at Rockvale
Rock Springs at Whitworth-Buchanan

January 23-28

Conference Tournament at SCMS

FOOTBALL

Rutherford County middle schools will play the other middle schools one time with the exception of one school. The schedule will be rotated every other year so that the school not included in the schedule in the two year rotation will be included in the next rotation. The two teams with the best record will play each other in the championship game.

Number of Regular Season Contests – 8 games.

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – All game times will be determined by the host school with ample notification and will be played on Tuesday nights unless both schools agree to an alternative date or time.

JV Games – played before or after varsity games on Tuesdays.

Fall Practice Start Date – Determined by TMSAA.

Start Dates for Games – See the official schedule.

Off Season Practice – Off season practice will consist of no more than 10 days within 15 consecutive school days and 2 interschool scrimmages.

Summer Practice – No pads, Dead Period. (The week preceding the 4th of July week and the week of the 4th of July.)

Game Tapes – Game tapes of the previous two games shall be exchanged.

Conference Championship – All-Conference trophies will be given by the following formula:

1st place/Champion – 4 members

2nd place/Runner-up – 3 members

All remaining teams will have 1 member.

The two teams with the best record will be considered the number one and number two seed for the championship game. In cases where two or more schools end the season with tying records, the tie will be broken as follows:

1. Head to Head competition
2. Total conference victories
3. Draw numbers for multiple tie breakers. Lowest seed in question will go to the team with the lowest number. These numbers will be drawn in early April at an announced place, date, and time by the RC AD.

The championship game will be played the Saturday following the completion of the season or another time agreed to by both teams involved and the host school. The home team will be determined by which team hosts the championship game.

2015 RCS MS Football Schedule

August 11

Blackman at Smyrna
Christiana at Siegel
Oakland at LaVergne
Rockvale at Rock Springs
Stewarts Creek at Whitworth-Buchanan

August 18

LaVergne at Christiana
Rock Springs at Oakland
Siegel at Blackman
Smyrna Stewarts at Creek
Whitworth-Buchanan at Rockvale

August 25

Blackman at LaVergne
Christiana at Rock Springs
Oakland at Whitworth-Buchanan
Rockvale at Smyrna
Stewarts Creek at Siegel

September 1

Blackman at Stewarts Creek
LaVergne at Siegel
Rockvale at Oakland
Smyrna at Christiana
Whitworth-Buchanan at Rock Springs

September 8

LaVergne at Smyrna
Rock Springs at Siegel
Rockvale at Christiana
Stewarts Creek at Oakland
Whitworth-Buchanan at Blackman

September 15

Blackman at Rockvale
Oakland at Christiana
Rock Springs at Stewarts Creek
Siegel at Smyrna
Whitworth-Buchanan at LaVergne

September 22

Christiana at Stewarts Creek
LaVergne at Rockvale
Oakland at Blackman
Siegel at Whitworth-Buchanan
Smyrna at Rock Springs

September 29

Christiana at Blackman
Rock Springs at LaVergne
Siegel at Oakland
Smyrna at Whitworth-Buchanan
Stewarts Creek at Rockvale

Fall Break
October 5-9

Championship Game Hosted By Oakland Middle School
October 17

SOCCER

All Rutherford County middle schools are required to play each other one time. The results of those games will count toward each school's conference record. Those specific conference dates will be designated on the official schedule. Any games or tournaments outside of the conference will be scheduled by the coach. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 12 matches.

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – No earlier than 4:00 on school days.

Spring Practice Start Date (Boys) – The first practice date is Monday, the week of February 1.

Fall Practice Start Date (Girls) – The first practice date is Monday, the week of August 1.

Start Date for Games – See the official schedule. (One week later in the fall than last year.)

Off Season Practice – None

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4th of July week and the week of the 4th of July.)

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1st place – 3 members

2nd place – 2 members

All remaining teams will have 1 member.

Tournament seeding will be based on a team's total points earned from conference games on the official schedule. Points are awarded to a team using the following formula:

3 points for a win

1 point for a tie

0 points for a loss.

RCS MS Girls Soccer Schedule 2015

First Practice Day July 27

August 18

Rock Springs at Blackman
LaVergne at Smyrna
Central Oakland
Whitworth-Buchanan at Christiana
Siegel at Rockvale

August 20

Stewarts Creek at LaVergne
Smyrna at Rock Springs
Siegel at Central
Rockvale Whitworth-Buchanan
Christiana at Oakland

August 25

Blackman at Stewarts Creek
LaVergne at Rock Springs
Central at Whitworth-Buchanan
Siegel at Oakland
Christiana at Rockvale

August 27

Rockvale at Blackman
Central at Stewarts Creek
Whitworth-Buchanan at Rock Springs
Siegel at LaVergne
Oakland at Smyrna

September 1

Blackman at Christiana
Stewarts Creek at Rockvale
Rock Springs at Central
LaVergne at Whitworth-Buchanan
Smyrna at Siegel

September 3

Oakland at Blackman
Christiana at Stewarts Creek
Rockvale at Rock Springs
Central at LaVergne
Whitworth-Buchanan at Smyrna

September 10

Blackman at Siegel
Stewarts Creek at Oakland
Rock Springs at Christiana
LaVergne at Rockvale
Smyrna at Central

September 15

Whitworth-Buchanan at Blackman
Siegel at Stewarts Creek
Oakland at Rock Springs
Christiana at LaVergne
Rockvale at Smyrna

September 17

Blackman at Central
Stewarts Creek at W Buchanan
Rock Springs at Siegel
LaVergne at Oakland
Smyrna at at Christiana

September 22

Smyrna at Blackman
Rock Springs at Stewarts Creek
Rockvale at Central
Oakland at Whitworth-Buchanan
Christiana at Siegel

September 24

Blackman LaVergne
Stewarts Creek at Smyrna
Central at Christiana
Whitworth-Buchanan at Siegel
Oakland at Rockvale

Tournament at Central Magnet

RCS MS Boys Soccer Schedule 2016

First Practice Day Feb 1

First Play Date Feb 29

Week 1 March 8

Rock Springs at Blackman
 Lavergne at Smyrna
 Central at Oakland
 Whitworth-Buchanan at Christiana
 Siegel at Rockvale

Week 2 March 10

at Stewarts Creek at Lavergne
 at Smyrna at Rock Springs
 at Siegel at Central
 at Rockvale Whitworth-Buchanan
 at Christiana Oakland

Week 3 March 14**

Blackman at Stewarts Creek
 Lavergne at Rock Springs
 Central at Whitworth-Buchanan
 Siegel at Oakland
 Christiana at Rockvale

Week 4 March 17

Rockvale at Blackman
 Central at Stewarts Creek
 Whitworth-Buchanan at Rock Springs
 Siegel at Lavergne
 Oakland at Smyrna

Week 5 March 22

Blackman at
 Stewarts Creek at Rockvale
 Rock Springs at Central
 Lavergne at Whitworth-Buchanan
 Smyrna at Siegel

Week 6 March 24

Oakland at Blackman
 Christiana at Stewarts Creek
 Rockvale at Rock Springs
 Central at Lavergne
 Whitworth-Buchanan at Smyrna

Week 7 April 5

Blackman at Siegel
 Stewarts Creek at Oakland
 Rock Springs at Christiana
 Lavergne at Rockvale
 Smyrna at Central

Week 8 April 7

Whitworth-Buchanan at Blackman
 Siegel at Stewarts Creek
 Oakland at Rock Springs
 Christiana at Lavergne
 Rockvale at Smyrna

Week 9 April 12

Blackman at Central
 Stewarts Creek at Whitworth-Buchanan
 Rock Springs Siegel
 Lavergne at Oakland
 Smyrna at Christiana

Week 10 April 14

Smyrna at Blackman
 Rock Springs at Stewarts Creek
 Rockvale at Central
 Oakland at Whitworth-Buchanan
 Christiana at Siegel

Week 11 April 19

Blackman at Lavergne
 Stewarts Creek at Smyrna
 Central at Christiana
 Whitworth-Buchanan at Siegel
 Oakland at Rockvale

****Wk 4 Game on Monday Due To Parent /
 Teacher Conferences 3/15**

March 28 – April 1 Spring Break

**Tournament at Central Magnet School
 April 23-28**

12 SOFTBALL

All Rutherford County middle schools are required to play each other one time. The results of those games will count toward each school's conference record. Specific conference dates will be designated on the official schedule. Additional games or tournaments may be scheduled by individual school coaches but will not count toward conference standings. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 18 games.

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – Starting times for games before the daylight savings time change will be at 4:00 p.m. Starting game times after the time change will be 4:30. With mutual agreement between the two schools, game time may be altered.

No Time Limit

Pitcher/Catcher Start Date – *Pitchers and catchers may start January 1st.*

Practice Start Date – The first practice date is Monday, the week of February 1.

Start Date for Games – Non-League games 2nd Monday in March. League games will begin on Thurs of that week.

Off Season Practice – None

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4th of July week and the week of the 4th of July.)

Rainouts or Darkness – In cases of rainouts or darkness, the host school will reschedule the game on the first date available for both teams. Failure of the host school to reschedule the game on the first available date will result in the game being counted as a loss for the host school. Any questions pertaining to a game-date conflict will be resolved by the principals of the schools. All games must be made up and any games that are not made up will count as a loss.

If a game is called due to darkness before the fifth inning, then the game is not official and must be completed on the next available date. If a game called because of darkness after 5th inning is complete, the game is official. If a game is called after the first half of an inning, the score reverts back to the last complete inning and the rest of the game must be rescheduled. The first available date will be the first day neither team has a scheduled game or school conflict and the home field is playable.

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1st place – 3 members

2nd place – 2 members

All remaining teams will have 1 member.

Guidelines for the tournament are as follows:

Gate fees will be \$5.00 dollars

Outside coolers will not be allowed in the seating area. Each dugout will have water coolers.

No pre-game batting practice in the hitting cage.

No pre-game infield practice at this time. This could change depending on the tournament schedule.

In the event of darkness or rain, tournament games to be completed except when the 10 run rule is in effect.

RCMS Coaches have voted to not allow players to wear metal cleats during league games.

RCS MS Softball Schedule 2016

First Practice Date – Feb 1

First Play Date – March 14

Home Team In Bold Type

Thursday, March 17

Blackman	Christiana
Oakland	W-Buchanan
Rock Springs	LaVergne
Siegel	Smyrna
Stewarts Creek	Rockvale

Tuesday, March 22

Central Magnet	Oakland
Christiana	Rock Springs
LaVergne	Siegel
Rockvale	Blackman
W Buchanan	Stewarts Creek

Thursday, March 24

Central Magnet	Stewarts Creek
Christiana	Siegel
Rockvale	Rock Springs
Smyrna	Oakland
W-Buchanan	Blackman

Tuesday, April 5

Blackman	Central Magnet
Oakland-15	LaVergne
Rock Springs	W Buchanan
Siegel-0	Rockvale
Stewarts Creek	Smyrna

Thursday, April 7

Blackman	Smyrna
Oakland	Christiana
Rock Springs	Central Magnet
Siegel	W Buchanan
Stewarts Creek	LaVergne

Tuesday, April 12

Central Magnet	Siegel
Christiana	Stewarts Creek
LaVergne	Blackman
Rockvale	Oakland
Smyrna	Rock Springs

Thursday, April 14

LaVergne	Central Magnet
Oakland	Siegel
Rockvale	W Buchanan
Smyrna	Christiana
Stewarts Creek	Blackman

Tuesday, April 19

Central Magnet	Rockvale
Christiana	LaVergne
Rock Springs	Oakland
Stewarts Creek	Siegel
W Buchanan	Smyrna

Thursday, April 21

Blackman	Oakland
Central Magnet	Christiana
Siegel	Rock Springs
Smyrna	Rockvale
W-Buchanan	La Vergne

Tuesday, April 26

Christiana	W Buchanan
LaVergne	Rockvale
Rock Springs	Stewarts Creek
Siegel	Blackman
Smyrna	Central Magnet

Thursday, April 28

Blackman	Rock Springs
LaVergne	Smyrna
Oakland	Stewarts Creek
Rockvale	Christiana
W Buchanan	Central Magnet

Spring Break 3/28-4/1

Tournament at Rockvale Middle
May 2-7

TENNIS

Rutherford County middle school tennis teams will operate in accordance with TSSAA rules, regulations, and guidelines. Team practice and match schedules are coordinated with Murfreesboro Parks and Recreation Dept.. Contact persons there are Thomas Laird and Gary Arbit.

All teams are required to play all other county teams once. The results of those games will count toward each school's conference record. Additional games with Rutherford County middle schools will also be scheduled, however, those additional games will not count toward conference standings.

Number of Regular Season Contests – 15 matches.

Official game scores/standings contact – Tim Tackett, RCS AD

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – No earlier than 4:00 on school days.

Fall Practice Start Date – The first practice date is Monday, the week of August 1.

Start Date for Games – See the official schedule.

Off Season Practice – No Restrictions

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4th of July week and the week of the 4th of July.)

Conference Championship/Tournament – Tournament seeding will be based on a team's total points earned from conference games on the official schedule. Points are awarded to a team using the following formula:

3 points for a win

0 points for a loss

Ties will be broken by head to head

Points will be awarded for 1st singles competition as follows:

3 points for a win

0 points for a loss

Points will be awarded for 2nd singles competition as follows:

2 points for a win

0 points for a loss

Points will be awarded for 3rd singles completion as follows:

1 point for a win

0 points for a loss

It's the responsibility of the coach to keep a record of the singles points for the team.

Trophies will be awarded to first and second place teams; plaques will be awarded to third place teams. Trophy expenses will be shared among all the schools.

RCS Middle School Tennis Schedule 2015

Tuesday, September 1

Old Fort Park 1-8 4:00 pm Rockvale at MTCS
Old Fort Park 9-16 4:00 pm Oakland at Whitworth Buchanan
Old Fort Park 1-8 5:30 pm Stewart's Creek at Siegel
Old Fort Park 9-16 5:30 pm Christiana at Central Magnet

Thursday, September 3

Old Fort Park 1-8 4:00 pm Central Magnet at Siegel
Old Fort Park 9-16 4:00 pm Christiana at Blackman
Old Fort Park 1-8 5:30 pm Oakland at Stewart's Creek
Old Fort Park 9-16 5:30 pm Whitworth Buchanan at MTCS

Tuesday, September 8

Old Fort Park 1-8 4:00 pm Central Magnet at Whitworth Buchanan
Old Fort Park 9-16 4:00 pm Oakland at Siegel
Old Fort Park 1-8 5:30 pm Rockvale at Blackman
Old Fort Park 9-16 5:30 pm Christiana at MTCS

Thursday, September 10

Old Fort Park 1-8 4:00 pm Blackman at Oakland
Old Fort Park 9-16 4:00 pm Stewart's Creek at Rockvale
Old Fort Park 1-8 5:30 pm Siegel at Christiana
Old Fort Park 9-16 5:30 pm MTCS at Central Magnet

Saturday, September 12- Wednesday, September 16

Old Fort Park 1-16 8:00 AM City Tennis Tournament / All Day Tournament

Thursday, September 17

Old Fort Park 1-8 4:00 pm Stewart's Creek at Christiana
Old Fort Park 9-16 4:00 pm Siegel at Whitworth Buchanan
Old Fort Park 1-8 5:30 pm Blackman at Central Magnet
Old Fort Park 9-16 5:30 pm Rockvale at Oakland

Tuesday, September 22

Old Fort Park 1-8 4:00 pm Christiana at Rockvale
Old Fort Park 9-16 4:00 pm Central Magnet at Stewart's Creek
Old Fort Park 1-8 5:30 pm MTCS at Siegel
Old Fort Park 9-16 5:30 pm Whitworth Buchanan at Blackman

Thursday, September 24

Old Fort Park 1-8 4:00 pm Rockvale at Central Magnet
Old Fort Park 9-16 4:00 pm Blackman at MTCS
Old Fort Park 1-8 5:30 pm Stewart's Creek at Whitworth Buchanan
Old Fort Park 9-16 5:30 pm Oakland Middle at Christiana

Tuesday, September 29

Old Fort Park 1-8 4:00 pm Siegel at Blackman
Old Fort Park 9-16 4:00 pm MTCS at Stewart's Creek
Old Fort Park 1-8 5:30 pm Central Magnet at Oakland
Old Fort Park 9-16 5:30 pm Whitworth Buchanan at Rockvale

Thursday, October 1

Old Fort Park 1-8 4:00 pm Whitworth Buchanan at Christiana
Old Fort Park 9-16 4:00 pm MTCS at Oakland
Old Fort Park 1-8 5:30 pm Blackman at Stewart's Creek
Old Fort Park 9-16 5:30 pm Siegel at Rockvale

**End of Year Tournament at Old Fort Park
October 12-16**

VOLLEYBALL

All Rutherford County middle schools are required to play each other one time. Fourteen conference games will be scheduled; ten of those games will be designated as games that count toward the conference record. Additional games or tournaments may be scheduled by individual school coaches but will not count toward conference standings. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 20 matches.

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Official game scores/standings contact –

Starting Times – No earlier than 4:00 p.m. on school days.

Practice Start Dates – The first practice date is Monday, the week of August 1.

Start Dates for Games – See the official schedule.

Off Season Practice – None

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4th of July week and the week of the 4th of July.)

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1st place – 3 members

2nd place – 2 members

All remaining teams will have 1 member.

RCMS 2015-2016 Volleyball Schedule

First Day of Practice: July 27

**Non-League Games

Monday, Aug 17

@ Rock Springs**

Rock Springs vs Central Magnet
Siegel vs Central Magnet
Rock Springs vs Siegel

@ Rockvale**

Rockvale vs Christiana
6 W Buchanan vs Christiana
4 Rockvale vs W Buchanan

@Oakland**

Oakland vs Stewarts Creek
LaVergne vs Stewarts Creek
Oakland vs LaVergne

@ Blackman**

Smyrna vs Blackman

Thurs, Aug 27

@ Smyrna

Smyrna vs Central Magnet

@ Siegel

Siegel vs Oakland
Rockvale vs Oakland
Siegel vs Rockvale

@ Christiana

Christiana vs Stewarts Creek
LaVergne vs Stewarts Creek
LaVergne vs Christiana

@ Blackman

Rock Springs vs Blackman
Blackman vs W Buchanan

Thurs, Sept 10

@ Rock Springs

Rock Springs vs Siegel
Rock Springs vs Smyrna
Smyrna vs Siegel

@ Oakland

Oakland vs Stewarts Creek
W Buchanan vs Stewarts Creek
Oakland vs W Buchanan

@ Christiana

Rockvale vs Christiana
Rockvale vs LaVergne
Blackman vs Christiana

Thursday, Aug 20

@ LaVergne**

Rockvale vs LaVergne
LaVergne vs W Buchanan

@ Christiana**

Oakland vs Christiana

@ Central Magnet**

Smyrna vs Central Magnet
Siegel vs Blackman
Central Magnet vs Blackman

@ Stewarts Creek

Rock Springs vs Stewarts Creek

Monday, Aug 31

@ Rock Springs

Rock Springs vs Christiana
Oakland vs Christiana
Rock Springs vs Oakland

@ Siegel

Siegel vs Blackman
Central Magnet vs Blackman
Siegel vs Central Magnet

@ W Buchanan

LaVergne vs W Buchanan

@ Rockvale

Rockvale vs Stewarts Creek
Smyrna vs Stewarts Creek
Smyrna vs Rockvale

Monday Sept 14

@ LaVergne

Rock Springs vs LaVergne
Smyrna vs LaVergne

@ W Buchanan

Rockvale vs W Buchanan
Siegel vs W Buchanan

@ Central Magnet

Central Magnet vs Oakland
Central Magnet vs Christiana

@ Stewarts Creek

Blackman vs Stewarts Creek

Monday, Aug 24

@ Rockvale**

Rockvale vs Oakland

@ Smyrna**

Smyrna vs Siegel
Rock Springs vs Blackman
Rock Springs vs Smyrna

@ LaVergne

Central Magnet vs LaVergne

@ Stewarts Creek**

W Buchanan vs Stewarts Creek
Christiana vs Stewarts Creek

Thurs, Sept 3

@ Oakland

Blackman vs Oakland
Blackman vs LaVergne
Oakland vs LaVergne

@ Smyrna

Smyrna vs Christiana
W Buchanan vs Christiana
Smyrna vs W Buchanan

@ Siegel

Siegel vs Stewarts Creek

@ Central Magnet

Central Magnet vs Rockvale
Rock Springs vs Rockvale
Rock Springs vs Central Magnet

Thurs, Sept 17

@ W Buchanan

Central Magnet vs W Buchanan
Central Magnet vs Stewarts Creek
Rock Springs vs W Buchanan

@ Christiana

Siegel vs Christiana
Siegel vs LaVergne

@ Blackman

Blackman vs Rockvale
Smyrna vs Oakland
Smyrna vs Blackman

Tournament at Siegel MS Sept. 21-14

GOLF

Rutherford County Middle Schools offer boys and girls the opportunity to play for their school golf team. Coaches hold tryouts either in the fall or early spring. All medical and personal information forms must be filled out completely before tryouts. This includes forms required by both the TSSAA and the TMSGGA. Yearly cost for each player usually runs around \$200 per student and includes greens fees, uniforms, and dues. All team members will be given the opportunity to fund raise their fees. Coaches also hold a meeting (usually over dinner) and schedule all their matches at one time, all together. This meeting is planned and led by the Rutherford County Middle School Golf Commissioner, and is usually held in January. Each school that wishes to host matches must communicate with their “home” golf course that they will use for practices and matches during the season prior to the scheduling meeting to secure dates for matches. Some teams will use the same course, so communication with the golf course (and the other coach) is crucial. Some courses will set a price for the individuals on each team to pay, which allows them access to range balls and practice areas, as well as covering green fees for the athlete to walk and play the course for the duration of the season. Other courses charge “as you go,” not allowing a flat rate fee for the season. Local courses used are Champions Run, Cedar Crest, Bloomfield Links, Indian Hills, the V.A., and Smyrna Executive golf course.

All teams wishing to participate in the district tournament must join the Tennessee Middle School Golf Association (TMSGGA). Hayden Echols is the director of the TMSGGA. His office number is 615-465-6327. All of the required forms for the TMSGGA can be found at their website, <http://www.tnuniorgolf.com/Home-106.html>. The official start date of the golf season is usually early February, but due to weather and sunlight constraints, practices usually start in early March (post daylight savings time change) and matches beginning in late March. The pre-season jamboree is held in early March as a kickoff to the season. The season ends with the county championship held the first part of May, followed by the District and Regional tournaments the weeks after. In between these two tournaments, matches are played. Matches are normally dual or tri matches, contested over 9 holes. A minimum of 5 holes are required (prior to the district tournament) for the match to be official. Golfers are paired at the beginning of the match and keep the scorecard of their opponents. At the conclusion of the match, players return scorecards, confirm scores, and sign cards. The coaches for each team will calculate the score of all varsity golfers (determined before the start of the match) and post the team totals, with lowest combined score winning (four scores for boys and two scores for girls). There is always a maximum score of triple-bogey for all players (even during the post-season).

The post-season begins with the Rutherford County Middle school Championship hosted by Cedar Crest Golf Course, usually in early May. After the county tournament, the district tournament is a one-day event with boys playing 18 holes and girls playing 9 holes. All school teams that join the Tennessee Middle School Golf Association (TMSGGA) and that participate in at least 5 matches against fellow TMSGGA member schools will play in the district tournament. Depending on the number of member teams in the district, a limited number of schools and individuals will advance to play in the region tournament. All players play 2 days at the region tournament, with both days being 18 holes. The region tournament consists of schools and individuals from all over the mid-state. Both the district and the region tournament are planned and conducted by the TMSGGA.

CROSS COUNTRY

Conditioning begins the second week of July. Tryouts typically take place the first or second week of school. Races are 1.5-2 miles in length, normally held on Saturday mornings, and include JV and Varsity races. The season ends in October. Each coach is responsible for scheduling their meets for the season. Coaches use the Mid-State Cross Country Association website or the Tennessee Runner website to identify meets to compete in. Registration for these meets is usually completed online by accessing the links supplied by the above mentioned websites. The county championship is scheduled during the beginning of the season by way of coach’s consensus on date and time. The mid-state cross country championship is usually held in Macon County and is a qualifying meet for the Middle School State Cross Country meet in Knoxville, TN.

TRACK

Conditioning for track season begins after students return from fall break with tryouts typically held in February. The first meets of the season begin in March and last through April. Athletes compete in the following events during meets: 100m, 4x100m, 200m, 4x200m, 400m, 4x400m, 800m, 4x800m, 1600m, 100m hurdles, long jump, high jump, shot put, and discuss. Race directors may set regulations on how many varsity runners from each team can compete in each event, as well as, determine order of events, JV races, and the inclusion/exclusion of certain events. Coaches from each team are used to help score and time events during a meet. The coaches in the county will meet and set the date and time for the county championships, which typically allow for a girls championship and boys championship to be ran on separate days.

BOWLING

Beginning in the fall of each year, the Smyrna Bowling Center encourages students from participating middle schools to meet from 3:00 PM to 5:00 PM and form bowling clubs. These kids are able to participate in club bowling at the rate of two games plus shoes for \$5.00. The season will begin in January, with matches and practices normally held at Lane, Trains, and Automobiles or Smyrna Bowling Center. During the season, bowlers pay a set practice fee per bowler that will allow the lane access and shoes, and matches during the season are free. The season runs through March, ending in playoffs between teams to name individual and team champions.

TOURNAMENT HOSTING CHECKLIST

- Tournament Director / Ass't Director
- Seeding / tournament bracket
- Game times
- Trophies/plaques
- Publicity
- Score keepers, clock operators, etc
- Game site(s)
- Umpires/Referees
- Concessions. Who runs it? Who works it?
- Tickets. Printed? Ticket takers?
- Anticipated expense budget
- Accounting spreadsheet
- Security / Safety
- Passes/Pass Gate
- Parking / Reserved? Handicapped?
- Designated cheer sections
- Hospitality room / Wrist Bracelets