

Wilson C. Riles Middle School

Physical Education Course Syllabus

School Wide Behavior and Expectations

All students are expected to follow the WCR Personal Standards Matrix identified in the agenda book.

Course Outlines/Grading and Assessment

Located on the WCR webpage at www.centerusd.k12.ca.us/cusd/wcriles

PE Clothing

- Students are required to wear a Wilson C. Riles shirt and shorts, or a solid white T-shirt and solid black shorts. The teaching staff will work out an arrangement should affordability be a problem.
- Students may buy PE clothing during the 1st week of school in their PE class, and throughout the school year. Clothing costs are \$10.00 for the shirt and \$10.00 for the shorts. Cash only please.
- Shirts must be tucked in during class and clothing visibly labeled with students' first and last names.
- Socks and properly tied athletic shoes must be worn at all times. Non-athletic type shoes such as flats, boots, and slip-on shoes are **Not** to be worn during class. Doing so will result in removal from activity.
- During cold weather, a solid white sweatshirt and solid black sweatpants may be worn over required shirt and shorts.
- Jewelry, jackets, coats, sweaters, and non-prescription glasses are not to be worn in PE classes.

Borrowing Loan Clothes

Student will be allowed to use loan clothes each quarter with the following conditions:

- 1st & 2nd Use = Verbal Warning
- 3rd Use = Parent / Guardian Contacted
- Each Additional Use = Parent / Guardian Contacted / AM PE Detention (7:15-7:35) Assigned. Failure to attend will result in reassignment to After School Detention and a loss of 2 merits.

A student refusing to use loan clothes, or dressed inappropriately for PE will lose all daily points and receive a referral to the Vice Principal. Points lost for this reason may not be made up.

Locks, Lockers & Locker Room Procedures

- Students will supply their own **combination lock**. Master locks are recommended.
- A locker will be issued when a student brings a lock to school.
- Lockers are for storing PE clothing only and may not be shared.
- Keep your combination a secret!
- Locks will be cut off if not on students' assigned locker and registered with the PE staff.
- For your safety, appropriate behavior is expected; drinks and food are not allowed at any time in the locker room.
- **Wilson C. Riles is not responsible for any lost or stolen items.**

Class Procedures

- After the tardy bell rings students have 5 minutes to change, use the restroom and be seated on their roll call number.
 - Students not seated on their roll call number will be assessed a tardy.
 - Students requesting to use the restroom following this 5 minute period or during class will be assessed a tardy.
- Should a student need to leave class they must obtain teacher permission, log in at the loan garage and get a hall pass from Mrs. Simms.
- Immediately inform a teacher of any injury occurring during the PE period.
- A teacher will dismiss students to change, **NOT** the bell.
- After class, students must remain within the area designated by the blue lines until the passing bell rings.

Student Behavior Expectations

- Consistently exhibit positive social and problem solving skills.
- Consistently put forth your best effort.
- Do your part to help yourself, your team, and our class to achieve learning, fitness, and teamwork outcomes at the highest level.
- Respond to teachers and peers verbally and with eye contact.

Student Behavior Consequences

- Warning
- Removal from activity. Student/teacher conference.
- Parent Contact
- Detention
- Referral
- Vice Principal, parent, student, teacher conference

Make-up Sessions for Absences or Missed Class Time

A student who is absent from school or misses a PE class period for any reason will be required to participate in a make-up session to earn the grade missed due to missed class time. Make-up sessions are held on **Wednesday from 7:15 to 7:35 am**. Students must wear PE clothes. The locker rooms will be open for changing from 7:10-7:15. Students will be graded using the PE performance rubric. It is the student's responsibility to complete all make-up sessions before the end of each grading period. If scheduling is a problem it is the student's responsibility to arrange an alternate make-up session time with their PE teacher.

Medical Requests

A parent/guardian may excuse their student from the scheduled activity for a maximum of three consecutive days. All requests must be in writing and include the reason, date and phone number where a parent/guardian can be reached. A request for longer than three days will require a note from a doctor. Students with a request to be excused from activity are required to dress for PE and will participate at a safe, modified activity level.

When contacting your students' PE teacher, please utilize our email system for the most immediate response.

- Mr. Brown pbrown@centerusd.org
- Mrs. Cook kcook@centerusd.org
- Mr. Jordan markjordan@centerusd.org
- Mr. Wise jaw@centerusd.org