

ALL SOULS ATHLETIC ACTIVITIES RULES

1. Failure to attend two consecutive practices without good cause may prohibit you from playing the next game.
2. Failure to attend four practices during the season without good cause may prohibit you from being a member of the team for the remainder of the season.
3. Coaches must be notified in advance if you are not able to attend scheduled practices or games. Failure to do so may result in the consequences listed in Rules 1 and 2 above.
4. All players are required to take instructions, constructive criticism, and direction from their coaches for the good of learning the sport.
5. A player may be benched by the coach for disciplinary reasons.
6. All players are to arrive at the game at least 60 minutes prior to the start of the scheduled meet.
7. If a player needs a ride to the away games/meets, they are to inform their coaches at least 24 hours in advance.
8. Parental attendance is encouraged at all meets; however, attendance at practice is not required.
9. Showing up to practice on time is also important so your coach can get his/her program started in the limited time he/she has.
10. Players should take care of all the schools' and Park & Recreation's equipment.
11. Parents should be aware of what time practices start and finish. Please be there to pick your child up on time.
12. All uniforms are to be turned in no later than one week after the season is complete.
13. If a player "drops out" of a sport before the last scheduled game without good cause, he/she will forfeit his/her participation in the following season.