

Central Unified School District

Introduces : Employee Wellness Program — Central to Your Health



Free to all CUSD Employees and Dependents 18+ covered under the CUSD Health Care Plan



Non-CUSD health Care Plan Members May Pay Out of Pocket



Completely Confidential**

\$25 Gift Card to all participants!

*Available to all CUSD Employees , spouses & dependents 18+ covered under the district's health care plan

** All information is confidential under Federal HIPPA record keeping guidelines

1. On Site Health Screening



2. Fitness Classes



3. Monthly Wellness Webinars



**Would your school like to
host an upcoming
Biometric Screening Event?
Please contact us at 559-515-3578
to schedule a date/time.**



**To Register for an upcoming Biometric Screening,
please complete one of the following:**

1. Go to www.wellnessiqsystems.com using Client Code "CUSD" and fill out the Personal Wellness Assessment.
2. Call Pinnacle Training Systems at 559-515-3578 to schedule an appointment.
3. Email wellness@pinnacletrainingsystems.com to schedule an appointment.

For questions or further information please feel free to call

Pinnacle Training Systems at 559-515-3578

