Summer Fitness

Across
1. A sport played on a diamond
4. Pass, set, spike over the net
5. Swimming under water with an air tank
6. Swimming with your face in the water and breathing out of a tube
10. Surfing on wheels
12. Being pulled by a boat on a single wide board
13. Walking on trails
14. Snowboarding on waves

Down
1. Pedaling on two wheels
2. Skating in boots that have a line of wheels
3. Stick handling in the road
7. Riding the waves on a short board
8. Exercise for the pool or beach
9. A small boat that uses a double paddled oar
11. Bouncing in the backyard
12. Being pulled by a boat on two long, pointy planks

Lynn Hefele