

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



Monday

Tuesday

Wednesday

Thursday

Friday

Pancake  
Syrup  
**Fresh Fruit**

Pizza Bagel  
**Fresh Fruit**

Biscuit/Grits  
Scrambled Eggs  
Sausage Link  
**Fresh Fruit**

French Toast Sticks  
Syrup  
**Fresh Fruit**

Sausage Biscuit  
Jelly  
**Fresh Fruit**

Pancake  
Syrup  
**Fresh Fruit**

Pizza Sausage  
**Fresh Orange**

Chicken Biscuit  
Tater Tots/ Ketchup  
**Fresh Fruit**

Pancake Pub  
Syrup  
**Fresh Fruit**

Morning sausage roll  
**Fresh Fruit**

Breakfast is a 2 week rotation.

Low fat and fat free white milk offered Daily.

Menu subject to change based on

Georgia Grown

Local wellness policy at [www.gocats.org/schoolnutrition](http://www.gocats.org/schoolnutrition)

**April 2018**

**Milk choices :**  
**1% White Milk**  
**Fat Free White Milk**  
**Lactose Free Milk**

**Avg Nutrients Target**

Calories... 227  
Cholesterol... 8 mg  
Sodium. 279 mg  
Sugar 19.9  
Carbohydrates 39.0

**Avg Nutrients Target**

Calories... 237  
Cholesterol... 30  
Sodium. 378  
Sugar 17.0  
Carbohydrates 37.4

on availability.

Local Grown