

**Have a  
Great Day!**

# Bronx Academy of Promise

## Breakfast Menu



March 20 - 24, 2017

Meal Includes:

Meat/Meal Alternate, Grains, Fruit, and Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Mixed berry Parfait, w/low fat yogurt &amp; Granola</b> *****</p> <p><b>Egg and Cheese on a Whole Wheat Bagel</b> *****</p> <p><b>Assorted Whole Grain Cereals</b> *****</p> <p><b>Fresh and Cupped Fruit</b> *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p><b>Scrambled Egg Turkey Sausage Links Potato Hash Browns W.W. Toast</b> *****</p> <p><b>Buttermilk Pancake, Maple Syrup and Sliced Apples</b> *****</p> <p><b>Assorted Whole Grain Cereals</b> *****</p> <p><b>Fresh and Cupped Fruit</b> *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p><b>Creamy Oatmeal &amp; Cinnamon Raisin Toast</b></p> <p><b>Turkey Bacon Egg and Cheese on a Whole Wheat Kaiser Roll</b> *****</p> <p><b>Cheesy Scrambled Egg w/Whole Wheat Bagel</b> *****</p> <p><b>Assorted Whole Grain Cereals</b> *****</p> <p><b>Fresh and Cupped Fruit</b> *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p><b>Cheesy Scrambled Eggs served with w/w Mini Bagel</b> *****</p> <p><b>Corn Muffin Hot low-fat Chocolate Milk and Fresh-cut Fruit</b> *****</p> <p><b>Assorted Whole Grain Cereals</b> *****</p> <p><b>Fresh and Cupped Fruit</b> *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p><b>Belgian Waffles Fresh-cut Strawberries Maple Syrup</b> *****</p> <p><b>Cinnamon Raisin Bagel w/ Cream Cheese and fruit jelly Fresh-cut Fruit</b> *****</p> <p><b>Assorted Whole Grain Cereals</b> *****</p> <p><b>Fresh and Cupped Fruit</b> *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>

Available at Every Breakfast

Grains: Bagels, English Muffins, Whole Wheat Bread

Milk: Low-Fat White and Non-Fat Chocolate

Water available at every meal

This institution is an equal opportunity provider.