

**MARISSA COMMUNITY SCHOOL DISTRICT #40 AND
COULTERVILLE HIGH SCHOOL DISTRICT #1**

ATHLETIC CODE OF CONDUCT

ATHLETIC PARTICIPATION

1. All student-athletes must have five (5) forms turned in prior to trying out for any sport including cheerleading (within last 13 months). (These forms can be found at the end of this packet.)
 - a. **Form 1: IHSA/IESA Physical Form**, signed by a licensed physician or nurse practitioner
 - b. **Form 2: MJSHS/CHS Insurance Form** showing proof of health insurance. All student-athletes who participate in competitive athletics must purchase proper school insurance or sign a standard waiver form indicating that an adequate medical insurance plan is maintained at home.
 - c. **Form 3: IHSA Sports Medicine Acknowledgement & Consent Form** that provides information concerning concussions and the IHSA performance enhancing testing policy.
 - d. **Form 4: MJSHS/CHS Drug Testing Consent Form** that signifies that the student-athlete and parent/guardian(s) are aware that their child may be randomly chosen to be drug tested, at the school's expense, any time during their participation in school athletics.
 - e. **Form 5: MJSHS/CHS Athletic Code of Conduct Form Signature Page** that indicates the student-athlete and parent/guardian(s) are aware of the policies and expectations of being involved in the athletic programs in our district.
2. You must be passing 20 hours (4 classes) per week to be eligible to participate. Ineligibility shall be a period of 1 week at a time, Monday to Sunday.
3. Any student-athlete with two failing grades will be ineligible for one entire week.
4. Except for incoming freshman, student-athletes must have earned at least 2 credits the previous semester. This could include summer school or correspondence courses. In this case, ineligibility shall be for the entire succeeding semester.
5. After making a team, an athletic fee must be paid prior to the first contest.
 - a. High School \$30.00
 - b. Junior High \$25.00
6. The coach of each sport will address other rules and regulations specific to their sport. Student-athletes and parents will be required to sign a copy of the more comprehensive document for each sport.

ELIGIBILITY REQUIREMENTS FOR PARTICIPATION IN ATHLETIC ACTIVITIES

Attendance - Student-athletes who wish to participate in athletic activities must attend.

MJSHS Students must arrive at school no later than 8:50 a.m.

CHS Students must arrive at school no later than 8:30 a.m.

Students may participate in athletic activities if they are absent from school because of a college day, school sponsored field trip, medical note or have pre-approved permission from the Principal or Athletic Director to be absent and still participate in athletic activities. These arrangements must be made before the student is absent from school.

Weekly Athletic Eligibility - To be eligible to participate in athletics, student-athletes must be passing a minimum of 20 hours (4 classes) per week. Any student-athlete with two failing grades will be ineligible for one entire week. Failure to maintain that minimum standard shall make that student-athlete ineligible for athletic participation for the succeeding week (Monday through Sunday). A student-athlete who is ineligible under the weekly check may become eligible when he/she regains a passing status for the upcoming week. Upon earning low grades that result in ineligibility a third time during the same season, student-athletes will be removed from the team. Student-athletes must have passing grades prior to joining another athletic team.

Semester Athletic Eligibility - To be eligible to participate in athletic activities, a student-athlete with the exception of incoming freshman, must have earned a minimum of 2 credits during the previous semester. Failure to maintain that minimum standard shall make that student-athlete ineligible for athletic participation for the entire succeeding semester. A student-athlete may count pre-approved summer school or correspondence course credits towards credit earned for the previous spring semester.

All rules of the Illinois High School Association will apply except when exceeded or superseded by Board Policy or MJSHS/CHS Student/ Parent rules.

Tutoring and Other Academic Services - The Director of Athletics, administration and teachers at MJSHS/CHS are dedicated to helping students improve their academic performance. Each morning from 7:30 to 8:00 am, ineligible student-athletes are encouraged to attend a free tutoring service offered by a paraprofessional. Each day at lunch, ineligible student-athletes are encouraged to attend lunch detention. Additional student support programs are available upon request.

Interscholastic Sports Program - The competitive sports program at MJSHS/CHS is a well-rounded program that is designed to appeal to both boys and girls. We encourage students to participate. MJSHS/CHS competes in the Cahokia Conference – Kaskaskia Division and all play-off tournaments of the IHSA. The following sports are offered:

High School Sports:

Fall: Boys and Girls Golf, Girls Volleyball, Boys and Girls Cross Country
Winter: Boys and Girls Basketball, Cheerleading, Scholar Bowl
Spring: Softball, Baseball

Junior High Sports:

Fall: Softball, Baseball
Winter: Boys and Girls Basketball, Cheerleading, Scholar Bowl
Spring: Girls Volleyball, Boys and Girls Track

Whereas MJSHS/CHS offers a wide variety of sports for students to choose from, individual students may wish to participate in IHSA sponsored activities not offered at MJSHS/CHS. MJSHS/CHS recognizes and supports individual students who wish to participate in other IHSA sponsored activities, as an individual representing MJSHS/CHS, must do so under the following guidelines:

1. MJSHS/CHS will assume responsibility for all IHSA required entry fees to IHSA sponsored activities.

2. MJSHS/CHS will assume no responsibility for any other costs incurred, or related to, any individual activity not already approved by the Board of Education. This includes, but is not limited to, transportation, equipment, uniforms, facility usage, coaching, or any other costs related to the individual's participation in the IHSA sponsored activity.
3. Any student who wishes to participate as an individual at an IHSA sponsored activity must be pre-approved by the Board of Education.
4. Individual participants must adhere to all IHSA rules, policies, terms and conditions.
5. Individual participants must adhere to all MJSHS/CHS Athletic Code of Conduct rules and grade requirement.
6. Individual participants must meet all IHSA residency requirements in order to have approval from MJSHS/CHS.
7. Parents/Guardians of individual participants assume all liability related to their students involvement in the IHSA sponsored activity.
8. The individual must have a current insurance form and physical on file with MJSHS/CHS.
9. The individual acting as the coach/sponsor must be approved by the Board of Education and meet all IHSA Qualifications of Coaches By-Laws.
10. All correspondence and activity scheduling in regards to the actual IHSA event must be conducted through the MJSHS/CHS Athletic Director's office.
11. All practice events prior to the actual IHSA event are the responsibility of the individual or his/her parent/guardian and do not have to be cleared by MJSHS/CHS

If two or more students want to participate as individuals in IHSA sponsored activities, all the above guidelines must be followed IHSA Participation Limitations (By-law 3.050) states any school wishing to participate as a team must participate in six (6) interscholastic contests, but under By-Law 3.030 Section 108 (Individuals in State Series), individuals may enter a state series championship as an individual without meeting the six-contest rules.

CODE VIOLATIONS

The following "Code of Conduct" will be followed by all participants in athletics at Marissa Jr./Sr. High School (including all student-athletes involved in District 40 athletics) and Coulterville High School (MJSHS/CHS). Student-athletes will abstain from using, possessing, acquiring, being in the presence of (ie. student parties or gatherings, student vehicles, etc.), or distributing alcohol, tobacco, tobacco-like products (including e-cigarettes), and non-prescription/mind-altering drugs for their entire Jr./Sr. high school athletic career.

Once a student-athlete attends their first official practice, they become subject to the above stated code and the following consequences for the remainder of their Jr./Sr. high school athletic career. Student-athletes will begin their Jr./Sr. high school athletic career with zero violations. Student-athletes will be required to adhere to this code of conduct for 365 days a year. Violations from other schools or the preceding athletic code will count as violations towards this code of conduct.

All reported violations will be investigated and addressed by the administration. Reported violations can come in the form of anonymous tips, pictures, and social media posts. The student-athlete will receive due process during the investigation. Conviction by the court system will waive due process and appropriate disciplinary action will be taken. Alcohol and drug violations will be cumulative during the student-athlete's Jr./Sr. High school career. If a student-athlete transfers into the Marissa/Coulterville School Districts, and has athletic code suspensions with another district, those infractions will carry over onto that student-athlete's

cumulative record at MJSHS/CHS. Suspensions will begin with the next available date and must be served consecutively (including postseason events and stand-alone events). Suspensions must be completed in full and may carry over to the following year.

FIRST VIOLATION: If a first violation occurs:

- The student-athlete will be suspended from all interscholastic programs participated in for one calendar year from the date of the violation.
- The number of games/events student-athletes would be suspended from listed below represents approximately 25% of each season.

High School Sports:

Fall Sports:	Volleyball (5 games)	Golf (4 matches)
	Cross Country (3 meets)	
Winter Sports:	Basketball (5 games)	Cheerleading (5 games)
	Scholar Bowl (3 matches)	
Spring Sports:	Baseball (8 games)	Softball (8 games)

Junior High Sports:

Fall Sports:	Softball (4 games)	Baseball (4 games)
Winter Sports:	Basketball (5 games)	Cheerleading (5 games)
Spring Sports:	Volleyball (5 games)	Track (5 games)

Approximate number of scheduled games/events for each sport indicated below.

High School Sports:

Fall Sports:	Volleyball (20)	Golf (15)	Cross Country (13)
Winter Sports:	Basketball (19)	Cheerleading (19)	
	Scholar Bowl (12)		
Spring Sports:	Baseball (30)	Softball (30)	

Junior High School Sports:

Fall Sports:	Softball (18)	Baseball (18)
Winter Sports:	Basketball (20)	Cheerleading (20)
Spring Sports:	Volleyball (20)	Track (10)

- The suspension will take effect immediately upon notification to the student-athlete of the violation.
- A student-athlete will be permitted to practice (on a limited basis) with their respective teams throughout their suspensions with the approval of the parent, except when prohibited by school suspension, in-school detention, and/or placement at another educational center.
- Voluntary admission to a smoking, drug, or alcohol offense within 48 hours of the infraction may result in a reduction of disciplinary action for a first offense only.

SECOND VIOLATION: If a second violation occurs:

- If the student-athlete violates the code of conduct a second time during their first suspension period, they will be dismissed from the team for the remainder of that season and the student-athlete will then be suspended for all interscholastic programs

- participated in for one calendar year from the date of the violation.
- If the student-athlete violates the code of conduct a second time, but not during their first suspension period, the student-athlete will be suspended from all interscholastic programs participated in for one calendar year from the date of the violation (listed below).
- The number of games/events student-athletes would be suspended from listed below represents approximately 50% of each season.

High School Sports:

Fall Sports:	Volleyball (10 games)	Golf (8 matches)
	Cross Country (6 meets)	
Winter Sports:	Basketball (10 games)	Cheerleading (10 games)
	Scholar Bowl (6 matches)	
Spring Sports:	Baseball (16 games)	Softball (16 games)

Junior High Sports:

Fall Sports:	Softball (8 games)	Baseball (8 games)
Winter Sports:	Basketball (10 games)	Cheerleading (10 games)
Spring Sports:	Volleyball (10 games)	Track (10 games)

- The suspension will take effect immediately upon notification to the student-athlete of the violation.

THIRD VIOLATION: If a third violation occurs during their high school career

- The student-athlete will be suspended from all high school athletic activities for the remainder of their athletic career.

VERIFICATION: The following people may verify that a student-athlete has violated the above stated code of conduct:

- District employees
- Law enforcement officers
- Parents reporting their own children
- School board members

ADMINISTRATIVE RIGHTS

The intent of the Athletic Code of Conduct is to cover violations for the use of alcohol, drugs, and/or tobacco. However, student-athlete discipline for other misconduct is not limited to only the use of those substances. The Superintendent, Principal, Assistant Principal, and Athletic Director reserves the right to levy sanctions against any student-athlete that behaves in such a way, in or out of the athletic arena, which is harmful to the integrity and reputation of Marissa District #40 or Coulterville District #1.

Student-athletes that participate in Extracurricular Activities are to be held to a “higher level” when it comes to behavior and choices they make on and off the athletic field/court. Coaches are encouraged to discipline student-athletes in their charge for behavior that is detrimental to the team, sport, or school.

Each head coach in the various athletic activities offered at MJSHS/CHS is responsible for establishing the basic training rules for their activity. The coach is also responsible for explaining those rules to team members and to see that each team member receives a copy of those rules. The rules established by the coach exist in conjunction with the above district rules and regulations.

IHSA DRUG TESTING POLICY

In accordance with the Illinois High School Association, any student-athlete that is participating in a state series event sanctioned by the IHSA may be subject to testing for performance enhancing drugs. Schools will be randomly selected in all IHSA athletic state series events to submit to drug screening. If our school is randomly selected to be tested during a state series event, then the student-athlete will be required to submit to a drug-screening test. Failure to submit may result in individual or team consequences.

MHS/CHS DRUG TESTING POLICY

In June 2002, the U.S. Supreme Court broadened the authority of public **schools** to **test** students for illegal **drugs**. It shall be the policy of MJSHS/CHS that student-athletic consumption or possession of any contraband, controlled substance or any other illicit drug is prohibited. This policy supplements, and does not replace the provisions set forth in the MJSHS/CHS by-laws and Student Handbook regarding student possession, distribution, purchase or sale of any illicit drug. The rationale behind drug testing is: (1) Deter young adults from beginning or continuing drug use, and (2) Identify young adults who are harmfully involved in drug use so they can be steered into appropriate drug education and treatment.

We wish to empower our student-athletes with knowledge and skills in order to make responsible decisions about their behaviors. We believe that the most effective deterrent to drug usage is openness and communication among student-athletes, parents, and the school community. This collaborative effort serves to enhance all aspects of school life in order to produce healthy, positive, and productive citizens. Participation in extracurricular activities is a privilege not a right. With the privilege come certain responsibilities. We hold student-athletes and their parents, or guardians, to a high standard of behavior in areas that affect the well being and safety of all student-athletes. All student-athletes and parents are required to consent to participation in all aspects of this policy and its accompanying administrative regulation as a condition of the student-athletes continued participation in MJSHS/CHS extracurricular activities. The school administration shall be responsible for notifying persons affected by these policies and for developing enforcement procedures.

Except with respect to the use of prescription drugs prescribed for the student-athlete by a medical doctor and used by the student-athlete in the manner intended by the prescribing medical doctor the student-athlete promises that he/she will not possess, use, distribute, purchase, or sell any alcoholic beverage, drug, drug paraphernalia, controlled substance, look-alike substance, tobacco, or tobacco product (including e-cigarettes) or any other substance which, when taken into the human body is intended to alter mood or mental state, including any item or substance which is represented by student-athlete or anyone else to be, or is believed by student-athlete or anyone else to be any of the above, regardless of the true nature or appearance of the substance for so long as the student-athlete is a student participant within the meaning of the MJSHS/CHS Athletic Code of Conduct or subject to its terms and conditions.

**MARISSA COMMUNITY SCHOOL DISTRICT #40 AND
COULTERVILLE HIGH SCHOOL DISTRICT #1**

Form 5: MJSHS/CHS Athletic Code of Conduct Form Signature Page

ATHLETIC CODE OF CONDUCT

I received a copy of the Marissa/Coulterville District Athletic Code of Conduct. I have read the Athletic Code of Conduct. I understand the rules contained in the Athletic Code of Conduct apply to my student-athlete and me. I acknowledge that even with the best coaching and supervision, injuries are a possibility in any activity and I accept the risks of activity participation.

Signed: _____ **Date** _____
Student

Signed: _____ **Date** _____
Parent/Guardian