



**SkillsUSA California
Nurse Assisting
2018 Regional Contest**

Description: Evaluation of contestant's preparation for employment and professionalism in the field of nurse assisting. Contest will assess student's knowledge of transferring patients, asepsis, vital signs, catheter care, intake and output and CPR. Employment skills.

Regional Competition Multiple choice and fill in the blank written test. Hands on skills testing in the following areas:

- Patient Mobility
- 2 Vital signs
- Patient personal hygiene

Clothing Requirements: Blue scrubs, white socks or skin-tone seamless hose and health professional's white leather work shoes. Shoes must be all-white leather (no canvas), completely enclosed (no open toe or open heel). Athletic style shoes that meet the aforementioned criteria are acceptable.

Contest Requirements:

Provided by SkillsUSA:

- Timekeeper
- Two 30"x72" table
- Sink with running water
- Test Packet
- Supplies/equipment for skills testing

Materials provided by Contestants:

- #2 pencil
- Black pen
- Watch
- Stethoscope
- Resume