

### Prescription Drug Abuse Information:

As part of our ongoing effort to educate and inform our parents/guardians about information relating to teen safety, Bordentown Regional School District is providing information and resources that relate to safety and well-being of our community teens.

Recently, the National Council on Alcohol and Drug Dependence has reported that the increase in prescription drug abuse is fueling a rise in heroin addiction. On their website, the NCADD reports that a growing number of young people who start abusing expensive prescription drugs are switching to heroin, which is cheaper and easier to buy.

According to the National Institute on Drug Abuse, most teenagers who abuse prescription drugs are given them for free, by a friend or relative.

In the 2012 "Monitoring the Future" survey that 50% of high school seniors said that opioid drugs other than heroin would be fairly or very easy to get.

Bordentown Regional School District strongly supports the use of Operation DROP OFF, for the safe disposal of prescription drugs, and urges our parents/guardians to learn about this important program. You can view information on where to dispose of your unused medicines at [www.deadiversion.usdoj.gov](http://www.deadiversion.usdoj.gov).

### Opioid Prescription Painkillers:

- Oxycodone (OxyContin, Percodan, Percocet)
- Hydrocodone (Vicodin, Lortab, Lorcet)
- Diphenoxylate (Lomotil)
- Morphine (Kadian, Avinza, MS Contin)
- Codeine
- Fentanyl
- Propoxyphene (Darvon)
- Hydromorphone (Dilaudid)
- Meperidine (Demoral)
- Methadone

### Stimulant Prescription for ADD or ADHD:

- Dextroamphetamine (Dexedrine and Adderall)
- Methylphenidate (Ritalin and Concerta)

Source: National Institute on Drug Abuse DrugFacts: Prescription and Over the Counter Medication

<http://www.drugabuse.gov/publications/drugfacts/prescription-over-counter-medications>

What you can do to dispose of Prescription Drugs Properly:

October 26<sup>th</sup> 2013 between 10am and 2 pm DROP OFF SITES will be available to dispose of old and unused medications from your medicine cabinets. Go to [www.deadiversion.usdoj.gov](http://www.deadiversion.usdoj.gov) to locate a site near you.

To gather further information about Prescription Drug Abuse go to: [www.drugfreenj.org](http://www.drugfreenj.org) .

If you have any questions or concerns about this issue, please don't hesitate to contact Nell Geiger, our Student Assistance Counselor at 609-298-0025 x1138 or [ngeiger@bordentown.k12.nj.us](mailto:ngeiger@bordentown.k12.nj.us)