

Celebrations

Class parties and birthdays are fun opportunities to celebrate. At Alice King Community School, we want our celebrations to be healthy. There are a variety of ways to celebrate that do not always include food. Singing, dancing, games, and crafts are all ways to have fun. In addition, the following ideas have been quite fun:

Donate a book to the classroom in honor of your child's birthday.



Have your child bring his or her favorite book to share and the teacher or child will read it to the class.

Donate a ball of jump rope to the classroom for recess.



Provide each child in the class with a special pencil, eraser, sticker, or other small item in honor of your child's birthday.

Sing or play a favorite song or musical piece for the class.



Talk with your child's teacher about arranging a special presentation, project, craft, book extension, or activity.

When food is offered to our children, we follow guidelines to make sure our children's health is protected:

Baked/cooked snacks with multi-ingredients must be commercially prepared with the ingredients listed. Fresh foods should be washed and cut up.

Snacks must be nutritious and cannot be overly sugary. Please do not bring candies or frosted cakes, cookies, or "gummy" snacks.

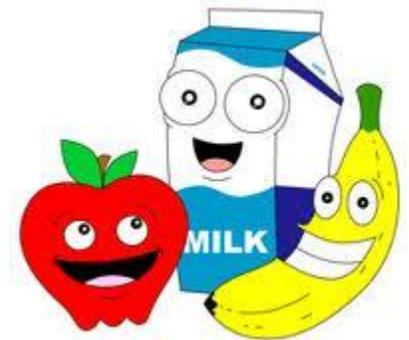
Please check our *A to Z Party Food List* when planning snacks.

All celebration snacks MUST be approved with the classroom teacher.

A to Z Party Foods



- A Apples, Apricots, Applesauce, Animal Crackers
- B Bananas, Berries, Broccoli, Bell Peppers, Breads, Bran muffins, Bagel with Cream Cheese, Blueberries
- C Celery, Cheerios, Cucumber slices, Carrot sticks, Cheese and Crackers, Cherry tomatoes, Chex Mix, Cantaloupe pieces
- D Deviled eggs, Dill pickles, Dried fruit chips, Dates, Dip with Veggies
- E Eggs (hardboiled, sliced), English muffin, Edamame
- F Fruit, Fruit juice pops, Fig Newtons
- G Goldfish crackers, Grapes, Graham crackers, Gingerbread, Gogurt
- H Hummus and tortilla pieces, Honeydew
- I Iced juice, Ice pops, Iceberg lettuce (wraps or with dip)
- J Jello Jigglers, Jam and bread, Juice, Jack cheese
- K Kiwi, Kettle corn, Kix cereal, Kale chips, Kumquats



- L Lunchables, Lemon ice pops, Lime Jello
- M Mandarin Oranges, Melons, Muffins, Milk, Mangos
- N Nuts, Nectarines, Noodles, Nuggets
- O Oranges, Oatmeal bars, Olives
- P Popcorn, Pretzels, Pineapple chunks, Pita bread, Pizza, Pudding, Pears, Peaches
- Q Quesadillas, Quick Bread, Quaker oatmeal
- R Raisins, Rice pudding, Raspberries, Rainbow salad (different color fruits), Rice Cakes
- S Strawberries, Sopapillas, String cheese, Sandwiches, Seaweed, Salad
- T Tortillas, Toast, Tomatoes, Tapioca Pudding
- U Ugli fruit, Umbrella biscuits (cut in half circle with a pretzel stick for the handle)
- V Vegetable tray, Vanilla pudding
- W Watermelon, Wafers, Water
- X Xylocarp (a fruit similar to a coconut), Xigua (a fruit similar to a watermelon)
- Y Yogurt, Yellow (vanilla or lemon) pudding
- Z Zucchini bread, Zwieback toast

