## SUMNER MEMORIAL HIGH SCHOOL

2456 US Highway 1 Sullivan, ME 04664 --- Ph. (207) 422-3510 Fax (207) 422-6463

February 2, 2018

Dear Parents & Guardians,

Last evening we learned the extremely sad news that a Sumner student died by suicide. We are all saddened by this death and we send our condolences to the student's family and friends. In response to this situation, students were informed of this death first thing this morning by their Tiger Time teachers in their Tiger Time groups. We have provided Crisis Stations throughout the school today for students who have desired to talk with one of our numerous counselors on hand. These supports have been provided to students on an as needed basis.

In the days and weeks ahead, students may have questions and concerns relating to the death and are going to require your support at home and our continued support here at school as they work through their feelings and grief. Although we cannot predict how any child may react, we can be sensitive and aware, both at home and at school, of the common reactions experienced by grieving adolescents.

We are reaching out to you today to provide resources for you and your student(s) to access in the coming days and weeks, should you need counseling support or associated services. We will also continue to provide support and counseling services here at the school in the coming days and weeks. The information below will connect you with national and local counseling resources.

## Counseling & Mental Health Resources

National Suicide Prevention Hotline: 1-800-273-8255

Aroostook Mental Health Center - Ellsworth, ME: 1-207-667-7890

Community Health and Counseling Services of Maine

-Children's Service: 1-207-667-2061 -Adult Service: 1-207-667-5357

Acadia Hospital - Bangor, ME: 1-800-640-1211

We will continue to support our students, staff, and community through this difficult situation. Please feel free to reach out to the school if we can be of assistance to you or your student during this time. 14 Thenlow

Sincerely,

Ty Thurlow, Principal