

School Health Advisory Council

SHAC Overview

October 6, 2016



What is a SHAC?

A SHAC is a school district created advisory group. Members of the SHAC come from different areas of the community and school district. Texas law (Texas Education Code, Title 2, Chapter 28, §28.004) requires the establishment of a SHAC for every school district. The job of the SHAC is to make sure that the school district's school health programs reflect local community values. Schools, parents, and community members can join forces to support the knowledge and skills young people need to be healthy. One way for everyone to come together is through the local school health advisory council (SHAC). Local SHACs provide a way to get involved with school health- related issues.

SHAC Goal and Mission

The **goal** of the Manor ISD SHAC is to advise and to make recommendations to Manor ISD decision-makers regarding students', staff and community needs and assets related to health knowledge and skills, regarding policies and procedures that impact student health, and regarding the health of the school environment.

The **mission** of the Manor ISD SHAC is to build a healthy school community through a coordinated approach that ensures all children will graduate with the knowledge and skills to maintain a healthy lifestyle.

Why do we need a SHAC?

1. It is Texas law.
2. Healthy children learn better.
3. Schools play an important role in teaching healthy habits.
4. Healthy homes and healthy schools support healthy children.

Texas Law

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Create recommendations that speak to the *Whole School, Whole Community, Whole Child* (WSCC) approach to health and learning. The education, public health, and school health sectors have each called for greater alignment, integration, and collaboration between education and health to improve each child's cognitive, physical, social, and emotional development. Public health and education serve the same children, often in the same settings.



Develop plans that address the eight components of a coordinated school health program:

- Health Services
- Health Education
- Nutrition Services
- Physical Education
- Health Promotion for Staff
- Healthy School Environment
- Family/Community Involvement
- Counseling, Psychological & Social Services

What are the action steps to start or revive SHAC?

1. Read and review - Local and state policies and procedures
2. Get together - Find community people to meet and describe the needs.
3. Build awareness and support - Complement the district's needs in a proposal
4. Establish relationships - Administrative and school board are the key foundation

Who needs to participate?

Quality members who will be:

- Committed
- Interested in Youth
- Community Awareness
- Professional Ability
- Diverse Representation
- Credible in the community

Who Makes Up a SHAC?

- Combination of parents, community leaders, and school personnel
- The majority must be parents not employed by the school district
- The law suggests but doesn't require representation from numerous community groups.

Many Source for Members

- Government Officials
- Interested Parents
- Law Enforcement
- Civic Organizations
- Public Health Agencies
- Medical Professionals
- Faith-Based Institutions
- School Personnel
- Civic Organizations
- Public Media

SHAC'S RESPONSIBILITIES

Program Planning

Promotion and Advocacy

Fiscal Impact

District and State Agency Interaction

District School Board Interaction

Evaluation, Accountability and Quality Control

A CALL TO SERVE ON MISD SHAC

- Membership has its REWARDS!
- Understand and commit to the SHAC's Purpose and Vision
- Attend at least 50 percent of the general meeting
- Provide value to the SHAC and committee work by committing time, expertise, support, ideas, and energy to the work of the SHAC
- Collaborate and communicate to SHAC members and the community to further the work of the SHAC

Meeting Dates

- October 6, 2016
- December 15, 2016
- March 9, 2017
- May 11, 2017

6:00 to 7:15 pm

Manor ISD Central Administration Building