

Athletics Monthly Newsletter

I. **Athletic Packets & Forms** (Links to packet can be found at sjva.net in the Athletics Tab)

- Athletic Packets will now be submitted electronically. Refer to Athletics tab on homepage to request Athletic Packet. **MAKE SURE YOU ARE SIGNING ALL DOCUMENTS BEFORE SUBMITTING.**
- **PLEASE DO NOT SUBMIT INCOMPLETE ATHLETIC PACKETS.** Before submitting please fill out all required documents including; **Insurance policy number, parent information, all signature forms, emergency contacts, health history questionnaire,** etc. The Parent and athlete should be completing all forms together at the same time. Any packets with incomplete information will be denied and sent back to the user. You will have the ability to scan and upload your physical clearance with your electronic athletic packet.
- All student athletes must have an active sports packet and physical on file prior to (1) pre-season conditioning programs or (2) trying out for a sports team. Any student without an active physical/sports packet will not be permitted to participate until the physical is complete.
- Medical Insurance is **MANDATORY** for participation in after school sports. If you do not have your own medical insurance you **MUST** purchase Insurance through PE-INSURANCE for each sports season that your child is participating in.

II. **Participation in School Sports:**

- Any student who decides to join a school sport and later decides to quit the team mid-season will be mandated to have an SST meeting with 1) parents 2) Athletic Department & 3) Admin to determine future eligibility for school sports going forwards. Student athletes are expected to fulfill the commitment they have made to their coaches and team.

III. **Dates to Know**

- Varsity Girls Soccer will be having a mandatory interest meeting on Thursday October 12th in the weight room at 1:15 PM. Tryouts for Varsity Girls Soccer will begin on October 30th at 3:15. The girls will scrimmage Hemet on November 17th before opening the season on November 30th against Calvary Murrieta.
- Varsity Boys Soccer Mandatory Interest Meeting October 6th after school in the weight room. Tryouts for Varsity Boys Soccer will be October 9th-October 20th. First game of the season will be November 20th.
- Varsity Boys and Girls Basketball will be holding tryouts in October. Please check weekly bulletin for specific dates and times.