



SAN CARLOS SCHOOL DISTRICT

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Dear Parents:

State law (Education Code Section 49452.5) requires that school districts in California provide scoliosis screening for seventh grade female students and eighth grade male students.

This year, we have partnered with Stanford Children’s Spine Treatment and Education Program to screen our students for scoliosis. Seventh grade girls and eighth grade boys will be screened during P.E. class on April 20, 2017 at Central Middle School and April 21, 2017 at Tierra Linda Middle School.

If your child is currently under treatment for a spinal deformity, please let us know on this form or by emailing nurse@scsdk8.org and your child will be exempt from the screening process.

Please sign below and return to the school office only if you **DO NOT** want your child included in the scoliosis screening. Please ensure that the school office receives this by **April 17th, 2017**.

Spine Treatment and Education Program



Stanford
Children's Health

Lucile Packard
Children's Hospital
Stanford

(From Stanford Children’s Health)

Scoliosis screening

Idiopathic scoliosis is a curvature of the spine that is greater than 10 degrees. The cause is unknown, and the condition develops most frequently in preteens and teens. Adolescent idiopathic scoliosis (AIS) is 10 times more common in girls than boys. Some patients with scoliosis may only need close monitoring, and some may need treatment. Treatment may include any combination of physical therapy, bracing, or surgery.

The importance of early detection

According to the Pediatric Orthopaedic Society of North America (POSNA), the Scoliosis Research Society (SRS), the American Academy of Orthopaedic Surgeons (AAOS) and the American Academy of Pediatrics (AAP), AIS screening should be performed during the crucial ages of 10 to 14, when the adolescent growth spurt can progressively worsen spinal deformities to the point where major surgery is required. Scoliosis screenings, paired with early detection and effective management, may allow health care professionals to effectively treat this disease, often preventing surgery.

Stanford Children’s Health is collaborating with your child’s school to detect this adolescent disease. A nurse will perform a scoliosis screening for 7th grade girls and 8th grade boys. We DO NOT require your child to remove any clothing except for bulky jackets. If you wish to opt out of this free assessment, please sign this form and return to your school.

For more info, please visit: <http://www.scsdk8.org/wp-content/uploads/STEP-Parent-Informational-Page.pdf>

Student Name _____ Grade _____

I do not want my child to participate in the scoliosis screening.

Parent Signature _____ Date _____