

# Breakfast Menu

## January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8 Egg Sausage Burrito (CONTAINS PORK) (30) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (30) 1% White Milk (15)	9 *Coffee Cake (65) 1% White Milk (16) Fat Free White Milk (16)	10 *Whole Grain Cereal, Whole Grain Bites (60) 1% White Milk (30) Fat Free White Milk (30)	11 Mini Confetti Pancakes Bites (10) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (50) 1% White Milk (15)
14 *Yogurt w/Granola (30) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (30) 1% White Milk (15) Fat Free White Milk (30)	15 *Chicken & Waffle (10) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (50) 1% White Milk (15) Fat Free White Milk (30)	16 *Blueberry Muffin (25) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (35) 1% White Milk (15) Fat Free White Milk (15)	17 *Whole Grain Cereal, Whole Grain Bites (60) 1% White Milk (30) Fat Free White Milk (30)	18 *French Toast Stix (25) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (35) 1% White Milk (15) Fat Free White Milk (30)
21	22 Whole Grain Cereal, Whole Grain Bites, Dried Fruit (60) 1% White Milk (15) Fat Free White Milk (30)	23 Mango Breakfast Bar (20) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (40) 1% White Milk (15) Fat Free White Milk (15)	24 *Whole Grain Cereal, Whole Grain Bites (60) 1% White Milk (30) Fat Free White Milk (30)	25 *Chicken Sausage Biscuit (25) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (35) 1% White Milk (15) Fat Free White Milk (30)
28 * Apple Cinnamon Muffin Flat (25) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (35) 1% White Milk (15)	29 Breakfast Cheese Tamal (30) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (30) 1% White Milk (15) Fat Free White Milk (30)	30 *Pan Dulce (80) 1% White Milk (20) Fat Free White Milk (20)	31 *Whole Grain Cereal, Whole Grain Bites (60) 1% White Milk (30) Fat Free White Milk (30)	

### MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



