

Placentia Yorba Linda USD District Illness Guidelines

This is the time of year when colds and flu are present and are easily transmitted among children in school. Parents, teachers and other school staff share a responsibility to prevent the spread of disease to others.

Here are a few guidelines to help you determine when children need to stay home from school and when they can return following an illness:

1. If the child has a temperature of 100 degrees or more, they should stay home from school. When their temperature remains below 100 degrees, without the use of fever reducing medications for 24 hours, the child may return to school.
2. If the child has 2 or more episodes of either vomiting and/or diarrhea in the last 24 hours, no school. (A child will be sent home if they vomit at school).
3. If the child has nasal drainage which is not easily managed at school, no school unless a note is provided from the health care provider indicating the child's condition is not contagious.
4. If the child has red eyes or any eye drainage, no school unless the eyes are clear or a note is provided from the health care provider indicating the child's condition is not contagious.
5. If the child has a skin rash, no school unless a note is provided from the health care provider indicating the child's condition is not contagious.

Many children are still developing their personal hygiene habits. Please encourage them to use good hand washing, cover their cough with a tissue or elbow, and do not share personal items. These are some of the most effective ways to prevent the spread of disease.

