Middle



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



Breakfast is a two week rotation.

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Mini Donut	Pizza Bagel	Biscuit/Grits	Pancake	Honey Bun
Powdered Mini Donut	Cereal Bar	Scrambled Eggs	Syrup	Cereal
Poptart	Fresh Orange	Sausage Link	Poptart	Juice
Honey Bun	Honey Bun	Cereal Bar	Honey Bun	Poptart
Juice	Juice	Honey Bun	Sliced Apples	Sliced Apples
Sliced Apples		Banana/Juice	Juice	
Franch Trans Office	D' 0	Ohishaa Bisaait	O Biit	Marrian Carrage Dall
French Toast Sticks	. Pizza Sausage	Chicken Biscuit	Sausage Biscuit	Morning Sausage Roll
Syrup	Mini Donut	Cereal Bar	Jelly	Cereal
Poptart	Juice	Honey Grahams	Cereal	Honey Grahams
Honey Bun	Honey Bun	Honey Bun	Honey Bun	Honey Bun
Juice	Fresh Orange	Tater Tots/ Ketchup	Honey Grahams	Juice
Sliced Apples		Banana/Juice	Sliced Apples	Sliced Apples

Low fat and fat free white milk offered Daily.

Menu subject to change based

Georgia Grown

Local wellness policy at www.gocats.org/ schoolnutrion

February

Milk choices: 1% White Milk Fat Free White Milk Lactose Free Milk Chocolate Milk

Avg Nutrients Target

Calories.. 553 Cholesterol... 38 mg Sodium. 703 mg Sugar 61.6 g Carbohydrates 121 g

Calories... 598 Cholesterol... 10 mg Sodium. 615 mg Sugar 57.3 g Carbohydrates 111.1g

on availability.

Local Grown