



BREAKFAST

May, 2018

01

*Mini Cinnamon Creamy Bagel
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

02

*Apple Cinnamon Muffin
Strawberry Banana
Yogurt
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

03

*Rice Krispies
String Cheese
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

04

*Half Sun Butter & Jelly
Sandwich
Fresh Apple
Fruit Juice
Milk:
Skim or 1%*

07

*Cheerios Bowl
String Cheese
Fresh Apple
Grape Juice
Milk:
Skim or 1%*

08

*Apple Cinnamon NG Bar
String Cheese
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

09

*Cinnamon Raisin Bagel
Cream Cheese
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

10

*Mini Cinnamon Creamy
Cheese Bagel
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

11

*Half Cheese Sandwich
Fresh Orange
Apple Juice
Milk:
Skim or 1%*

14

*Strawberry NG Bar
String Cheese
Fresh Apple
Grape Juice
Milk:
Skim or 1%*

15

*Apple Cinnamon Muffin
String Cheese
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

16

*Half Sun-Butter & Jelly
Sandwich
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

17

*Cheerios Bowl
String Cheese
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

18

*Strawberry Banana
Yogurt
Apple Cinnamon Muffin
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

21

*Apple Cinnamon Muffin
String Cheese
Fresh Apple
Grape Juice
Milk:
Skim or 1%*

22

*Apple Cinnamon NG Bar
String Cheese
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

23

*Cheerios Bowl
String Cheese
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

24

*Mini Cinnamon Creamy
Cheese Bagel
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

25

*Blueberry NG Bar
String Cheese
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

28

No School

29

*Cinnamon Raisin Bagel
Cream Cheese
Fresh Banana
Fruit Juice
Milk:
Skim or 1%*

30

*Blueberry Muffin
String Cheese
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

31

*Rice Krispies
Raspberry Yogurt
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

**A Parent/guardian of any student with a food allergy
Should feel free to contact the Food Service Director at:**

708-484-5773

Student must select a minimum of 3 Food Items to make a Meal.

01

*Mini bagel cremoso de canela
Plátano fresco
Zum de frutas
Leche:
Skim o 1%*

02

*Muffin de canela y manzana
Yogur de plátano de fresa
Pera fresca
zum de naranja
Leche:
Skim o 1%*

03

*Arroz crujiente
Queso de hebra
Plátano fresco
Zum de frutas
Leche:
Skim o 1%*

03

*Medio sol mantequilla y jalea sandwich
Manzana fresca
jugo de manzana
Leche:
Skim o 1%*

07

*Cheerios
Queso de hebra
Manzana fresca
Jugo de uva
Leche:
Skim o 1%*

08

*Barra de manzana canela ng
Queso de hebra
Plátano fresco
Zum de frutas
Leche:
Skim o 1%*

09

*Bagel de pasas de canela
Queso crema
Pera fresca
Zum de naranja
Leche:
Skim o 1%*

10

*Mini bagel de queso cremoso de canela
Banana fresca
Zum de frutas
Leche:
Skim o 1%*

11

*Medio sandwich de queso
Naranja fresca
Jugo de manzana
Leche:
Skim o 1%*

14

*NG Bar Fresa
Queso de hebra
Manzana fresca
Jugo de uva
Leche:
Skim o 1%*

15

*Muffin de canela y manzana
Yogur
Banana fresca
Ponche de frutas
Leche:
Skim o 1%*

16

*Sándwich de medio sol y mantequilla
Pera fresca
Zum de naranja
Leche:
Skim o 1%*

17

*Cheerios
Queso de hebra
Banana fresca
Ponche de frutas
Leche:
Skim o 1%*

18

*Yogur de platano de fresa
Muffin de canela y manzana
Manzana fresca
Jugo de manzana
Leche:
Skim o 1%*

21

*Muffin de canela y manzana
Queso de habra
Manzana fresca
Jugo de uva
Leche:
Skim o 1%*

22

*Muffin de Canela y Manzana
Queso de hebra
Banana fresca
Zum de frutas
Leche:
Skim o 1%*

23

*Cheerios Bowl
Queso de hebra
Pera fresca
Zum de naranja
Leche:
Skim o 1%*

24

*Mini bagel de queso
Banana fresca
Ponche de frutas
Leche:
Skim o 1%*

25

*Muffin de arandanos
Queso de hebra
Manzana fresca
Jugo de manzana
Leche:
Skim o 1%*

28

No hay clases

29

*Bagel de pasas de canela
Queso crema
Plátano fresco
Zum de frutas
Leche:
Skim o 1%*

30

*Muffin de arandanos
Queso de hebra
Pera fresca
zum de naranja
Leche:
Skim o 1%*

31

*Arroz crujiente
Yogur de frambuesa
Manzana fresca
jugo de manzana
Leche:
Skim o 1%*

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