



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Chicken Tenders or Baja Fish Sticks Chocolate Chip Cookie	6 Mini Chicken Tacos or Baked Potato Bar* Doritos	7 Garlex Pizza  Pepperoni Cheese, Hawaiian or Veggie*	8 Hot Dog (turkey) or Macaroni & Cheese*	9 Cheese Omelet Crispy Potatoes* or Crispy Chicken Sandwich
12 Cheeseburger Meatloaf Potatoes & Roll or Cheesy Breadsticks* & Marinara Sauce	13 Chicken Drumstick & Potato Wedges or Cheese Quesadilla*	14 Garlex Pizza Pepperoni, Cheese, Hawaiian or Veggie*	15 Orange Chicken & Rice or Nacho Cheese & Chips* Fortune Cookie	16 Mini Twin Burgers (beef) or Nacho Bites* Birthday Frozen Yogurt 
19 Chicken Corn Dog & Tater Tots or Cheese Lasagna Marinara*	20 Spaghetti & Meatballs (beef) or Zesty Chili* SuperStar Corn Muffin	21 Garlex Pizza Pepperoni, Cheese, Hawaiian or Veggie*	22 Teriyaki Chicken & Rice or Cheesy French Bread*	23 Cheeseburger (beef) or Bean & Cheese Chalupa* jonny pops 
26 Chicken Tenders or Baja Fish Sticks Chocolate Chip Cookie	27 Mini Chicken Tacos or Baked Potato Bar* Doritos	28 Garlex Pizza Pepperoni, Cheese, Hawaiian or Veggie*	29 Hot Dog (turkey) or Macaroni & Cheese*	30 

SALAD BAR

Fruit	Fruit	Fruit	Fruit	Fruit
Apple Slices 1/2 cup	Fruit Juice 4 oz.	Seasonal Fruit 1/2 cup	Fruit Cups 1/2 cup	Orange Smiles 1/2 cup
Veggies	Veggies	Veggies	Veggies	Veggies
Crisp Romaine 1/2 cup Mini Carrots 1/4 cup Sweet Corn 1/4 cup	Garden Salad 1/2 cup Cherry Tomatoes 1/4 cup Kidney or Garbanzo 1/4 cup	Crisp Romaine 1/2 cup Mini Carrots 1/4 cup Cucumber Slices 1/4 cup	Garden Salad 1/2 cup Cherry Tomatoes 1/4 cup Kidney or Garbanzo 1/4 cup	Crisp Romaine 1/2 cup Mini Carrots 1/4 cup Green Beans 1/4 cup
Milk	Milk	Milk	Milk	Milk
1% or Non-fat White Non-fat Chocolate	1% or Non-fat White Non-fat Chocolate	1% or Non-fat White Non-fat Chocolate	1% or Non-fat White Non-fat Chocolate	1% or Non-fat White Non-fat Chocolate

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cinnamon Roll* Applesauce or Raisins 100% fruit juice 4oz	Pancakes Applesauce or Raisins 100% fruit juice 4oz	Crumb Square* Applesauce or Raisins 100% fruit juice 4oz	French Toast Fresh Strawberries 100% fruit juice 4oz	Dutch Waffle* Applesauce or Raisins 100% fruit juice 4oz

Also Available Daily at Breakfast:

-Cold Cereal , fruit , and milk

Also Available Daily at Lunch:

- Grilled Cheese Sandwich
- WowButter & Jelly Sandwich
- Yogurt & Granola
- Veggie Lunchable or Cheese and Fruit Cup



* = Vegetarian Options

****Celebrate March Birthdays on the 16th with a fun treat!****

BREAKFAST \$2.00: Includes whole grain-rich entree, fruit or 100% fruit juice, and milk

LUNCH \$3.75: Includes whole grain-rich entree, salad bar, fruit, and milk
A second milk may be purchased for \$0.50 or soy milk for \$1.00
Bottled water may be purchased for \$0.50
Lactose-Free milk available upon request

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

All meals meet USDA guidelines. Please keep student meal accounts current. CNS accepts cash, checks, or online payments which can be made at MySchoolBucks.com. CNS is an equal opportunity employer. For more info please call us at 925-426-4417.