

OCEAN VIEW HIGH SCHOOL ATHLETIC DEPARTMENT RULES OF CONDUCT

In order to ensure a meaningful, and successful athletic program, the Administration, Athletic Director and Coaches at Ocean View High School have established certain standards of conduct and training for the young men and women who participate in interscholastic athletics at our school. The standards presented here have evolved out of an athletic tradition, which emphasizes mental, physical and ethical values of the highest order. It is our sincere hope that the experience, which students have in the Ocean View High School Athletic Program, will prepare them for a healthy, happy and worthwhile life.

I. ATHLETIC TRAINING RULES AND REQUIREMENTS

All athletes are encouraged to:

- A. Eat nutritional meals.
- B. Get at least 8 hours sleep each night
- C. Maintain acceptable standards of good grooming and cleanliness.
- D. Dress neatly and appropriately when representing the school at athletic events and award banquets.

All athletes **MUST** before practice begins:

- E. Have an annual physical examination.
- F. Have minimum limits of medical insurance.
- G. Purchase an **Associated Student Body** sticker, and pay the required transportation fee.
- H. File emergency cards with the Athletic Department.
- I. Establish residential eligibility within the Ocean View attendance area or have on file the appropriate transfer approvals according to district guidelines.

II. RULES OF CONDUCT

An athlete is expected to conduct him/herself as a gentleman/lady at all times in school, classroom, halls, assemblies, shower rooms, locker rooms, training rooms, athletic trips and during contests. Being an athlete is a 24-hour a day job. The following actions constitute grounds for suspension from athletic participation.

- A. Missing practice without permission, or prior approval by the coach.
- B. Failure to report all injuries to the coach immediately.
- C. Profanity, either at school or at an athletic event.
- D. Improper conduct on the athletic bus, or at the athletic event.
- E. Defiance of authority.
- F. Theft.
- G. Unauthorized use of equipment or locker room.
- H. Suspension from school for disciplinary action.
- I. The use or possession of tobacco, alcohol, narcotics, will not be tolerated. Such use will result in suspension from the team and from athletics until such time as the coaches, athletic council, and school administration can review the matter. If found in violation of this rule, the suspension will stay in effect from 45 consecutive days up to one calendar year, (Ed Code 10601) unless through the appeal process an acceptable alternative i.e., community service, counseling, etc., is approved by the Athletic Council. Additional offenses may result in suspension from all athletics for the duration of the student's attendance at Ocean View High School.
- J. Unsatisfactory conduct on campus, in the classroom, or at a school-related activity.
- K. Failure to maintain required academic standards as set by the school district and C.I.F.

III. ACADEMIC STANDARDS

Athletes must be academically eligible to participate. Incoming ninth graders are automatically eligible for the first nine-week quarter until 8th grade grades are received. First and second semester 8th grade GPA may cause a 9th grade student to be on academic probation or ineligible. Returning or incoming athletes must meet the minimum level of a 2.0 GPA. Athletes must be enrolled in and earning passing grades in a minimum of four classes at all times.

The 2.0 GPA is based on semester grades only. Students with GPA of less than 2.0 shall be placed on probation for the subsequent semester. This serves as a warning and does not preclude participation in co-curricular activities.

A student who earns a GPA below 2.0 for two successive semesters shall be declared ineligible and such ineligibility shall begin on the first school day of the third week following the close of the previous semester grading period. The student will be reinstated as eligible for extra-curricular participation when/she receives a semester GPA of 2.0 or better.

A student's grade point average (GPA) can be improved under the following conditions:

- A. If a student is repeating a course previously taken (**REPEATED CLASSES MUST BE THE SAME COURSE**), the repeat grade replaces the previous grade and should be averaged along with all the courses during the preceding grading period. In other words, if a student is taking a class that has already been taken, the new grade can be averaged with all grades that were accumulated in June.
- B. Classes taken during the summer can be averaged with all grades that were accumulated in June.
- C. Classes that do not have a letter grade can be eliminated from grade point computation.

IV. ATHLETIC REVIEW COUNCIL

The observance of training rules is a year-round responsibility of the athlete (out-of-season as well as in-season). This is especially true with regard to the use of alcohol, tobacco or narcotics. Our athletes are expected to have the highest of ethical standards involving the rights of others. To assure that our athletes receive due process in any punitive or disciplinary action that follows as a result of an alleged transgression of a rule, that athlete may appeal such action through the Athletic Review Council.

V. DROPPING A SPORT

After a team has been selected (Team Roster day of 1st contest), an athlete must receive the coach's approval before he or she drops the sport. If they do not get approval, they may not start another sport until that sport season is concluded (last contest). An athlete must complete the entire season of sport to receive PE or Athletic credit. There will be no refunds for transportation or ASB/Superhawk cards once competition has begun. Fees paid to booster clubs are not refundable by Ocean View ASB.

VI. ACKNOWLEDGEMENT OF RISK WARNING:

We realize there is a possibility that a child may suffer server injury, including permanent paralysis or death, as a result of participating in athletic activities.