

Make Teens Very Healthy

Just like infants, adolescents need vaccines to stay healthy. Make sure your child is up-to-date before school starts.

HOW TO	VACCINE	PROTECTS AGAINST
Make	Meningococcal Conjugate (MCV4)*	Meningitis - Can cause loss of arms, legs, or even death. Can easily spread by coughing, kissing, sharing drinks and silverware or through physical contact.
Teens	Tetanus/ Diphtheria/ Acellular Pertussis (Tdap)*	Tetanus –Usually found in soil and enters the body through a cut or wound. Can cause muscles to tighten making it hard to breathe, eat, or move. It can lead to death.
		Diphtheria – can lead to breathing problems, paralysis, heart failure, and death. Spread by coughing or sneezing.
		Pertussis (whooping cough) – Can cause severe coughing spells that make it hard to breathe. If passed on to infants, it may be life- threatening.
Very	Varicella or Chickenpox (Var)*	Chickenpox - Can cause bumps, blisters, itching, and fever. It can lead to a serious infection, scars, brain damage, trouble breathing, or even death. Children need two doses of vaccine or a history of chickenpox disease.
Healthy	Human Papillomavirus (HPV4 or HPV2)	Cervical Cancer - the 2nd leading cause of cancer deaths among women around the world. Can cause genital warts in males and females. It only takes three shots to be protected.

*These vaccines will be required for all children 11 -18 years of age who are changing school districts or who are enrolled in 6th grade, beginning January 1, 2010.

For more information about teen vaccines, visit: www.michigan.gov/teenvaccines www.aimtoolkit.org

