

# Menu Items & Descriptions for Dallas Academy

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Day	Menu Item	Description	Cust Price
<b>▼ Monday</b>			
<b>▼ Zoe's Kitchen-117</b>			
	Chicken Salad Sandwich with Fruit	White meat chicken with mayo, salt & pepper and pureed celery with fruit salad mix.	\$4.99
	Chicken & Cheese Quesadilla with Fruit Salad	Tortilla with chicken, American cheese and salsa with fruit salad	\$6.18
	Grilled Chicken Fingers with Fruit	Grilled chicken fingers with fresh fruit salad. Ketchup on the side	\$4.99
	Half Chicken Rollup with Pasta Salad	Tortilla with grilled chicken, feta, caramelized onions, served with salsa.	\$7.88
	Half Spinach Rollup with Pasta Salad	Spinach tortilla with mozzarella, mushrooms, feta, roasted tomatoes, scallions and served with salsa	\$7.78
	Half Steak Rollup with Pasta Salad	Tortilla, steak, Swiss, sauteed mushrooms, caramelized onions, served with yogurt dipping sauce and pasta salad	\$8.48
	Ham & Cheese Piadina	Ham & Mozzarella grilled in Italian flatbread	\$5.99
	Pizza Piadina	Tomato sauce & Mozzarella grilled in Italian flatbread	\$5.99
	Salmon Kabob with Fresh Fruit	Single kabob with grilled Salmon & Vegetables served with fresh fruit	\$6.99
	Shrimp Kabob with Fresh Fruit	Single kabob with grilled Shrimp & Vegetables served with fresh fruit	\$6.99
	Small Classic Hummus with Pita Bread	Hummus with pita bread	\$5.99
	Small Greek Salad with Grilled Chicken	Tomatoes, cucumbers, peppers, olives, onions and feta over mixed greens served with grilled chicken and pita bread	\$6.98
	Add Fruit Cup	Assorted fresh fruit, such as pineapple, apples, melon, oranges and grapes	\$2.39
	Add Mini Chocolate Chip Cookie	Mini Chocolate Chip Cookie	\$0.85
	Add Sun Chips	Sun Chips	\$1.00
<b>▼ Tuesday</b>			
<b>▼ The Lot-115</b>			
	Casa Linda Quesadilla	Grilled chicken in a flour tortilla with white cheddar, tomato and basil	\$7.99
	Catfish Tacos	Cornmeal crusted catfish, poblanos, crema, scallions, shredded cabbage, lime served in warm flour tortillas	\$8.99
	Charlies Chicken Enchiladas	Chicken in tomatillo cream sauce, shredded lettuce, tomato, crema and queso fresco	\$7.99
	Kids Bowtie Pasta with Veggie Sticks	Bowtie Pasta with side of fresh veggies	\$6.00
	Kids Cheeseburger with Veggie Sticks	Beef burger with cheddar cheese and side of fresh veggies	\$7.50
	Kids Fried Chicken Strips with Veggie Sticks	Fried white meat Chicken Strips with Veggie Sticks	\$6.00
	Kids Grilled Cheese with Veggie Sticks	Grilled Cheese with Veggie Sticks	\$6.00

Kids Grilled Chicken Strips with Veggie Sticks	Grilled white meat chicken strips with carrot sticks	\$6.00
Kids Hamburger with Fries	Beef Hamburger with Fries	\$7.50
Lizs Grilled Chicken Tacos	Grilled Chicken, corn tortillas, cilantro, onion	\$7.99
Lizs Grilled Steak Tacos	Grilled Steak, corn tortillas, cilantro, onion	\$8.49
Salad with Grilled Chicken and Ranch Dressing	Lettuce, tomato, grated cheese, cucumber, croutons and grilled chicken	\$8.49
Sirloin Cheeseburger & Fries	Beef sirloin burger with cheddar cheese L&T and onion with french fries	\$8.99
Sirloin Hamburger & Fries	Beef sirloin burger with L&T and onion with french fries	\$8.99

## ▼ Wednesday

### ▼ Chick-fil-a Dallas-209

CFA Sandwich	Fried white meat Chicken Breast	\$4.29
CFA Sandwich (No Pickle)	Fried white meat Chicken Breast	\$4.29
Grilled Chicken Wrap with Ranch Dressing	Grilled chicken, Lettuce, Carrots, Cabbage & Monterey & Cheddar Cheese and in Flaxseed Flatbread	\$6.19
Spicy CFA Sandwich	Spicy Fried Chicken Sandwich	\$4.55
TWO Spicy CFA Sandwiches	2 Spicy Fried Chicken Sandwiches	\$7.19
(6) Nuggets & sauce	6 fried chicken nuggets	\$3.52
(8) Nuggets & Sauce	Fried white meat chicken nuggets & Sauce	\$4.35
Add Chips	Potato Chips	\$1.65
Add Medium Fruit Cup	Fruit mix of blueberries, red & green apples, oranges and strawberries	\$2.89
Add Small Fruit Cup	4 oz. Fruit mix of blueberries, red & green apples, oranges and strawberries	\$2.19

## ▼ Thursday

### ▼ Lovers Pizza and Pasta-205

1 Slice Cheese Pizza	Large slice of cheese pizza	\$3.00
2 Slices Cheese Pizza	2 large slices of cheese pizza	\$4.50
3 Slices Cheese Pizza	3 large slices of cheese pizza	\$6.00
Angel Hair Pasta	Angel hair pasta with olive oil, fresh basil, garlic and tomatoes	\$7.49
Cheese Ravioli	Tomato cream sauce over cheese ravioli pasta	\$7.49
Fettucine Alfredo	Fettucine with Parmesan Cream Sauce	\$7.49
Kids Angel Hair Pasta	Angel hair pasta with olive oil and fresh basil, garlic and tomatoes	\$5.00
Kids Cheese Ravioli	Tomato cream sauce over cheese ravioli pasta	\$5.00
Kids Fettuccine Alfredo	Fettuccine with parmesan cream sauce	\$5.00
Kids Spaghetti with Meatballs	Spaghetti with Meatballs	\$5.00

Kids Spaghetti with Tomato Sauce	Spaghetti with Tomato Sauce	\$5.00
Lovers Sub with Chips	Ham, Salami, Provolone, L&T and House Dressing	\$6.99
Spaghetti with Meatballs	Spaghetti with Meatballs	\$7.49
Spaghetti with Tomato Sauce	Spaghetti with Tomato Sauce	\$7.49
Turkey & Provolone Sub with L&T and Chips	Roast Turkey, Provolone Cheese, L&T and House Dressing and Lays chips	\$6.99

## ▼ Friday

### ▼ Pei Wei-174

Chicken Fried Rice	Chicken & Fried Rice with soy sauce, scallions, egg, red bell peppers, broccoli, carrots	\$7.25
Chicken Lo Mein	Chicken and Egg Noodles with wine sauce, scallions, garlic, onions, bean sprouts, shiitake mushrooms, carrots	\$7.25
Fried Rice	Fried Rice with soy sauce, scallions, egg, red bell peppers, broccoli, carrots	\$7.25
Honey Seared Chicken	Chicken & Steamed White Rice with honey garlic sauce, chile oil, rice sticks, scallions, red bell peppers	\$7.25
Kids Chicken Lo Mein	Chicken with Egg Noodles with a side of steamed snap peas, broccoli, and carrots and bottled water	\$5.25
Kids Honey Seared Chicken	Chicken & Steamed White Rice with Honey garlic sauce with a side of steamed snap peas, broccoli, and carrots	\$5.25
Kids Teriyaki Chicken	Chicken & steamed white rice with sweet soy glaze, onions, Napa cabbage, carrots, spinach, scallions, toasted sesame seeds with a side of steamed snap peas, broccoli, and carrots	\$5.25
Kung Pao Chicken	Chicken & Steamed White Rice with spicy chile seared soy sauce, scallions, garlic, snap peas, carrots, peanuts	\$7.25
Sesame Chicken	Chicken & Steamed White Rice with soy citrus glaze, red bell peppers, onions, scallions, ginger, garlic, chile paste, toasted sesame seeds	\$7.25
Teriyaki Chicken	Chicken & Steamed White Rice with sweet soy glaze, onions, Napa cabbage, carrots, spinach, scallions, toasted sesame seeds	\$7.25
Teriyaki Tofu	Tofu & Steamed White Rice with sweet soy glaze, onions, Napa cabbage, carrots, spinach, scallions, toasted sesame seeds	\$7.25
Thai Dynamite with Tofu	Thai basil, scallions, red bell peppers and julienne carrots, wok-fired in a Sriracha chile soy sauce and topped with a fresh lime wedge	\$7.25