

Welcome Class of 2018



Eleventh Grade
Spring Parent Meeting
Tuesday March 14, 2017

MCHS PTSA

Thank you for your support!

Robyn St. Germain / Dolly Boden

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MBX

Gary Wayland

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What Is Grad Nite?

- G.R.A.D. = Grads Resisting Alcohol & Drugs
- OR...a big party, no drugs or alcohol...AKA a safe way to celebrate graduation
- When: 8pm the eve of graduation, 6/15/2017
- Where: meet at MCHS auditorium...no cell phones!
- Transported to a SECRET location with music, entertainment, and food
- Return: 5am to MCHS the following day, 6/16/2017

How Can I Help?

- Volunteers - Sign-In only on (Costa Site-PARENTS-GET INVOLVED) or Email Grettel or Claire
- Donations (ticket sales do not cover costs and Grad Nite Boosters fund related events & scholarships)
- Do you know a Community Sponsor?

Mira Costa Counseling Department

Jennifer Wildenberg
Corrine Lee-Iwai
Brittney Oystriick
David Beck
Emily Sommer

A-Da ext 5023
Db-Hoo ext 5034
Hop-Mh ext 5022
Mi-Se ext 5021
Sf-Z ext 5024



Eliza Santarosa SAS A-K ext 5027
Keshia Fields SAS L-Z ext 5010

Shalyn Tharayil College/Career ext 5252
Caryn Ramirez College/Career ext 5187
Elizabeth Rieken College/Career ext 5073



Time Management Activity

SCHOOL HOURS	AVERAGE HOURS/WEEK								
List your courses for the upcoming school year below and then use the estimates on page 2 to calculate homework time	Time spent on homework, study time, sports practice time								
Time spent in school (5 days x 7 hours)	35								
English:									
Social Studies:									
Math:									
Science:									
Language:									
Electives:									
PE/Sports:									
Total school hours:									
<hr/>									
EXTRA-CURRICULAR ACTIVITIES – School and Community	AVERAGE HOURS/WEEK								
Paid Job									
Hobbies/Interests									
Community/Volunteer Services									
Non-School Sports (try club team)									
School Related Activity									
School Related Activity									
Total extra-curricular hours:									
<hr/>									
DAILY LIVING ACTIVITIES	AVERAGE HOURS/WEEK								
Sleep (7 days x 8 hours)	56								
Necessities (eating, showering, chores, etc.)									
Family time									
Free time (friends, TV, phone, Internet, video games, etc.)									
Travel time (to/from school, practices, activities, etc.)									
Faith/Religious Activities									
Total daily living hours:									
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Total Hours	THERE ARE 168 HOURS IN A WEEK								
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">School hours =</td> <td style="width: 50%;"></td> </tr> <tr> <td>Extra-Curricular Hours =</td> <td></td> </tr> <tr> <td>Daily Living hours =</td> <td></td> </tr> <tr> <td style="text-align: center;">Your total hours:</td> <td></td> </tr> </table>	School hours =		Extra-Curricular Hours =		Daily Living hours =		Your total hours:		
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By signing below, we acknowledge that we reviewed and support the courses and extracurricular activities that my student has selected for the 2016-2017 school year.

 Parent/Guardian Signature

 Student Signature

 Date

New Courses 2017-18

- American Sign Language 2
- Aerospace Engineering
- Cybersecurity
- Performance Literature
- Apocalypse Literature
- Love, Marriage, Delusions?
- Dangerous Books
- Fitness and Nutrition
- Mira Costa History Project
- Painting
- 3-D Fabrication/Surfboard shaping
- Printmaking
- Museum Studies
- Forensic Science

A.P. & Honors Policy

The required/recommended pre-requisites for AP/Honors courses are listed under each course.

Successful completion of the required pre-requisites must be met in order to select the course(s).

A.P. course presentations are available on our website. Please review those that you are considering for next year, as they will give you insight into the rigor, expectations and demands of the A.P. course.

Master Schedule Advice

Please help your students make their selections carefully. Schedule changes may be difficult to accommodate in the Fall due to class size and course availability.

The master schedule is built to meet student requests. When students alter their class choices after the summer, it has a drastic effect on class size and course availability.

Add/Drop Policy

The add/drop window for all courses will be September 15th for all courses and September 22nd to level down within a department.

Grade(s) earned in a dropped course follow the student into the newly added course if the new course is in the same subject area.

Once the add/drop window has closed, students will remain in a year long class until the end of the semester. However, at that time, if recommended, any student with a grade of a “D” or “F” may request a program change.

Students will meet with their counselor after completing the online scheduling component. They will meet through their English class on their assigned date.

Please check the Course Description Handbook found on our website for prerequisites and a full list of course offerings. www.miracostahigh.org

The scheduling window for current 11th graders will open mid April.

Senior Requirements

Must be enrolled in a minimum of 5 classes.

Work Experience and classes at a Community College do not count as 1 of the 5 required classes.

SoCalROC may count as 1 or 2 of the 5 required classes depending on units.

Seniors may be a T.A. This counts as one of the 5 required classes. (2.5 GPA required)

Graduation Requirements

English - 4 years

Math - 2 years (must include algebra)

Science - 2 years (life and physical)

P.E. - 2 years

Social Studies - 3 years

Health (1 semester)

Visual/Performing Art or World Language – 1 year

Electives (85 credits)

After completion of core classes to satisfy graduation requirements, any additional courses in these areas count toward the Elective requirement for graduation.

Graduation Requirements Continued

The graduation requirements for the class of 2018 are to earn 230 credits. They must include the Board adopted subject field courses and a first-year Algebra course or higher.

All requirements must be completed in order to participate in Mira Costa's graduation ceremony.

Classic Senior Year Schedule

English 12 or equivalent

American Government/Economics

Math or Elective

World Language or Elective

Science or Elective

Health or Elective

Visual/Performing Art or Elective

Athletics

Associated Student Body



English

English 12

English 12 Senior Seminars: Select 2

Noir Literature of Los Angeles
Thanatology Literature and Composition
Themes in American Literature and Film
Women's Literature
Philosophy and Literature
Literature of the 80's
Performance Literature
Apocalypse Literature
Love, Marriage, Delusions
Dangerous Books - Taboo Subjects

English 12 Advanced Placement, check AP requirements

American Government/ Economics

American Government/Economics

AP American Government/ AP Economics

Students must enroll in both classes and meet prerequisites. AP Govt. and AP Econ must be taken together.



Science/Elective

Earth Space Science

Biology or AP

Chemistry, H, or AP

Physics, H or AP

Physiology

Marine Science

AP Environmental Science

Honors Earth Science

Astrophysics

Forensic Science



Please check Course Description Handbook for prerequisites

Math/Elective

Algebra A

Algebra I

Geometry

Algebra 2 or Algebra 2 Honors

Trig/Prob/Stats

Financial Algebra

AP Statistics

Pre-Calculus

AP Calculus (A/B or B/C)



Please check Course Description Handbook for prerequisites. These courses are listed in a loose sequential order. Please check the Course Description Handbook for grade requirement to move onto the more advanced level.

Electives

ASB Student Support

Athletics

Aerospace Engineering

Yearbook

Journalism

Cybersecurity

Choir

Cinematic Arts

Music (Choral, Band, Strings)

Spanish, French, Latin, Chinese, ASL

Broadcast Journalism

Drama

Model United Nations

Creative Writing

A.P. Psychology

Psychology or Law (semester)

Photo

Project Lead the Way

Please check Course Description Handbook for prerequisites

Visual And Performing Arts UC/CSU Courses

All students must complete one full consecutive year of a visual or performing art. VAPA courses are selected from any one of the VAPA areas (dance, drama/theater, music, or visual arts)



Approved VAPA Courses

Music Theory/ AP Music Theory

Ceramics

Wind Ensemble

Art Seminars

AP Art History

AP Studio Art

Cinematic Arts

Vocal Ensemble

Broadcast Journalism



Art

Dance

Symphonic Band

Chorus/Chorale

Concert/Jazz Band

String Orchestra

AP Music Theory

Drama

Photography

Please check Course Description Handbook for prerequisites

Summer School

Dates and Times

Monday through Thursday 8am – 1:30pm

Semester 1: June 19th– July 7th

Semester 2: July 10th – July 27th

Registration – online only and opened March 7th

www.mbxfoundation.org

No class Tuesday 7/4

Must attend class Friday 7/7

Classes held at Mira Costa H.S.

Reminder for all 4-year college bound students, all D's and F's need to be made up, as colleges will not accept them!

SoCalROC



Fall, Spring and Saturday classes available for elective credit.

Pick up registration forms in the Guidance Office or the College & Career Center. A parent and counselor signature is required.

MIRA COSTA HIGH SCHOOL
College & Career Center

College/Career Counselors

Caryn Ramirez x 5187

Shalyn Tharayil x 5252

Elizabeth Rieken x 5073

CCC Resources

www.miracostahigh.org

Naviance – <http://connection.naviance.com/mchs>

CCC Library

Visits from College Representatives

Standardized Testing & Financial Aid Information

Individual Counseling Sessions

Post Secondary Options

Four year colleges and universities

Public

Private

Two year colleges

Trade/vocational/career schools

Gap year

Military/work force



College Search and Selection

- Requires Self-analysis:
 - ✓ Passions and Strengths?
 - ✓ Short-term and Long-term Goals?
- Use Internet search engines:
 - ✓ Naviance - College Search

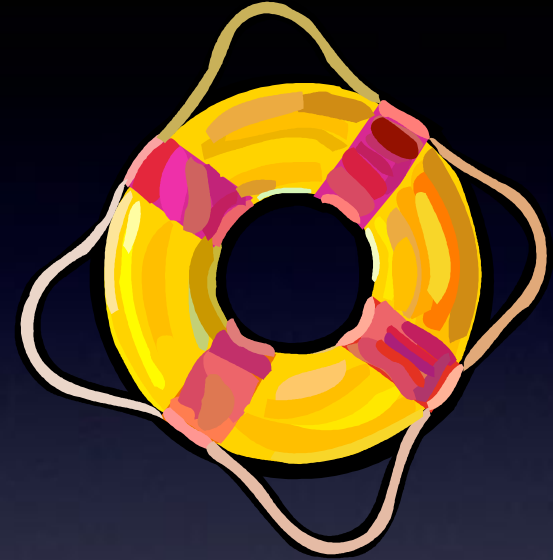


- Junior Grade Level Presentations - students learn how to use Naviance to create college list.
- Every student is in a different place at a different time - what is the best path for YOU?

A GOOD College List...

...is comprehensive:

- Reach schools
- Target schools
- Safety schools



College Information

Mira Costa website (college tab)

Naviance

Individual college websites

Visiting college reps (in the CCC)

Weekly Mustang Newsletter (eblast)



Fall presentation – College Knowledge Night

UC and CSU

Private colleges

Testing

NCAA recruitment and preparation

**RACC Mini Out of State College Fair on 5/18/17
at 6:00PM**

Testing

- SAT/ACT

www.collegeboard.org

www.act.org



- SAT Subject Tests

UC/CSU: considered if submitted, not required
(unless specifically stated for major)

Private/Out of State: CompassPrep.com has a great list of which colleges require subject tests.

- Test Prep: info about free mock exams, prep courses, and presentations in the CCC

College Application Process

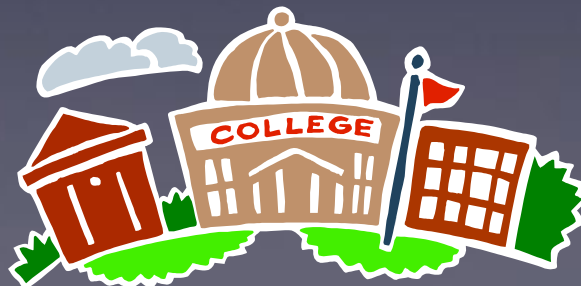
- Junior Year:

- Create an initial college list
- Visit colleges/college visits in CCC
- **Maintain your extra-curriculars/grades**



- Summer after 11th grade:

- Essays, college list, supplemental requirements
- Excel sheet of dates and deadlines



University of California



- 9 campuses
- Requirements:
 - SAT/ACT (writing section required)
 - UC Application (same application for all)
 - 4 Personal Insight Questions (pick 4 out of 8)
 - Pay fee
 - Send official test scores

NO letters of recommendation

Application period: Nov. 1 - 30

Cal State University



- 23 campuses
- Requirements
 - Application (same application for all)
 - SAT/ACT (writing section not required)
 - Pay fee
 - Send official test scores

NO letters of recommendation

NO essay

Application period Oct. 1 – Nov. 30

Private Colleges and Universities

- Check each college for requirements
- Common Application or College website
- Send official test scores
- Personal Statement & supplemental essays
- Pay fee
- Letters of recommendation (0-3 max)
- Secondary School Report/Midyear Report (sent by Guidance Counselors)
- Deadline – usually end of Dec. but varies



Community College Trade and Technical Schools

- Over 110 CA Community Colleges
- www.cccapply.org
 - Reps from El Camino and Santa Monica College come to the CCC periodically throughout the year- sign up for a meeting on Naviance!



Financial Aid

- Financial Aid: money to pay for college
 - Grants (don't pay back)
 - Scholarships (need based/merit based)
 - Loans (unsubsidized vs. subsidized)
 - Work study
- Includes Federal Aid, Cal Grants, and Institutional Aid
- **Submit your FAFSA as early as October 1st** fafsa.ed.gov



Senior Schedule

- Colleges are looking for a strong senior schedule
- Important to keep grades up
- Acceptances are provisional
- NO D GRADES



NCAA



- Student athletes need to:

- Register with the NCAA junior year at www.eligibilitycenter.org
- Report test scores to the eligibility center (code: 9999)
- Create a contact data base, including college, division, conference, coaches name, and contact info
- Send official transcript end of Junior year- request from Registrar
- Follow NCAA recruiting guidelines at www.ncaa.org

Parent Do's



- Support student by reducing stress
- Utilize Naviance!
- Visit colleges
- Attend College Knowledge Night in the fall/RACC College Fair in the Spring
- Help student stay organized
- Check out the FAFSA4Caster to familiarize yourself with financial aid
- Check the “Scholarship” tab on the School Website

College Visits

- Seniors are given 5 excused absences for college visits.
- Approval must be obtained from the Vice Principal overseeing Attendance.
- Request for approval must be made in advance.
- College documentation is required when request is made and must include: Student name and the date(s), time(s) and description of the event(s).

Thank you for your attendance!



If you have any questions feel free to call
your student's Counselor or the College
and Career Center.