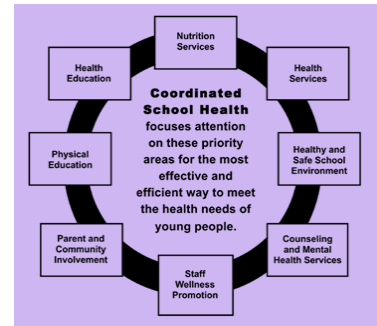


Thrall ISD School Health Advisory Council
&
Nutrition Team
Annual Report
June 2015



Authority and Purpose:

Every Independent School district is to have a School Health Advisory Council as required by Title 2, Chapter 28.004 of the Texas Education Code. This council exists to assist the District in ensuring that local community values are reflected in the District's health education instruction. The Thrall Independent School District is authorized by the Board of Trustees in policies BDF (Legal), EHAA (Legal), and EFAA (Legal) to establish the SHAC.

The Council's duties include recommending:

- The number of hours of instruction to be provided in physical education
- Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and Type 2 Diabetes through coordination of: Health Education, Physical education and physical activity, Nutrition services and Parental involvement.
- Instruction to prevent the use of tobacco.
- Appropriate grade levels and methods of instruction for human sexuality.
- Strategies for integrating the curriculum components specified above, with the following elements in a coordinated school health program for the district: School health services, Counseling and guidance services, A safe and healthy school environment and School employee wellness.
- As a result of SB 530, the Council has the additional responsibilities of advising the District regarding the extension of Coordinated School Health programs into middle schools and making recommendations about the importance of daily recess at elementary schools.

The following parents , students and TISD employees served on the council this year: Diane Gwinn(Chair), Stephanie Woefel(Co-Chair), Rachel Crabb(Secretary), Erica & Matt Bodiford, Shailyn Penney, Tina Waid, Lise Chumbley, Stacy Mikulencak, Norma Rodriguez, Nancy Hallowell, Maggie Georg, Madalynn Woefel(student), Allison See(student). Tommy Hooker(Superintendent) and Lynn Crabb(Nurse)

SHAC held four meetings during the 2014-2015 school year.

Accomplishments and Activities during 2014/2015

- Reviewed and made recommendations pursuant to Senate Bill 530: Reviewed and made recommendations regarding the Middle School Coordinated Health Program. The "Catch" program was recommended for Elementary & Middle School.
- The mandated human sexuality instruction letter (Senate Bill 283) was included the 2014-2015 school year. The letter provides written notice of the district's intent to provide human sexuality instruction to our students. **Discussed and recommend** having the letter translated into Spanish and having both letters posted under the Health Office. The Wellness & Sexual Health program formerly known as Worth the Wait will be taught in Middle School.
- Reaffirms support of "Always Changing" puberty education for 5th grade which was done in May by Nurse Crabb & Coach Ball.
- Discussed & reaffirms supports HB 897, Section 28.0023 of the Education code. The State Board of Education by rule shall require instruction in cardiopulmonary resuscitation for students in grades 7 through 12. A student shall receive the instruction at least once before graduation a certification does not have to be provided.
- Reaffirms supporting the Tiger Giving Tree.
- Updated on current issues including the seasonal flu, mandated health screenings, immunizations, dietary concerns, and student illnesses.
- First graders received the dental health curriculum this past May that included free dental kits from the local Masonic Lodge in Thorndale
- Reaffirms & supports providing opportunity for staff to receive a massage at a cost of one dollar per minute by Erica Bodiford.
- Employee Wellness - Flu Vaccine was offered through the Nurse's Office. Weight loss challenge was done in coordination with Heart Health Month.
- Supports training staff: CPR/AED/First Aid required for all coaches, bus drivers and extracurricular sponsors.
- SHAC supports efforts of the Cafeteria Staff to introduce the freshest food possible into students' diets.
- Ongoing concern of the members: bullying education for the Middle School students, P.A.P.A(*Parenting and Paternity Awareness*) program/ HB 2176 for high school students.
- Discussed the importance of parental involvement in the SHAC and hope to increase membership for the next school year. **Recommendation to change wording in the Bylaws under Article III: Membership to read as follows:**

A. Parents or guardian of a student currently enrolled in the Thrall school district. Parents may not also be employees of the district.

Currently reads as follows: Parents must live within the district, and must be a custodial parent or guardian of a student currently enrolled in a district school. Parents may not also be employees of the district.

- **Recommended Council for the 2015/2016 school Year:** The following is a list of potential members for your review and for your approval. Membership in this council is a 1-year commitment. Most importantly, SHAC members should be committed to quality health programs for children and staff.

Tommy Hooker, Superintendent: non-voting member
Lynn Crabb, District RN, SHAC Liaison: non-voting member
Nancy Hallowell, Cafeteria Manager
Maggie George, Production Manager/Cafeteria
Lise Chumbley, High School Teacher
Kadie Cornelius, Elementary Teacher
Norma Rodriguez, Thrall Elementary Paraprofessional
Stephanie Woelfel, Parent
Erica & Matt Bodiford, Parents
Shailyn Penney, Parent
Erin Robinson, Parent
Patty Miles, Parent
Carrie O'Connor, Health Care Professional/Parent
Christina Hernandez, Health Care professional/Parent
Madalynn Woelfel, Student
Claire Robinson, Student
Sebastian Bodiford, Student

I would like to thank the school Board for their continued support of the School Health Advisory Council/Nutrition Team. Please consider attending one of our meetings.

Respectfully Submitted,

Lynn Crabb, RN

District School Nurse, SHAC Liaison