



Medical Statement for Children with Special Dietary Needs:
Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
Spring break	Spring break			Spring break

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
9 Meatloaf Chicken Chunks Mac & Cheese Roll Blackeyed Peas Carrots Fruit Cocktail Applesauce cup	10 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears Fresh Fruit	11 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese Roll Fresh Fruit Peaches	12 Oven Baked Chicken Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples Wheat Roll W.G.	13 Corn dog BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges Juice Fresh Cookies

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
16 Grilled Chicken Sandwich Hamburger French Fries Shredded Lettuce Tomato Sliced Carrots Applesauce cup Fruit Cocktail	17 Mac.Cheese w.Ham Fish Sandwich Tater Tots Popeye Salad Fresh Fruit Rip Tide Slushie Rice Krispie	18 Taco Chips/ Beef Hot Dog French Fries Shredded Lettuce Tomato Cherry Corn Peach cup Pineapple Tidbits	19 Country Fried Steak Pork Roast w/Gravy Mashed Potatoes Turnips Cornbread Fresh Fruit Diced Pears	20 Pizza Chicken Sandwich Baked Beans French Fries Peaches Juice Cup Cake

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
23 Meatloaf Chicken Chunks Mac & Cheese Roll Blackeyed Peas Carrots Fruit Cocktail Applesauce cup	24 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears Fresh Fruit	25 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese Roll Fresh Fruit Peaches	26 Oven Baked Chicken Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples Wheat Roll W.G.	27 Corn dog BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges Juice Fresh Cookies

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
30 Grilled Chicken Sandwich Hamburger French Fries Shredded Lettuce Tomato Sliced Carrots Applesauce cup Fruit Cocktail				

Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.
Georgia Grown Menu subject to change based on availability.

Avg Nutrients Target

Avg Nutrients Target

Calories...650
Cholesterol...67 mg
Sodium. 1155 mg
Sugar 30.3 g
Carbohydrates 91.4 g

Avg Nutrients Target

Calories... 692
Cholesterol...68 mg
Sodium.1146 mg
Sugar 24.9 g
Carbohydrates 92.5 g

Avg Nutrients Target

Calories...650
Cholesterol...67 mg
Sodium. 1155 mg
Sugar 30.3 g
Carbohydrates 91.4 g

Avg Nutrients Target

Calories... 583
Cholesterol...47 mg
Sodium.878 mg
Sugar 13.5 g
Carbohydrates 78 g

Locally Grown