

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

Breakfast is a two week rotation.



Milk choices :
1% White Milk
Fat Free White Milk
Lactose Free Milk
Chocolate Milk

Monday Pancake Syrup Poptart Fresh Fruit Juice	Tuesday Pizza Bagel Cereal Bar Fresh Fruit Juice	Wednesday Biscuit/Grits Scrambled Eggs Sausage Link Poptart Juice / Fresh Fruit	Thursday French Toast Sticks Syrup Cereal / Honey Graham Fresh Fruit Juice	Friday Sausage Biscuit Jelly Mini Donut Fresh Fruit Juice	Calories... 648 Cholesterol...22 mg Sodium.736 mg Sugar 526.5 g Carbohydrates 108.1g
Avg Nutrients Target					
Monday Pancake Syrup Poptart Fresh Fruit Juice	Tuesday . Pizza Sausage Mini Donut Fresh Fruit Juice	Wednesday Chicken Biscuit Cereal Bar Honey Grahams Tater Tots/ Ketchup Juice / Fresh Fruit	Thursday Pancake Pub Cereal Honey Grahams Fresh Fruit Juice	Friday Morning sausage roll Honey Bun Fresh Fruit Juice	Calories.. 891 Cholesterol...52 mg Sodium. 1040 mg Sugar 78.9 Carbohydrates 155.4
Breakfast is a two week rotation					
Low fat and fat free white milk offered Daily.			Menu subject to change based on availability.		
Georgia Grown	Local wellness policy at www.gocats.org/schoolnutrition				Local Grown