

MARCH 2018

MON

TUE

WED

THUR

FRI

Special Announcements

*All breakfasts offer a second choice of assorted reduced sugar cereals w/ graham crackers.

* Fresh fruit & juice offered at breakfast & lunch

* Flavored and unflavored skim milk offered at each meal service

Menus subject to change

'YOU ART WHAT YOU EAT'
ART CONTEST
CREATE & ENTER!
STARTS MARCH 18!
squaremeals.org/artcontest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Good Eats at:
McAllen ISD Food & Nutrition Services
K-5 Menu

| | | | | |
|---|--|---|---|---|
| Apple Cinnamon Muffin Mini Corn Dogs Hot Dog Tator Tots Veggie Nibbles Blend 5 | Breakfast Sandwich Spaghetti w/ Meatballs Sandwich Combo Corn Seasoned Cucumbers 6 | Mini Blueberry Pancakes Hamburger / Cheeseburger Burrito w/ Cheese Curly Fries Burger Salad 7 | Beef Tamales Beef Fingers w/ Biscuit Chicken Nuggets w/ Biscuit Mashed Potatoes Broccoli w/ Cheese 1 | Pop Tart Pepperoni / Cheese Pizza Fish w/ Mac & Cheese Spring Mix Salad Baby Carrots 2 |
| NO CLASSES SPRING BREAK 12 | NO CLASSES SPRING BREAK 13 | NO CLASSES SPRING BREAK 14 | NO CLASSES SPRING BREAK 15 | NO CLASSES SPRING BREAK 16 |
| Blueberry Muffin & String Cheese Chicken Nuggets Hot Dog Veggie Nibbles Blend Baby Carrots 19 | Morning Sausage Roll Beef Tamales (2) Yogurt Parfait Ham & Cheese Sand. Charro Beans Taco Salad 20 | Breakfast Taco Hamburger / Cheeseburger Burrito w/Cheese Curly Fries Burger Salad 21 | French Toast Roasted Chicken w/ Roll Sandwich Combo Broccoli w/ Cheese Sauce Mashed Potatoes 22 | Banana Chocolate Bar Pepperoni/Cheese Pizza Chicken Nuggets w/ Biscuit Spring Mix Salad Baby Carrots 23 |
| Cinnamon Honey Bun Chicken Burger Hot Dog Veggie Nibbles Blend Baby Carrots 26 | Gingerbread Chalupas Yogurt Parfait Ham & Cheese Sand. Refried Beans Taco Salad 27 | Pancake on a Stick Hamburger / Cheeseburger Burrito w/Cheese Curly Fries Burger Salad 28 | Beef Tamales Beef Fingers w/ Biscuit Chicken Nuggets w/ Biscuit Mashed Potatoes Broccoli w/ Cheese 29 | NO SCHOOL 30 |

SCHOOL BREAKFAST WEEK
MARCH 5-9
squaremeals.org/sbw

+200
 +100
 +50



Fun facts on back!