

Berwyn South School District 100
Wellness Committee Meeting Agenda
May 17, 2017 3:30-4:30pm
Pershing School

- Wellness Fair
 - Recaps
 - Positives:
 - Large turn out (600+)
 - Numerous Vendors (30+)
 - Fitness Demos> Raffle Ticket per activity
 - Raffle Prizes
 - Passport to Health
 - Performances
 - Improvements/Suggestions:
 - Raffles:
 - Perhaps switch: More Activities > Big Raffle: Bike
 - Passport: win other raffle prizes
 - Improve Flow: Performances in another location, facing a different direction, use of bleachers, cones/rope off, put 2 rows lengthwise
 - Grouping organizations: i.e.-all of recreation together
 - Timing of Schedule: Stay on track better (this year, some fitness demos eliminated secondary to performances lasting longer)
 - Re-do Sign-In sheets
 - Set Student #, Set Parent #
 - Consistent directions with volunteers
- HUSSC
 - All 8 Schools applications have been submitted
 - ISBE to review, then USDA to review: awaiting response
 - Thank you Michelle & Aramark for all of your hard work & leadership with this
- Staff Wellness
 - Health Insurance Open Enrollment May1st-31st
- Healthy HotSpot Initiative
 - This is D100's last year as part of this initiative (year 2 of 2)
 - We sill still be able to use partners (i.e.-Alliance for A Healthier Generation) for planning PDs, resources
- Healthy Schools Program
 - Goal: Complete/review assessment before the end of the year
 - Can use this guide to start off next year

- End of the Year Review
 - Please review and write down health & wellness initiatives for your school
 - Please share with Cindy and your school wellness team
 - What are some successes? What are things you would like to improve and work on?
 - Looking at Next Year: Continue with Healthy Schools Program Guide, Re-apply for Let's Move! Active Schools
- Back to School Picnic: Inflatable Obstacle Course Fun Run (Berwyn Park District)
 - Picnic is Sunday, August 20th, from 12-2. Race will be before picnic: ~10am
 - Offered to all: students, staff, & families. Students/staff ½ off price
 - T-shirt, Goodie Bag
 - Wellness Committee Member Volunteers?
- Community Partnership Updates
 - MacNeal
 - Dr. David Dinosio would like to educate parents re: nutrition & health; he had spoken at a Komensky Parent University
 - Per Natalia: Miriam, a trauma nurse, would like to speak at schools regarding pedestrian safety. Discussion: Perhaps combine with Freedom's train safety day? Other schools that do not utilize Tammy Town?
 - Berwyn Public Health District
 - Eyes for Education-has been approved, finalizing clinic dates
- Adjourned: 4:45 pm

Thank you for all of your hard work with all of this year's Health & Wellness Initiatives! 😊

Cindy Villanueva
Committee Chair