

WABASH COUNTY PROMISE

Presenting Sponsor: Beauchamp McSpadden



Activity 2: Who Are the Champions in My Life?

Learning Goals

- Students will brainstorm a list of individuals in their lives with whom they can share their dreams for the future and who will encourage them on their path in various ways.
- Students will discuss how champions can help them on their path to their future.

Materials Needed

Handouts: *Who Are the Champions in My Life?* and *How Can Champions Help Us on Our Path?*

Activities

Part 1: Who Are the Champions in My Life?

1. For each of us, the number of people we see as champions differs. Ask students to identify adults in their lives who are important (e.g., older siblings, cousins, aunts, uncles, parents, religious leaders, coaches, teachers).
2. Model the completion of *Who Are the Champions in My Life?* handout.
3. Make sure to point out that each person they include in their handout will be referred to as a champion throughout the classroom activities for the Wabash County Promise. Model for students that you can be their first champion, and they can write your name in one of the circles.
4. Distribute copies of *Who Are the Champions in My Life?* handout and have students complete it.
5. Have students share their answers with a partner and/or have students share with the class all the different types of people they identified in their lives. Write all the types on the board and let the students know that they will be talking to all these people in their communities and exploring ways of working with them to make sure each student is successful.
6. Allow students to take home the handout to share with their families and champions.

Note to teacher: Be prepared to serve as a student's champion in the event one cannot or does not feel comfortable identifying an adult they trust at home or in their community.

Part 2: How Can Champions Help Us on Our Path?

1. Share with students the *How Can Champions Help Us on Our Path?* handout.
2. Ask students: Who has better chance of finishing first, the runner training on his/her own or the runner who has trained with a coach and has a support team? Why? How can champions help us?
3. Summarize their responses. End the discussion with the message that the path to their future can be challenging and that they need support from people around them.