

**ENOSBURG FALLS/ MIDDLE HIGH SCHOOL
MARCH 2018**

MONDAY 5-Mar	TUESDAY 6-Mar	WEDNESDAY 7-Mar	THURSDAY 8-Mar	FRIDAY 9-Mar
NO SCHOOL	NO SCHOOL	Sausage & cheese on WW bagel, cereal & yogurt, bagel, fruit, juice Deli Bar OR Cheeseburger Bar, French Fries, Broc & Chz, Spinach Bacon Salad Choice of 2 fruits	Oatmeal + Yogurt Parfait, Assorted Bagels, Cereal + Yogurt, juice, fruit Deli Bar + Chicken Fingers OR BBQ pork rib on a roll, Baked Beans, Maple Carrots, Cucumbers & dip, Choice of 2 fruits	Sausage & cheese on English Muffin, bagel, cereal + yogurt , Fruit, Juice Deli Bar OR Turkey Corn dog, Ambrosia Broccoli & Cheese Casserole APPLE CRISP + Fruit
12-Mar Fr toast sticks & syrup, cereal & Trix yogurt, bagel, juice, melon Deli bar OR Chicken Fingers, Potato Wedges. Romaine & toms, Zucchini Bake Choice of 2 fruits	13-Mar Whole grain cinnamon roll, bagel, Cereal & yogurt, fruit, juice Deli bar or Pizza OR Scalloped Potatoes & Ham, Peas, Mesclun salad w/ crispy onions Choice of 2 fruits + BROWNIE	14-Mar Sausage & cheese on WW biscuit, cereal & yogurt, bagel, fruit, juice Deli bar OR Goulash, Red Potato Salad Broccoli, Tri Color Peppers Choice of 2 fruits	15-Mar Pancake & Sausage Stick, bagel, cereal & Yogurt, juice, applesauce Deli Bar OR TACOS (Soft or Corn Tortilla) Baby Carrots, Refried Beans Choice of 2 fruits, CHURROS	16-Mar Sausage & cheese on English Muffin, Bagels, Cereal + Yogurt, juice, fruit Turkey, Ham, Tuna, Egg Salad, OR PB&J Grinder, Sun Chips Cucumbers & Dip Choice of 2 fruits
19-Mar Choc Chip Muffin, bagel, cereal + Yogurt, grapefruit, juice Deli bar OR Pizza OR Parmesan Haddock, brown rice Homemade Roll, Broccoli & Cheese Choice of 2 fruits	20-Mar Oatmeal & Yogurt parfait, Bagel, cereal & Trix yogurt, juice, berries Deli Bar + Chicken Fingers OR Sausage & Pepper Grinder, Fries, Caesar Salad, Brussels Sprouts Choice of 2 fruits	21-Mar Sausage & cheese on WW bagel, cereal & yogurt, bagel, fruit, juice Deli Bar OR Stuffed crust pizza, Potato salad Garden salad, Glazed carrots Choice of 2 fruits	22-Mar Whl grain waffle, bagel, cereal & , Yogurt, strawberries, juice Deli Bar OR Pizza OR BBQ pork on a roll, Baked Beans Corn, Carrot & celery sticks Choice of 2 fruits	23-Mar Sausage & cheese on English Muffin, Bagels, Cereal + Yogurt, juice, fruit Deli Bar OR Cheese Quesadillas Potato Wedges, 3-color peppers Choice of 2 fruits
26-Mar Whole grain Pop Tart, bagel, Cereal & Yogurt, juice, berries Deli bar OR Cheezy Dogs, Mashed Potatoes Zucchini Bake, Cucumbers Choice of 2 fruits	27-Mar Stuffed Bagels, bagel or cereal & yogurt, grapes, juice Pizza bar or deli bar OR Nachos, Rice, Refried Beans Spinach salad w/bacon 2 fruits + CHOCOLATE CAKE	28-Mar Sausage & cheese on WW biscuit, cereal & yogurt, bagel, fruit, juice Deli bar OR Lunch Around Pizza, Curly Fries, Green Beans Choice of 2 fruits	29-Mar Fr toast sticks & syrup, cereal & yogurt, bagel, juice, melon Deli Bar OR Meatballs & spaghetti, Broc & Cheese, Caesar Salad, garlic stick Choice of 2 fruits	30-Mar Bacon, Egg, & Cheese on Bagel, Bagels, Cereal + Yogurt, juice, fruit Deli Bar OR "Hornet" Burger, French Fries Cole Slaw, Butternut squash Choice of 2 fruits

Milk served with all meals: fat free choc, 1%, or skim Menu subject to change Chef salad offered daily if ordered by 9 am. Sandwich bar offered daily

This Institution is an Equal Opportunity Provider