

Character Strong

What is Character Strong?

Character Strong is an advisory curriculum that is all about developing meaningful relationships and serving students through social and emotional skills, character development, community building, cultivating growth mindsets, and more. We will be using this curriculum 25 Wednesday's over the the course of our 36 week school year. On days we use this curriculum we will be running an advisory/pep rally schedule on campus.

What topics does it address?

Relationship building within
our student body
Kindness
Respect
Selflessness

Forgiveness
Humility
Commitment
Self-Awareness
Growth Mindset

Honesty
Goal setting
Self-regulation
Empathy
Civil Discourse

How long has it been in existence?

The Character Strong semester leadership class has been used by schools for up to a decade with over 200 schools in Washington, Oregon, Texas, California and Wisconsin using it daily. The advisory curriculum, which was derived from the semester leadership class is in over 100 schools has been successfully used the past two years. We have used the curriculum with our THS Student Council students since 2016.

How do we know if it is helping our students?

Each nine weeks our students will be taking a survey that measures several aspects within our school. One of these areas is the growth of our students in the measurable areas of social emotional learning including grit, growth mindset, self-efficacy, self-management and social awareness. We will be using this to measure the effectiveness of our implementation and the Character Strong Curriculum.

How can I support this with my student?

Ask your student about their learning. Give them an opportunity to talk about the takeaways they had from the lesson and what questions they have based on what was learned. This school to home connection is important in reinforcing, extending and applying the student's learning.