

**Have a  
Great Day!**

# Bronx Academy of Promise

## Breakfast Menu

Meal Includes:

Meat/Meal Alternate, Grains, Fruit, and Milk



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Cheesy Scrambled Eggs</b>  <b>Hash Browned Potatoes</b>  <b>W.W. Toast</b>            *****</p> <p><b>Cream of Wheat</b>  <b>Fresh Fruit Topping</b>            *****</p> <p><b>Assorted Whole Grain</b>  <b>Cereals</b>            *****</p> <p><b>Fresh and Cupped Fruit</b>            *****</p> <p><u>Milk</u>  <b>1% White or</b>  <b>Non-Fat Chocolate</b></p>	<p><b>Turkey Bacon,</b>  <b>an a</b>  <b>Whole Wheat Kaiser Roll</b>            *****</p> <p><b>Cinnamon Raisin</b>  <b>Oatmeal</b>  <b>w/Raisin Toast</b>            *****</p> <p><b>Assorted Whole Grain</b>  <b>Cereals</b>            *****</p> <p><b>Fresh and Cupped Fruit</b>            *****</p> <p><u>Milk</u>  <b>1% White or</b>  <b>Non-Fat Chocolate</b></p>	<p><b>Turkey Sausage, Egg &amp;</b>  <b>Cheese Sandwich on an</b>  <b>English Muffin</b>            *****</p> <p><b>Western Scrambled Eggs</b>  <b>w/Whole Wheat Bagel &amp;</b>  <b>Cream Cheese</b>            *****</p> <p><b>Assorted Whole Grain</b>  <b>Cereals</b>            *****</p> <p><b>Fresh and Cupped Fruit</b>            *****</p> <p><u>Milk</u>  <b>1% White or</b>  <b>Non-Fat Chocolate</b></p>	<p><b>Breakfast Burrito</b>  <b>w/Turkey Sausage &amp;</b>  <b>Cheese</b>            *****</p> <p><b>Turkey/ham, Egg &amp;</b>  <b>Cheese on a Whole</b>  <b>Wheat Kaiser Roll</b>            *****</p> <p><b>Assorted Whole Grain</b>  <b>Cereals</b>            *****</p> <p><b>Fresh and Cupped</b>  <b>Fruit</b>            *****</p> <p><u>Milk</u>  <b>1% White or</b>  <b>Non-Fat Chocolate</b></p>	<p><b>Corn Muffin</b>  <b>w/Fresh-cut Fruit</b>            *****</p> <p><b>Whole Grain</b>  <b>French Toast</b>  <b>w/Maple Syrup,</b>  <b>Banana &amp; Strawberry</b>            *****</p> <p><b>Assorted Whole Grain</b>  <b>Cereals</b>            *****</p> <p><b>Fresh and Cupped</b>  <b>Fruit</b>            *****</p> <p><u>Milk</u>  <b>1% White or</b>  <b>Non-Fat Chocolate</b></p>

Available at Every Breakfast

**Grains: Bagels, English Muffins, Whole Wheat Bread**

**Milk: Low-Fat White and Non-Fat Chocolate**

**Water available at every meal**

**This institution is an equal opportunity provider.**

**February 27 – March 1, 2017**

**Available at Every Breakfast**

**Grains: Bagels, English Muffins, Whole Wheat Bread**

**Milk: Low-Fat White and Non-Fat Chocolate**

**Water available at every meal**

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