

Breakfast Menu

April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Coffee Cake Fruit Milk</p>	<p>3</p> <p>Chicken Chorizo & Papas Taco <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk</p>	<p>4</p> <p>Whole Grain Bagel Cream Cheese Fruit Cup Fruit Milk</p>	<p>5</p> <p>Cinnamon Frosted Flakes Cereal Whole Grain Bites Fruit Milk</p>	<p>6</p> <p>Breakfast Cheese Tamale Fruit Milk</p>
<p>9</p> <p>Banana Bread Fruit Milk</p>	<p>10</p> <p>Turkey Sausage Croissant Sandwich <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk</p>	<p>11</p> <p>Yogurt Granola Fruit Cup Fruit Milk</p>	<p>12</p> <p>Apple Jacks Cereal Whole Grain Bites Fruit Milk</p>	<p>13</p> <p>Bean & Cheese Burrito Hot Sauce Fruit Milk</p>
<p>16</p> <p>Pan Dulce Fruit Milk</p>	<p>17</p> <p>Mini Maple Corn Dog <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk</p>	<p>18</p> <p>Proball & String Cheese Fruit Cup Fruit Milk</p>	<p>19</p> <p>Fruit Loops Cereal Whole Grain Bites Fruit Milk</p>	<p>20</p> <p>French Toast Sticks Fruit Milk</p>
<p>23</p> <p>Apple Cinnamon Muffin Flat Fruit Milk</p>	<p>24</p> <p>Chicken & Waffle Syrup <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk</p>	<p>25</p> <p>Oatmeal Bar Fruit Cup Fruit Milk</p>	<p>26</p> <p>Frosted Flakes Cereal Whole Grain Bites Fruit Milk</p>	<p>27</p> <p>Breakfast Cheese Tamale Hot Sauce Fruit Milk</p>
<p>30</p> <p>Mini Wowbutter & Jelly Sandwich Fruit Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

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Breakfast includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



Lunch Menu 9-12



April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>BBQ Pork Patty on Hoagie Roll Side Salad Dried Fruit & Fruit Milk</p>	<p>3</p> <p>Green Chicken Enchiladas Baby Carrots Fruit Milk</p>	<p>4</p> <p>Hot Dog Oven Baked Fries Jicama Stick w/ Tajin 100% Fruit Juice & Fruit Milk</p>	<p>5</p> <p>Chicken Fajitas Spanish Rice Side Salad Fruit Milk</p>	<p>6</p> <p>Baked Ziti with Meat Sauce Baby Carrots 100% Fruit Juice & Fruit Milk</p>
<p>9</p> <p>Cheese Tamale Mixed Vegetables Side Salad Dried Fruit & Fruit Milk</p>	<p>10</p> <p>BBQ Chicken Baked Beans Corn Muffin Baby Carrots 100% Fruit Juice Milk</p>	<p>11</p> <p>Chicken Patty Burger Oven Baked Fries Cucumber Slices w/ Ranch 100% Fruit Juice & Fruit Milk</p>	<p>12</p> <p>Teriyaki Beef Not So Fried Rice Side Salad Fruit Milk</p>	<p>13</p> <p>Cheese Ravioli Dinner Roll Baby Carrots 100% Fruit Juice & Fruit Milk</p>
<p>16</p> <p>Red Chicken Enchiladas Side Salad Dried Fruit & Fruit Milk</p>	<p>17</p> <p>Carnitas Nachos (Contains Pork) Tortilla Chips Baby Carrots Fruit Milk</p>	<p>18</p> <p>Chicken Nuggets Cheesy Mashed Potatoes Celery Sticks w/ Ranch Whole Grain Dessert 100% Fruit Juice & Fruit Milk</p>	<p>19</p> <p>Beef Machaca (Shredded Beef & Brown Rice) Side Salad Fruit Milk</p>	<p>20</p> <p>Chicken Parmesan with Spaghetti Baby Carrots 100% Fruit Juice & Fruit Milk</p>
<p>23</p> <p>Chicken Burrito Side Salad Dried Fruit & Fruit Milk</p>	<p>24</p> <p>Inside Out Chicken Pot Pie Baby Carrots Fruit Milk</p>	<p>25</p> <p>BBQ Western Burger Oven Baked Fries Jicama Sticks w/ Tajin 100% Fruit Juice & Fruit Milk</p>	<p>26</p> <p>Orange Chicken Chow Mein Noodles Side Salad Fruit Milk</p>	<p>27</p> <p>Beef Chili Popped Corn Chips Baby Carrots 100% Fruit Juice & Fruit Milk</p>
<p>30</p> <p>Chicken Tamale Mixed Vegetables Side Salad Dried Fruit & Fruit Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

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Lunch Menu Vegetarian 9-12



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>BBQ Plant-based "Chicken" on Hoagie Roll Side Salad Dried Fruit & Fruit Milk</p>	<p>3</p> <p>Green Cheese Enchiladas Baby Carrots Fruit Milk</p>	<p>4</p> <p>Vegetarian Burger Oven Baked Fries Jicama Sticks w/ Tajin 100% Fruit Juice & Juice Milk</p>	<p>5</p> <p>Plant-based "Chicken" Fajitas Spanish Rice Side Salad Fruit Milk</p>	<p>6</p> <p>Cheesy Baked Ziti Baby Carrots 100% Fruit Juice & Fruit Milk</p>
<p>9</p> <p>Cheese Tamale Mixed Vegetables Side Salad Dried Fruit & Fruit Milk</p>	<p>10</p> <p>BBQ Plant-based "Chicken" Vegetarian Baked Beans Corn Muffin Baby Carrots Fruit Milk</p>	<p>11</p> <p>Vegetarian Burger Oven Baked Fries Cucumber Slices w/ Ranch 100% Fruit Juice & Juice Milk</p>	<p>12</p> <p>Teriyaki Plant-based "Chicken" Not So Fried Rice Side Salad Fruit Milk</p>	<p>13</p> <p>Cheese Ravioli Dinner Roll Baby Carrots 100% Fruit Juice & Juice Milk</p>
<p>16</p> <p>Red Cheese Enchiladas Side Salad Dried Fruit & Fruit Milk</p>	<p>17</p> <p>Cheese Nachos Tortilla Chips Baby Carrots Fruit Milk</p>	<p>18</p> <p>Vegetarian Burger Oven Baked Fries Celery Sticks w/ Ranch 100% Fruit Juice & Juice Milk</p>	<p>19</p> <p>Plant-based "Beef" Machaca (Crumble & Brown Rice) Side Salad Fruit Milk</p>	<p>20</p> <p>Cheesy Spaghetti Baby Carrots 100% Fruit Juice & Juice Milk</p>
<p>23</p> <p>Bean & Cheese Burrito Side Salad Dried Fruit & Fruit Milk</p>	<p>24</p> <p>Cream of Mushroom Inside Out Pot Pie Baby Carrots Fruit Milk</p>	<p>25</p> <p>Vegetarian Burger Oven Baked Fries Jicama Sticks w/ Tajin 100% Fruit Juice & Juice Milk</p>	<p>26</p> <p>Orange Plant-based "Chicken" Chow Mein Noodles Side Salad Fruit Milk</p>	<p>27</p> <p>Bean & Cheese Chili Popped Corn Chips Baby Carrots 100% Fruit Juice & Juice Milk</p>
<p>30</p> <p>Cheese Tamale Mixed Vegetables Side Salad Dried Fruit & Fruit Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

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Sandwich Menu 9-12



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Monday	Tuesday	Wednesday	Thursday	Friday
2 Deli Chicken & Cheese Sandwich <i>Side Salad</i> <i>Dried Fruit & Fruit</i> <i>Milk</i>	3 Ham & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	4 Turkey & Cheese Sandwich <i>Oven Baked Fries</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	5 Wowbutter Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	6 Turkey Pastrami & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
9 Ham & Cheese Sandwich <i>Side Salad</i> <i>Dried Fruit & Fruit</i> <i>Milk</i>	10 Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	11 Roast Beef Sandwich <i>Oven Baked Fries</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	12 Wowbutter Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	13 Turkey Ham & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
16 Deli Chicken & Cheese Sandwich <i>Side Salad</i> <i>Dried Fruit & Fruit</i> <i>Milk</i>	17 Ham & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	18 Turkey & Cheese Sandwich <i>Oven Baked Fries</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	19 Wowbutter Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	20 Turkey Pastrami & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
23 Ham & Cheese Sandwich <i>Side Salad</i> <i>Dried Fruit & Fruit</i> <i>Milk</i>	24 Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	25 Roast Beef Sandwich <i>Oven Baked Fries</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	26 Wowbutter Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	27 Deli Chicken & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
30 Turkey Ham & Cheese Sandwich <i>Side Salad</i> <i>Dried Fruit & Fruit</i> <i>Milk</i>	1	2	3	4

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Salad Entrée Menu 9-12



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Monday	Tuesday	Wednesday	Thursday	Friday
2 Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Side Salad</i> Dried Fruit & Fruit Milk	3 Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Baby Carrots</i> Fruit Milk	4 Tuna Salad Wheat Crackers Ranch Dressing <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	5 Buffalo Chicken Salad Dinner Roll Ranch Dressing <i>Side Salad</i> Fruit Milk	6 Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> 100% Fruit Juice Milk
9 Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Side Salad</i> Dried Fruit & Fruit Milk	10 Buffalo Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> Fruit Milk	11 Tuna Salad Wheat Crackers Ranch Dressing <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	12 Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Side Salad</i> Fruit Milk	13 Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> 100% Fruit Juice Milk
16 Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Side Salad</i> Dried Fruit & Fruit Milk	17 Buffalo Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> Fruit Milk	18 Tuna Salad Wheat Crackers Ranch Dressing <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	19 Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Side Salad</i> Fruit Milk	20 Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> 100% Fruit Juice & Fruit Milk
23 Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Side Salad</i> Dried Fruit & Fruit Milk	24 Buffalo Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> Fruit Milk	25 Tuna Salad Wheat Crackers Ranch Dressing <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	26 Chicken Taco Salad Popped Corn Chips Ranch Dressing <i>Side Salad</i> Fruit Milk	27 Southwest Chicken Salad Dinner Roll Ranch Dressing <i>Baby Carrots</i> 100% Fruit Juice & Fruit Milk
30 Mexican Chicken Salad Popped Corn Chips Hot Sauce <i>Side Salad</i> Dried Fruit & Fruit Milk	1 (Empty)	2 (Empty)	3 (Empty)	4 (Empty)

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Field Trip Menu 9-12



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Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				
9	10	11	12	13
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				
16	17	18	19	20
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				
23	24	25	26	27
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				
30	1	2	3	4
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				

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Supper Menu

April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>WG Chicken Nuggets (2 M/MA) Mashed Potatoes (1/2 c veg) Apple Sauce (1/2 c)</p>	<p>3</p> <p>WG Turkey & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/4 c)</p>	<p>4 <i>new</i></p> <p>WG Carnitas Burrito (Contains Pork) (2M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Hot Sauce Sliced Apple (1/2 c)</p>	<p>5</p> <p>WG Pizza Bagel Pepperoni & Mushrooms (2 M/MA, 1 GB, 1/2 c veg) Fruit (1/4 c)</p>	<p>6</p> <p>WG Cheeseburger (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) Fruit (1/4 c)</p>
<p>9</p> <p>WG Chicken Patty Burger (2M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) Apple Sauce (1/2 c)</p>	<p>10</p> <p>Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) WW Cheez-its(1 G/B) Fruit (1/2 c)</p>	<p>11</p> <p>Beef Chili (2 M/MA, 1/2 c veg) WG Popped Corn Chips (2 G/B) Sliced Apple (1/2 c)</p>	<p>12</p> <p>BBQ Pork Patty on WG Hoagie Roll (2 G/B, 2 M/MA) Fruitable Juice (1/2 c) Fruit (1/4 c)</p>	<p>13</p> <p>WG Corn Dog (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) Fruit (1/4 c)</p>
<p>16</p> <p>WG Spaghetti & Meat Sauce (2 M/MA, 1 G/B, 1/2 c veg) Apple Sauce (1/2 c)</p>	<p>17</p> <p>WG Turkey & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/4 c)</p>	<p>18</p> <p>Teriyaki Chicken (2 M/MA) "Not So Fried" Brown Rice (1 G/B, 1/2 c veg) Sliced Apple (1/2 c)</p>	<p>19</p> <p>BBQ Pork Meatballs (2 M/MA) Mashed Potatoes (1/2 c veg) WG Corn Muffin (1 G/B) 100% Fruit Juice (1/2 c)</p>	<p>20</p> <p>WG Cheeseburger (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) Fruit (1/4 c)</p>
<p>23</p> <p>WG Hot Dog (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) Apple Sauce (1/2 c)</p>	<p>24</p> <p>WG Deli Chicken & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/4 c)</p>	<p>25</p> <p>Carnitas Nachos (Contains Pork) (2 M/MA, 1/2 c veg) WG Tortilla Chips (2 G/B) Sliced Apple (1/2 c)</p>	<p>26</p> <p>WG Beef Chalupa (2 M/MA, 1 GB, 1/2 c veg) 100% Fruit Juice (1/2 c)</p>	<p>27</p> <p>WG Green Chicken Enchiladas (2 M/MA, 2 G/B, 1/2 c veg) Fruit (1/4 c)</p>
<p>30</p> <p>WG Chicken Nuggets (2 M/MA) Mashed Potatoes (1/2 c veg) Apple Sauce (1/2 c)</p>				

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Supper includes: 2 oz Meat/Meat Alternative, 1/2 Cup Vegetable
1/4 Cup Fruit, 1 Cup Milk (flavored fat-free or unflavored low-fat)
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Snack Menu



April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Granola 100% Fruit Juice (6oz)	3 Hummus Cup Wheat Crackers	4 Cereal Pouch 100% Fruit Juice (6 oz)	5 Rice Krispies Treats Fruit (3/4 c)	6 Cheese Puffs 100% Fruit Juice (6 oz)
9 Cheez-its 100% Fruit Juice (6 oz)	10 Sunbutter Cup Graham Crackers	11 Baked Chips 100% fruit Juice (6 oz)	12 Rice Krispies Treats Fruit (3/4 c)	13 Pretzels 100% Fruit Juice (6 oz)
16 Cheese Puffs 100% Fruit Juice (6 oz)	17 Apple Cinnamon Dipper Whole Grain Bites	18 Chex Mix 100% Fruit Juice (6 oz)	19 Oatmeal Bar Fruit (3/4c)	20 Strawberry Delight 100% Fruit Juice (6oz)
23 Multi-Grain Bar 100% Fruit Juice (6 oz)	24 String Cheese Corn Nuggets	25 Honey Sunflower Seeds 100% Fruit Juice (6 oz)	26 Baked Chips Fruit (3/4 c)	27 Whole Grain Bites 100% Fruit Juice (6oz)
30 Strawberry Granola 100% Fruit Juice (6oz)	1	2	3	4

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Snack includes 2 items: grain, fruit, protein or milk.

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