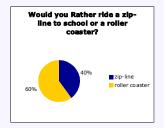
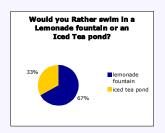
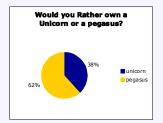
Eagle Eye

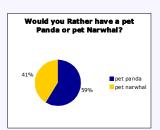
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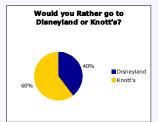
Surveys











News

When It Quakes

Everyone at some point in his or her life has felt the power of an earthquake. If you haven't, then you are fortunate. Either way, everyone should know what to do during and after an earthquake.

Here's a list of what to do:

- "DROP, COVER AND HOLD ON." If you are not near a strong table or desk, drop to the floor against an interior wall and cover your head and neck with your arms.
- Avoid windows and heavy objects like bookshelves.
- Do not try to run out of the structure during strong shaking.
- Stay away from buildings. Glass can catch a wind current and blow out.
- If you are in bed, stay there and cover your head with a pillow.
- If you use a wheelchair, lock the wheels and cover your head.

If you are outdoors when shaking starts:

- Move to a clear area if you can safely walk. Avoid power lines, buildings and trees.
- If you are on the beach, move to higher ground. An earthquake can cause a tsunami.

Once the earthquake shaking stops:

- Check the people around you for injuries; provide first aid.
- Do not move a seriously injured person unless they are in immediate danger.
- Check around you for dangerous conditions.
- If you have fire extinguishers put out small fires immediately.
- Check your landline phones to see if they work.
- Inspect your home for damage.

If you are trapped in debris:

- Move as little as possible so that you don't kick up dust.
- · Cover your nose and mouth with a handkerchief or clothing.

Next time you're in an earthquake, remember these helpful tips and above all stay safe.

Source: www.ready.gov/earthquakes

LOL SO TRUE!

That really hot face you make when you eat something sour.

Everyone's mature until they get on one of those 'spinny chairs'.

When you're in a hurry everyone decides to form a wall and walk as slow as possible.

Oh, so I'm one minute late to class? Please stare at me like I've just murdered 10 people.

I yell ouch before I even know I'm hurt. just in case.

Source: www.lolsotrue.com

> Mr. Kilroy 8th grade Science



Recipes

Berry Good Smoothies

Prep time: 5 minutes Recipe makes 2 servings

Ingredients

1cup skim milk 1/3-cup fresh blueberries 1/3-cup fresh raspberries 1/3-cup fresh strawberries 4 ounces fat-free Greek yogurt 1 cup Coarsely crushed ice



Equipment and supplies: Blender or food processor

Instructions:

Wash berries and put all of the ingredients in a blender or food processor. Blend until smooth and frothy. Pour into glasses and serve immediately.

Interview

Mr. Kilroy-

Q: What grade and subject do you teach?

A: I teach 8th grade physical science, I have also taught 6th and 7th grade science and Algebra.

Q: How many years have you been teaching?

A: About 12 years. I started out being a substitute at Redondo High before working at Adams.

Q: Why weren't you here last year?

A: I was taking the time to get more involved in city politics. I knew I would be a good candidate for Mayor and wanted to have the time to prepare for the election even though it was a year away. I represented Redondo Beach in China for a couple of weeks, so I didn't want to teach school and have to leave a few weeks before testing started.

Q: What drove you to come back and teach?

A: Well, I always had planned to come back. I wasn't retiring and I get a certain satisfaction out of teaching.

Q: What motivated you to run for Mayor of Redondo Beach?

A: A couple of people who I admire made the decision not to run, so I looked around and felt I was most qualified to be Mayor. I have spent many years being involved in city government and I have decades of experience being involved in community organizations.

What's Hot! What's Not!

- 1. Starbucks
- 2. Papa Johns
- 3. McDonald's
- 4. In-n-Out
- 5. Menchies
- 6. Jamba Juice
- 7. Handel's
- 8. Taco Bell
- 9. Subway
- 10. Krispe Kreme

- MU
- 1. Coffee Bean
- 2. Pizza Hut
- 3. Burger King
- 4. Carl's Jr.
- 5. Yogurtland
- 6. Robeks Juice
- 7. Baskin Robbins
- 8. Del Taco
- 9. Quiznos
- 10. Dunkin' Donuts

Entertainment

Top 10 Billboard Songs

- 1. Give Me A Reason
 - Pink and Nate Ruess
- 2. Save Rock & Roll
 - Fall Out Boy
- 3. Can't Hold Us
 - Macklemore & Ryan Lewis feat. Ray Dolton
- 4. Gentlemen
 - PSY
- 5. Radioactive
 - Imagine Dragons

- 6. I Love It
 - Icona Pop feat. Charlie XCX Iconic
- 7. Come And Get It
 - Selena Gomez
- 8. 22
 - Taylor Swift
- 9. Troublemaker
 - Olly Murs feat. Flo Rida
- 10. The Way
 - Ariana Grande feat. Mac

Written by Celina

Jack the Giant Slayer

Jack the Giant Slayer came out March 1st, 2013 making \$27,202,226 on opening weekend. In this unique version of the fairy tale, Jack and the Beanstalk, a monk gives a boy named Jack magic beans. Isabelle, a princess, is running away from her kingdom and wanders into Jack's house for shelter. She gets stuck in the house and goes up with the beanstalk when it starts to grow. Jack is ordered by the King to rescue her, not knowing that it will evolve into an exciting adventure.

Critique Reviews:

"Nicely handled but entirely familiar fairy-tale updating as a battle and effects extravaganza," says Todd McCarthy from The Hollywood Reporter. www.Hollywoodreporter.com.

"A mash-up of old-school heroism, pantomime villainy, star struck lovers and post-'Shrek' archness, it's more exhausting than exhilarating." Nigel Floyd says from "Time Out" website. www.timeout.com

"We think the movie was exciting, thrilling, and fast paced. The acting was first class. We could really feel the action, the love, and the sorrow felt by each character. We would recommend watching this movie; we have a feeling that audiences will really enjoy it," says Lindsay and Haley from Adams Eagle Eye at www.adamsmiddle.org.

Written by: Lindsay and Haley

Quotes of the Month

"I have CDO, its like OCD, but all the letters are in alphabetical order...as they should be."
-Anonymous

"Courage does not always roar.
Sometimes courage is the quiet voice at the end of the day saying: "I will try again tomorrow."
-Mary Anne Radmacher

"People who think they are crazy enough to change the world are the ones that do" -Anonymous

Tongue Twisters

How can a clam cram in a clean cream can?

The thirty-three thieves thought that they thrilled the throne throughout Thursday.

I wish to wish the wish you wish to wish, but if you wish the wish the witch wishes, I won't wish the wish you wish to wish.

Jokes

Q: Why did the turkey cross the road?

A: To prove he wasn't a chicken.

Q: Where do dogs go when they lose their tail?

A: To the retail store.

Q: How do you make butter fly?

A: Flick it out of the dish with a knife.

Did You Know?

Peanuts are an ingredient in dynamite.

In the Caribbean there are oysters that can climb trees.

Some Ribbon worms will eat themselves if they can't find any food.

That 111,111,111 x 111,111,111 = 12,345,678,987,654, 321

Dear Adam

Dear Adam.

I have a crush on one of my close friends, and I know we used to like each other. The other day, I told him I still like him, but he told me he just wanted to be friends. I told my friend, and she said he still likes me and we would make a good couple. I think that he doesn't even want to be friends now, plus he is really awkward around me. How can I get our friendship back and break the awkwardness? How can I make sure someone else doesn't reject me again?

-Rejected

Dear Rejected,

Kudos to you for stepping up and making the first move. Nothing is going to happen if nobody takes a risk. As for becoming friends again, it might take a while to go back to what it was before. Just make it clear you still want to be friends, and you don't want one little thing getting in the way of your friendship. It is then up to him if he wants to continue the relationship, and if he doesn't want to, then you might have to consider moving on. Just be yourself and act normal around him so you can start breaking the awkwardness. Next time, maybe make sure his feelings are clear and don't become stuck in the FRIENDSHIP ZONE! It won't guarantee your future relationships to go further, but it might help.

-Adam

Spring Sports

Boys Volleyball

Girls Softball



Diego Balcarcel, Kai Osagie, Ethan Morgan, Cameron Cordone, Tristan Shoaf, Nicholas Gutierrez, Lucas Simoes, Nathaniel Lapp, Shuaib, Ahmad, Amir Sharifi, Tucker



Alanis Bondio, McKenna Zayas, Megan Whipp, Ashley Rodriguez, Kate Cunningham, Jazmine Pina, Izzy Sumrall, Britney Reyes, Kenzie Sumrall, Monet Yazbeck

Corny Pickup Lines

Is there an airport nearby, or is my heart taking off?

If you were a chicken, you'd be impeccable.

If you were a burger at McDonald's, you'd be the McGorgeous.

If you were a booger, I'd pick you first.

Birthdays/Horoscopes

April		May		
Kristen Stewart-	April 9	Robert Pattinson-	May	13
Shay Mitchell-	April 10	Megan Fox-	May	16
Emma Watson-	April 15	Tom Daley-	May	21
George Lopez-	April 23	Aly Raisman-	May	25
Channing Tatum-	April 26	Gregg Sulkin-	May	29

Taurus (April 21st-May 20th)

-The wonderful energy of your fun-filled, romantic month will bring positive feedback and good times for your school and personal life. You deserve this happiness, so savor it. Things might start to feel routine, so to perk things up, why not try something new? As the month comes to an end, one of your closest relationships will grow more intense. They really want to know what you think, so voice your true feelings about everything and don't worry -- they won't think anything but good thoughts.

Gemini (May 21st-June 21st)

-A family member will be in and out of your thoughts all week -- perhaps a phone call is in order to clear things up? Ignore unwanted advice from classmates this week. Feel good about making your own decisions. You'll have a lot of romance toward the end of the week ... enjoy some quality one-on-one time with someone. Share your feelings -- and find out how they really feel about you. They may finally tell you.

Source: http://shine.yahoo.com/horoscope/cancer/overview-weekly-17.html

Comic

Created by your own Yearbook/Journalism Staff

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