Welcome Kalāheo Parents! This newsletter is written to be read by all parents, grandparents and guardians. Mahalo for being a part of the Mustang community.

Principal’s Message

Aloha,

Welcome to the new school year 2017-18. Teachers and staff are looking forward to working with over 900 students this Fall and continue to focus on our school’s successful mission to prepare our graduates for Career and College. We are proud to share that last school year Kalāheo was included on The Washington Post’s list of "America’s Most Challenging High Schools" which highlights the nation’s top nine percent of schools for effectively preparing students for college success. This designation refers to the number and percentage of students who achieved a passing score on Advanced Placement exams. Although Advanced Placement courses are an important component of the college readiness high school program, Kalāheo recognizes the importance of a well-rounded high school education and continues to offer students choices in various electives and programs of study, including fine arts and Career and Technical Education (CTE) options.

This school year we will continue to focus on good student learning habits, which includes being in class on time and ready to learn. We encourage our students to take responsibility for their own learning. With everyone’s cooperation Kalāheo will have a positive school culture that maintains a school environment supportive of learning and student achievement. Students will receive a packet to share with parents and guardians that contains information about school expectations and Department of Education policies.

All of our Kalāheo High School families are invited to our Open House on Tuesday August 15 beginning at 6:30 p.m. You will be able to meet school staff, PTSA members, and visit classrooms to meet teachers and learn more about the courses and standards our students will be learning.

Throughout the school year we invite all of our parents, families, and community members to our school events and activities. We welcome your involvement and assistance; we need and appreciate your kokua and support.

Mahalo,
Mrs. Susan Hummel, Principal
For the most updated information: http://kalaheohigh.org, click on College & Career Center

PSAT Ticket Sales
9th, 10th and 11th graders can purchase a PSAT ticket beginning August 2nd in the College & Career Center, Rm H-208. 9th, 10th and 11th graders interested in taking the PSAT/NMSQT test can purchase their PSAT ticket in the College & Career Center. The PSAT is an assessment that helps prepare students for the SAT, college and careers. All students who take the PSAT receive FREE, personalized SAT practice. JUNIORS who take the PSAT will be eligible for the National Merit Scholarship Program with a qualifying score. The PSAT will be administered during school on Wednesday, Oct. 25, 2017 beginning at 8 am. The PSAT is offered on Oct. 25th ONLY. Cost to purchase a PSAT ticket is $16. CASH ONLY, NO REFUNDS!!! Tickets sales will begin on Aug. 8, 2017, with the final deadline to purchase a ticket on September 15, 2017.

Contact:
April Inouye,
College & Career Counselor (305-0261) or email: April_Inouye@notes.k12.hi.us

College & Career Speakers
Sept. 1, 2017 at 8:40 am  Colgate University (NY)
Sept. 1, 2017 at 1:30 pm  University of Nevada at Las Vegas
Sept. 6, 2017 at 1:30 pm  University of Portland (OR)
Sept. 8, 2017 at 10:15 am  Warner Pacific College (OR)
Sept. 20, 2017 at 10:15 am  Pacific University (OR)
Sept. 21, 2017 at 8:40 am  Saint Martin’s University (WA)
Sept. 25, 2017 at 8:40 am  Pacific Lutheran University (WA)
Oct. 16, 2017 at 12:10 pm  Colby College (ME)
Oct. 19, 2017 at 1:30 pm  University of Hawaii at Hilo

Senior College Night
Attention Senior Class of 2018 and Parents! Plan to attend College Night on Thursday, August 31, 2017 at 6:00 pm in the Kalaheo Library. A brief introduction to college admissions, testing, financial aid and scholarships will be covered! Other grade levels welcome to attend.

Monthly College Workshop Series:
NEW this year...workshops BEFORE school to get a JUMP START on college! Workshops from 7:45-8:30 am. Locations will vary.

August 17, 2017 in H202 (computer lab) – College Searching...How to build your college list
September 1, 2017 in H208 (College & Career Center) – How do colleges decide whom to accept?
Matt Ogawa from Oregon State University will review case studies with students.

SAT and ACT Registration 2017-2018
To register for either the ACT or SAT, students must create their “login” and “password” for each test. Students register online, paying with a credit card. When asked for the high school code, Kalaheo High School’s Code is 120143 for both tests. Students are encouraged to send their scores to four colleges for free at the time of registration. Scores released AFTER testing may incur a cost per each release.

Fee waivers are available to juniors and seniors who are eligible for free/reduced lunch. Be sure to submit the necessary paperwork with Kalaheo High School to determine your eligibility. See Ms. Inouye in H-208, if you have any questions.
### SAT: Reasoning Test & Subject Tests

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
<th>Late Online Deadline (add'l fee)</th>
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<tbody>
<tr>
<td>August 26, 2017</td>
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<td>October 7, 2017</td>
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<td>April 6, 2018</td>
<td>April 25, 2018</td>
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<td>June 2, 2018</td>
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### ACT Assessment

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<td>January 12, 2018</td>
<td>January 13-19, 2018</td>
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<td>April 14, 2018</td>
<td>March 9, 2018</td>
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<td>June 9, 2018</td>
<td>May 4, 2018</td>
<td>May 5-18, 2018</td>
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<td>July 14, 2018</td>
<td>June 15, 2018</td>
<td>June 16-22, 2018</td>
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### SAT Prep Course:

The Kalaheo PTSA will be subsidizing the cost to offer a FIVE hour SAT Prep Class, taught by Raymond Karelitz. Cost for the SAT Prep Course is $60. Registration forms available in the College & Career Center beginning August 8, 2017. Registration form and payment deadline is Sept. 8, 2017. Checks payable to Kalaheo PTSA.

Fall 2017 SAT Prep Class will be held on:
- Sept. 15, 2017 (Friday, after school for 2 hours)
- Sept. 16, 2017 (Saturday, 9:30-11:30 am) and
- Oct. 6, 2017 (Friday, after school for 1 hour)

### ACT Prep Course:

The Kalaheo PTSA will also subsidize the cost to offer a FIVE hour ACT Prep Class, taught by Raymond Karelitz. Cost for the ACT Prep Course is $60. Registration forms available in the College & Career Center beginning August 8, 2017. Registration form and payment deadline is Oct. 6, 2017. Checks payable to Kalaheo PTSA.

Fall 2017 ACT Prep Class will be held on:
- Oct. 20, 2017 (Friday, after school for 2 hours)
- Oct. 21, 2017 (Saturday, 9:30-11:30 am)
- Oct. 27, 2017 (Friday, after school for 1 hour)
Welcome Back to School...Mustang Parents!

*Tuesday, August 15th, 2017*

Kalaheo High School

“Back to School” Open House

6:30 p.m. Cafeteria

*We will begin meeting promptly at 6:30 pm in the Café*

6:30 — 6:45 p.m. Principal’s Welcome & Introductions

6:45 — 6:50 p.m. Passing time to Period 1

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Please note there is a 5-minute passing time between periods.

*Open House* is an opportunity for parents and guardians to experience a portion of their student’s day. Each class “period” is ten minutes—just enough time to acquaint you with class instructor and program. This evening does not provide time for a separate parent/teacher conference. If you need more time with a teacher, please call your child’s counselor (305-0200) to make arrangements. You may also email the teacher by going to the school’s website at [http://www.kalaheohigh.org](http://www.kalaheohigh.org) and finding their school email address.

***

Your student may wish to attend with you. We encourage this.

If your student does not attend with you, **be sure to bring a copy of his/her schedule.**

 Copies of schedules will not be available at Open House.
The Kalaheo PTSA would like to welcome our Mustangs back to school! We are holding our first fundraising event at **Panda Express** on Friday, September 1 from 10 AM-9 PM at the Panda Express on Hamakua Drive. Just bring the flyer below and our Kalaheo PTSA will be given 20% of the sales.

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**FUNDRAISER EVENT**

**Raise Money for: Kalaheo PTSA**

<table>
<thead>
<tr>
<th>When</th>
<th>Where</th>
<th>How</th>
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| Friday, September 1, 2017  10:00 AM - 9:00 PM | Panda Express  at Hamakua Dr & A'ohua St  (Waipahu T&C) Panda Express  200 Hamakua Dr  Kailua, HI 96734 | In-store: Share paper or digital version of this flyer  
Online: Enter 233/37 in the promo code box during online checkout.  
20% of event sales will be donated to Kalaheo PTSA |

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As a member of Kalaheo High School, we can make a difference by reporting any illegal discharge in our school & community.

**SPILL RESPONSE:**

- **Local (Honolulu Fire Dept)**  911 (24/7)
- **State Hazard Hotline**  586-4249 (business hours)  
247-2191 (after hours)

To report illegal discharge that has already occurred, call 768-3203 (City Illegal Dumping Hotline)

Polluted runoff public outreach: 692-5208 (City), 586-4309 (State)

(see newsletter back page for more info)
Kalāheo High School
PTSA Membership

Last Name: ______________________  First: __________________  Spouse: __________________

Address: ______________________  City: __________________  Phone: __________________

E-mail address (please print): ____________________________________________

<table>
<thead>
<tr>
<th>Student's Name (last, first)</th>
<th>Grade</th>
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We need you! Please consider helping us with:

____ PTSA Board or Committee
____ "Make A Difference Day" Date TBD
____ Food (Provide refreshments when needed)
____ Call me for anything!

<table>
<thead>
<tr>
<th>Membership Dues</th>
<th>$30.00</th>
<th>($9.25 goes to the State PTSA)</th>
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<tbody>
<tr>
<td>Donation</td>
<td>+ _____</td>
<td>(Totally tax deductible!)</td>
</tr>
<tr>
<td>Total</td>
<td>$_____</td>
<td>(Please make check payable to Kalaeo PTSA)</td>
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</tbody>
</table>

Parents of teens! Kalaeo's PTSA is for you.

Why? We need you...and this is your last chance to be a part of your child's formative school years. The PTSA parents love to do things for our teachers to make them happy --- You'll see our Board members at the Open House on August 15th...come to our first PTSA meeting on Tuesday, Sept. 12 5:30 pm in the 'Teachers' workroom. Email me with questions: Christie at kalaeoHS.pcnc@gmail.com

Parents & Friends of Kalaeo:

To supplement our PTSA budget, we are part of Foodland's "Give Aloha" this year. It takes place just during the month of September. Go to your nearest Foodland and ask to donate to Kalaeo PTSA #78194. No purchase necessary.

Go Mustangs!
What is Project Grad?
Project Graduation is an all-night adult chaperoned, drug and alcohol-free celebration for the graduating seniors in a safe and fun environment. Each year 85-95% of the senior class attends this AWESOME event! It starts right after graduation and ends the next morning. Only graduates that participate in the ceremony are allowed to attend. Project Grad is a parent-planned event.

1. Payment
   Cost is $200 payable to Kalaeo PTSA.
   EARLY BIRD SPECIAL $150 UNTIL September 29, 2017
   *Please put Project Graduation and student name in the memo
   *No refunds.
   Payment can be turned in at schedule pick-up or given to Mrs. Koopman in H209 or Mr. Pregitzer in B203.

2. Questions?
   *You may contact Karen Frato-Hildebrant at kfratohildebrant@kalaheohigh.k12.hi.us.
   *You can email Koopman or Pregitzer through the school website.

Please detach and return with your payment.

PROJECT GRAD 2018

1. Student Information
   Name_________________________________________ Cell #________________________ Text? Y N

2. Parent(s) Information
   Name_________________________________________ Name_________________________________________
   Cell #________________________ Text? Y N Cell #________________________ Text? Y N
   Email_________________________________________ Email_________________________________________

In order to have an amazing night, the class will need to fundraise. We are looking for business sponsors/partnerships and other ways to raise funds.

☐ I work/own a business that could donate money or goods to the event.
   Some examples include: Sponsor printing of Project Grad T-Shirts, matching donations, coordinate a business fundraiser, donate gift cards or prizes.

   How can you help?______________________________________________________________

Contact Information:_____________________________________________________________

☐ I would like to sponsor a student who is unable to pay for Project Grad.
# 2017–2018 Kalaheo Calendar/Bell Schedule
## First Quarter

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>SCHEDULE</th>
<th>PERIODS</th>
<th>RELEASE TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>08/07</td>
<td>Monday</td>
<td>N</td>
<td>TEACHER WORK DAY</td>
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<td>08/08</td>
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<td>FRESHMAN ORIENTATION</td>
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<tr>
<td>08/09</td>
<td>Wednesday</td>
<td>ODD</td>
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<tr>
<td>08/10</td>
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<td>STATEHOOD DAY</td>
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**FALL BREAK**
Kalaheo Friendly Presence Program

The Kalaheo Friendly Presence Program provides students with a warm and welcoming adult presence on our campus. By providing a friendly adult presence, we are sending a message to our students that our community cares about providing them with an enriched educational and positive environment. The best results benefitting students are achieved through cooperative efforts of school staff and volunteers. We are welcoming parent or community volunteers to fulfill the following volunteer positions:

- **Campus Walkers**: Walk the halls of our school and provide additional adult presence for our students
- **Gate Monitor**: Ensure the safety of our students by standing post at the school gates
- **Intersection Monitor**: Monitor foot and vehicle traffic at intersection of 'Ilipilo St and 'Illiaina St.
- **Parking Attendant**: Monitor vehicle traffic and flow in the student parking lot during the morning and afternoon.

**Other Volunteer Options:**
- Lunch cafeteria monitor and campus monitor at lunch
- Lunch scanner for meal time
- Office assistant - answering phones and escorting students to office from classrooms upon request (non-disciplinary)
- Assist in lab classes
- Volunteer expertise as Guest Speakers for different content areas
- Provide support for special events i.e. assemblies, open house

If you are interested in participating in the Kalaheo Friendly Presence Program, please complete the attached form: [http://goo.gl/forms/l4Z6fwEA3](http://goo.gl/forms/l4Z6fwEA3)

**Volunteer Expectations**

To help us in the best way possible, please follow the expectations below:

1. **BE SCHEDULED** - It is important for school staff to know when you are coming. For regular volunteers, the school counts on you for continuous attendance. If you are unable to volunteer and the school is expecting you, please inform them....
2. **CHECK IN** - Always report to the administration office to sign in.
3. **COME ALONE** - Do not bring children.
4. **BE RESPONSIBLE** - understand that every task performed in the school is important to the education of students.
5. **FOLLOW SCHOOL AND CLASSROOM RULES** - Familiarize yourself with rules and policies. Do not encourage students to break the rules. Ask if you do not understand; there may be a good reason.
6. **BE A GOOD ROLE MODEL** - Realize the importance of your role as an example to students for appropriate behavior, speech, and dress. Be polite, friendly, respectful, & patient. If a child is difficult, report immediately to a teacher, staff member, or administrator. Do not engage with students.
7. **KEEP STUDENTS INFORMATION CONFIDENTIAL** - Please do not share student information.
8. **MAINTAIN MUTUAL RESPECT & CONFIDENCE WITH STAFF MEMBERS** - Discuss problems or concerns with staff members who are directly concerned and consult with administration, if needed.
HOME ON THE HILLSIDE

Kalaheo's home field continues to be a work in progress. Currently, bleachers are being installed which will face both the field and the tennis courts. Construction on the field starts next. A friendly reminder that the field remains off limits for any activity.

Mahalo!

What You Can Do to Help Protect Water

1. **Use water wisely.** Overwatering & runoff can carry pollutants into the storm drain system.

2. **Use & dispose of hazardous substances properly.** Read the product label. DO NOT pour motor oil, paint, solvents or other chemicals into the ground or down storm drains—they will end up polluting our oceans and streams. Motor oil is recycled at oil change locations. Other chemical products can be disposed of by soaking into clay litter, wrapping in plastic and dispose in the trash. Pesticides should be disposed of as hazardous waste.

3. **Use fertilizer & pesticides sparingly.** Apply outdoors only during dry weather, as rain water can easily carry substances to storm drains & streams.

4. **Landscape the land to prevent erosion.** Cover bare ground with grass, shrubs or trees to hold soil in place. Establish native plantings & provide vegetation buffer zones along storm drains & streams.

5. **Improve housekeeping.** Fix water leaks. A slow drip can waste more than 100 gal. of water

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**Classroom Cleaners Wanted:**

Interested in earning work experience while significantly contributing to our school community?

We are looking for reliable and energetic individuals to become classroom cleaners for this upcoming school year. Classroom cleaners are very valuable to our school as they play an important role in helping maintain a clean, healthy, and safe learning environment for all students and faculty.

Please see Vice Principal, Resha Ramolete, to set up an interview at 305-0231 or stop by the administration office Rm. 11.
WELCOME BACK TO SCHOOL!

The Mustangs Athletic Foundation would like to welcome all the mustang students back to school! We have a FANTASTIC year of activities and events planned for you and our community.

COME OUT AND JOIN US! Cheer on the Mustangs!

ACTIVITIES and EVENTS

August 9, 2017 – First Day of School for all Students! Welcome Back!
August 2017 – Annual Fund Drive Kicks Off! Help us raise money for scholarships
September 1, 2017 – Foodland and SakNSave Give Aloha starts!!!
September 21, 2017 – Homecoming Pep Rally for the school and alumni
September 23, 2017 – Kalaheo Ohana & Alumni Basketball Tournament
September 30, 2017 – Air Riflery Hosting at Kalaheo
October 6, 2017 – PANDA EXPRESS Fundraiser at Hamakua Location! Please buy on this day
October 7, 2017 – Air Riflery Hosting at Kalaheo
October 9 – 13, 2017 – Fall Break
October 14, 2017 – Cheer Pre-Season Hosting at Kalaheo
November 22, 24, 25 – Lee Cashman Girls Basketball Tournament
December 9, 2017 – Kalaheo MAF Holiday Fun Fair and Breakfast
December 14 – 16, 2017 – Pete Smith Boys Basketball Classic
March 10, 2018 – Annual Walk-a-Thon
March 19 – 23, 2018 – Spring Break
May 19, 2018 – Athletic Celebration Banquet (Lunch) at The Manoa Grand Ballroom
May 31, 2018 – Last Day of School

NOTE: These are tentative dates and may be subject to change!

FUNDRAISER on deck....

Please support the Mustangs Athletic Foundation by showing your Makai Card when shopping at Foodland or SakNSave at checkout between September 1-30, 2017! Foodland and Western Union will match all donations up to a total of at least $300,000 for all organizations!!!
Student Council Ready for 2017-18

Student Council leaders are ready for the new school year with new goals, new activities, and new energy. They have been meeting almost every day during the summer planning and preparing to kick off the school year with fresh new start.

Our goal this year is to create a positive school environment by increasing school spirit and participation with quarterly grade level spirit competition and to promote kindness through monthly challenges for students and a support program for teachers. As a result, we hope that students and staff develop a deeper sense of pride for our school. Our theme this year is “Can’t Tame Our Pride.”

To increase school spirit and participation, a major week-long spirit week will be planned for each quarter. Each spirit week will feature dress-up days, related activities, and a pep rally or assembly. Grade level classes earn points through participation in these and other activities and service projects during the quarter. Grade level classes will not only compete against one another, they will also have opportunities to partner with other grade levels to earn points together. The class that earns the most points at the end of each quarter will be recognized as the most spirited class of the quarter.

Watch out for random acts of kindness as we create a positive school environment through relationship building. Student leaders will begin with establishing and maintaining good relationships with teachers by supporting them with kindness and appreciation. Each month, students and staff will be challenged to perform acts of kindness. We hope to impact our school culture and create a more positive and supportive Kalaheo community.

To prepare for all of these exciting initiatives, our student leaders attended the Student Leadership Conference (SLC) planned and facilitated by the Hawaii State Student Council. Over 400 student leaders and advisors across the state attended the three-day event to learn leadership skills, network with other leaders, and share ideas. Participants included Denton Allard, Chloe Andres, Serena Brown, Maria Darrah, Re’Anna Johnson, Christian Leidholm, Jamie Lemon, Delylah Pagaduan, Tia Vernon and Mrs. Kimberly Koopman. Recent Kalaheo graduates Matthew Darrah and Austin Maglinti were facilitators at the conference. Mr. Richard Lau was also on the conference staff.
ASK CALENDAR

AUGUST
4  Staff Welcome Back Breakfast
7  Freshman Orientation Facilitator Training
   Cafeteria @ 1-5pm
8  Freshman Orientation, 8:00am-1:30pm
9  First Day for ALL Students
16  Welcome Back Assembly during Advisory
18  KLC Facilitator Training @ 8am-12pm
19  ASK Service Project: Benefit Luau
24  Windward District Student Council Meeting
   @ 8:30am-1:00pm
   KLC Facilitator Training @ 4-8pm
28-30  Kalaheo Complex Leadership Camp

SEPTEMBER
6-7  Yearbook Picture Taking
   through Social Studies Classes
11  9-11 Remembrance
16  Homecoming Ball,
   Officer’s Club @ MCBH, 6-10pm
17  Homecoming Banner Competition @ 1-5pm
18-22  Homecoming Spirit Week
21  Homecoming Assembly during Advisory
   Homecoming Pep Rally @4-8pm
22  Homecoming Football Game,
   Kailua HS Field, Varsity Game @ 5pm

NEW SCHOOL ID CARDS
Returning Students...
   Pick up new ID card in C102.
Freshmen & New Students...
   Take a Picture for ID card in C102.
Old ID Cards valid until August 31st.

YEARBOOK
PICTURE-TAKING
September 6-7
Through Social Studies

KALÄHEO HIGH SCHOOL
MUSTANG FOR LIFE
Wear a Kalaheo shirt or blue and orange every Friday!
Watch out for special activities on First Fridays!

Welcome!
Back to School
Kalaheo High School
Presents

HOMECOMING BANNER COMPETITION
Sunday, September 17 @ 1-5pm on Campus

HOMECOMING SPIRIT WEEK
September 18-22 on Campus
Monday—The Mustangs Awaken Pajama Day
Tuesday—Attack of the Clones Twin Day
Wednesday—The Wookie Wacky Hair Day
Thursday—Star Wars Character Day
and Homecoming Assembly
Friday—Homecoming Celebration Day

HOMECOMING PEP RALLY
Thursday, September 21 @ 4-8pm on Campus
Food trucks, activities, pep rally and more!
Burning of the “K” will be bigger and better!
Hosted by Mustangs Athletic Foundation

HOMECOMING FOOTBALL GAME
Friday, September 22 @ 5pm (Varsity Game Only)
Kailua HS Football Field

KALAHEO OHANA & ALUMNI
BASKETBALL TOURNAMENT
Saturday, September 23 in the Gym
Hosted by Mustangs Athletic Foundation

WELCOME HOME ALUMNI!
For information about special alumni activities during Homecoming
please go to our school website at www.kalaheohigh.org.
HOMECOMING BALL 2017

OFFICER'S CLUB @ MCBH
SATURDAY, SEPTEMBER 16 @ 6-10PM

One Day Only!  Early Ticket Sale on Aug. 15:
$40 for KHS Students & $55 for Guests
Only 50 discounted tickets available.

Permission form, current school ID card, and paid fees and obligations required. Download and print permission form at www.kalaeohigh.org.

LIMITED EDITION!

HOMECOMING T-SHIRT

Royal blue shirt w/orange and white design.

Special Prices for Kalahea Shirts:

$14 each
$25 for two shirts
$35 for three shirts
Valid Until Aug. 25

Other designs available.

Purchase t-shirts in the Student Activities Center (C102).
Kalāheo Boys JV & Varsity Soccer  *Open to all boys in Grades 9-12.*

New students & new players welcome!

High School soccer is a winter season sport: November - February

Info meeting: September
Pre-season Conditioning: October  Tryouts: November

Info: Coach John Nakagawa (808) 282-2155 or kalaheosoccer@hawaii.rr.com

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2017 KALAHEO MUSTANG FOOTBALL SCHEDULE

<table>
<thead>
<tr>
<th>DATE</th>
<th>OPPONENT</th>
<th>SITE</th>
<th>TIME</th>
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</thead>
<tbody>
<tr>
<td>AUGUST</td>
<td></td>
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<tr>
<td>4th preseason</td>
<td>KAMEHAMEHA MAUI</td>
<td>KAMEHAMEHA MAUI</td>
<td>6:00 PM</td>
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<tr>
<td>12-Aug</td>
<td>WAIPAHU</td>
<td>KAILUA HIGH</td>
<td>4:00 PM</td>
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<tr>
<td>19-Aug</td>
<td>MCKINLEY</td>
<td>ALOHA STADIUM</td>
<td>4:00 PM</td>
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<td>SEPTEMBER</td>
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<tr>
<td>1-Sep</td>
<td>PEARL CITY</td>
<td>PEARL CITY</td>
<td>5:00 PM</td>
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<tr>
<td>8-Sep</td>
<td>ROOSEVELT</td>
<td>KAILUA HIGH</td>
<td>5:00 PM</td>
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<tr>
<td>22-Sep</td>
<td>WAI'ALUA (HC)</td>
<td>KAILUA HIGH</td>
<td>5:00 PM</td>
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<td>29-Sep</td>
<td>KALANI</td>
<td>KAISER HIGH</td>
<td>5:00 PM</td>
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<td>OCTOBER</td>
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<tr>
<td>6-Oct</td>
<td>KAIMUKI</td>
<td>FARRINGTON</td>
<td>5:00 PM</td>
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<tr>
<td>19,20,21</td>
<td>OIA WHITE PLAYOFFS</td>
<td>TBA</td>
<td>TBA</td>
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<tr>
<td>26</td>
<td>OIA CHAMPIONSHIPS</td>
<td>TBA</td>
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</tbody>
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Mandatory Kalaeo Sports Night

Tuesday, August 1, 2017  6:30 pm  Gym

Please be prompt!

Parents of all athletes and new student athletes must attend this sport/risk video night to participate in a sport at Kalaeo.

Make-up: Saturday, August 12, 2017 at 9 a.m.

Questions? Call Athletic Director
Kalaeo Athletics

Kalaeo is beginning its 45th year of athletic competition. All students are encouraged to get involved in the OIA (Oahu Athletic Association).

All athletes must have a current physical exam (within 1 year) and a signed parent consent form and a concussion management form completed before participating in a sport. You may download these forms from the school website or pick them up from the main office. Call the Athletic office at 305-0252 if you have questions about the sports available.

To participate in extra-curricular activities, all school obligations must be cleared with the account clerk (Ms. Soares) in the office.

Sports available by season:

**Fall:** Air Rifery, Girls’ Volleyball, bowling, cross country, cheerleading, JV softball, soft tennis and football.

**Winter:** Girls’ basketball, boys basketball, JV baseball, canoe paddling, girls soccer, boys soccer, swimming & diving, JV tennis and wrestling.

**Spring:** Girls golf, boys golf, tennis, girls water polo, softball, judo, baseball, boys volleyball and track & field.

Kalaeo Girls Junior Varsity Sign-ups

The Kalaeo Junior Varsity Girls Softball Team is currently holding sign-ups for all interested freshman and sophomore girls. We will be starting Conditioning / Evaluations starting August 7th @ Aikahi Community Park.

For more information please contact Coach DeAnn Morgado 808-319-5919 or email deann.morgado20@gmail.com.

Mahalo, and hope to see you on the field!

Air Rifle Team

Looking for a sport that’s off the regular path? How about an Olympic sport? Kalaeo Air Rifle Team is looking for you! Coaches are NRA certified instructors and the team has NRA and CMP affiliation. All are welcome to join!

Contact Coach Craig Garcia at 384-2892 for more information. Go Mustangs!

Got Physical Exam?

Student athletes who are planning to be part of athletics next year should schedule an aptt with their doctor for an annual physical. This is needed for pre-season training and conditioning as well as for playing their sport.

A physical is effective for ONE year from the date taken.

Need physical or Consent/Concussion Forms:

Water Pollution Prevention at Kalaheo High School

Kalaheo High School is entered from Iliaina St. and located along Mokapu Saddle Road in Kailua. Storm water discharges from the campus flow via the small Municipal Separate Storm Sewer System (MS-4) to both the City and the State Department of Transportation (DOT) MS-4's, which discharge to Kawainui Marsh and Kawainui Canal, both of which are Class I inland waters.

The average annual rainfall at the school is approximately 57". The campus slopes from north to south.

When it rains, water flows over campus and streets carrying the pollutants it picks up into the storm drains. Storm drains are not connected to the wastewater treatment plant. Therefore, the pollutant water flows directly into our streams and ocean.

Pollutant means any hazardous waste, petroleum products, pesticides, detergents, chemical fertilizers, sewage sludge, animal waste, soil erosion and soil, accumulation of sediments, and construction waste and materials.

(See p. 5 for more details)