

# OCTOBER

# LUNCH 2015-2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 FISH NUGGETS STEAMED RICE RAINBOW SALAD BAKE BEANS PINEAPPLE	29 TERI CHICKEN W/ NOODLES OR EGGROLL TOSSED SALAD ORANGE WEDGE	30 NACHO/BEEF & BEAN  GARDEN SALAD FRUIT JUICE W/G CORN BREAD	1 ASIAN CHICKEN ON SHREDD. CABBAGE STEAMED RICE VEGETABLE MEDLEY PEACHES/WG ROLL	2 CHEESEBURGER LETTUCE OR TOMATO POTATO ROUNDS APPLE WEDGE W/G BUN
5	6 <b>FALL BREAK</b>	7 <b>NO SCHOOL</b>	8	9
12 BEEF STEW STEAMED RICE MIXED FRUITS  W/G CORNBREAD	13 SLOPPY JOE OVEN FRIES SPINACH/ROMAINE APPLE WEDGE W/G BUN	14 TEACHER INSTITUTE DAY	15 BAKE CHICKEN HAPA RICE BROCCOLI/CARROTS PINEAPPLE W/G ROLL	16 BBQ PORK SAND. BAKE BEANS CORN DICED PEARS W/G BUN
19 CHICKEN TENDERS ON SHR. CABBAGE STEAMED RICE BROCCOLI/CARROTS APRICOTS	20 SOFT SHELL TACO LETTUCE OR TOMATO POTATO ROUNDS PEACHES	21 ITALIAN SAUSAGE PIZZA GARDEN SALAD BABY CARROT DICED PEARS	22 W/G CORN DOGS POTATO SMILES BAKE BEANS APPLE WEDGE	23 KALUA CABBAGE STEAMED RICE LOMI TOMATO PINEAPPLE PORT. SWEET ROLL
26 WEINER ON W/G BUN POTATO ROUNDS BAKE BEANS carrot/celery stix APPLE WEDGE	27 CREOLE MACARONI MIX GREEN SALAD PEACHES W/G FRENCH BREAD	28 PASTRAMI SAND. OVEN FRIES RAINBOW SALAD/ TOMATO FRUIT JUICE	29 CHICKEN NUGGET SHREDDED CABAGE STEAMED RICE TOSSED SALAD APRICOTS	30 TURKEY HAM WHIPPED POTATO edamame/carrot/corn ORANGE WEDGE W/G ROLL

ALL LUNCH COMES WITH CHOICE OF 1% OR SKIM MILK , 1/2 PINT

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