



Have a Great
Day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Chicken Tenders, w/Honey Mustard Potato Wedges, Corn, Dinner Roll</p> <p>Cuban Sandwich, swiss cheese, turkey ham, turkey, pickles, garlic butter</p>	<p>3</p> <p>BBQ Chicken, Mashed Potatoes, Green Beans, Whole Wheat Dinner Roll</p> <p>Beef Meatball sub, marinara sauce, mozzarella on w/w club roll</p>	<p>4</p> <p>Beef Lasagna, Mixed Italian Vegetables, Collard Greens</p> <p>Turkey and Cheese Sandwich on W.W. Toast</p>	<p>5</p> <p>Beef Stew, Brown Rice, Carrots</p> <p>Grilled turkey ham and cheddar cheese sandwich</p>	<p>6 Half a Day</p> <p>Corn Dogs, Baked Beans</p> <p>PB& J Sandwich</p>
<p>9</p> <p>School Closed</p>	<p>10</p> <p>Turkey Bolognese, Fusilli Pasta, Sautéed Spinach</p> <p>Ham & Swiss Cheese Panini Whole Wheat Pita Bread</p>	<p>11</p> <p>BBQ Pulled Chicken or Pork Sandwich, Cole Slaw, Roasted Potatoes & Mustard Salad</p> <p>Italian Sub: Beef Salami, Turkey, Cheese, L & T, Italian Dressing</p>	<p>12</p> <p>All Beef Meatball Sub, Marinara & Mozzarella on a Whole Wheat Roll Two Bean Salad</p> <p>Tuna Melt, Cheddar Cheese on a Whole Wheat Pita</p>	<p>13</p> <p>Pepperoni or Cheese Pizza, Carrot Sticks</p> <p>PB& J Sandwich, Carrot Sticks</p>
<p>16</p> <p>Chicken/Beef & Broccoli, Brown Rice, Spring Roll</p> <p>Vietnamese Chicken Sandwich: Cucumbers, Carrots, Cilantro, Turkey/Ham on a Baguette</p>	<p>17</p> <p>Lemon Chicken, Mediterranean Couscous, Green Beans</p> <p>Chicken Gyro: w/w Pita Chicken, Lettuce & Tomato, Lite Yogurt Sauce</p>	<p>18</p> <p>Cheese Ravioli, Marinara Sauce, Garlic Bread, Corn</p> <p>Beef Salami and Cheese on a Whole Wheat Kaiser Roll</p>	<p>19</p> <p>Beef Cheese Burgers, Seasonal Potato Wedges, Three Bean Salad</p> <p>Grilled Cheese sandwich or PB & J</p>	<p>20</p> <p>French Bread Pizza, Baked Potato Chips, Carrot Sticks</p>
<p>23</p> <p>Chicken Cacciatore Brown Rice Pilaf Italian Vegetable Medley</p> <p>Turkey & Cheese on Whole Wheat Bread w/ Lettuce & Tomato</p>	<p>24</p> <p>Beef Tacos w/Tortilla Mexican Cheese Blend, Pink Beans</p> <p>Cuban Sandwich – Turkey/ham, turkey breast/Swiss on a pita</p>	<p>25</p> <p>Oven Roasted Chicken, Mac and Cheese, Broccoli</p> <p>Ham, Cheese, Lettuce, Tomato on w/w Club Roll</p>	<p>26</p> <p>Beef Meatloaf Mashed Potatoes Seasoned Corn Whole Wheat Bread</p> <p>Turkey BLT on Whole Wheat Bread</p>	<p>27</p> <p>Pizza - Pepperoni or Cheese, Carrot Sticks</p> <p>PB & J, Carrot Sticks</p>
<p>30</p> <p>Chicken and Waffles, Corn on the Cob</p> <p>Grilled Cheddar Cheese Sandwich</p>	<p>31 Half a Day</p> <p>Turkey & Cheese Sandwich on a Roll Carrot Sticks & Dip Fresh Apple</p> <p>Peanut butter & Jelly Sandwich</p>			

Available at Every Lunch

Grain: Bagels, English Muffins, Whole Wheat Bread,

Milk: Low-Fat White and Non-Fat Chocolate

Fruit: Fresh fruit & Cup Fruit

Water available at every meal

This institution is an equal opportunity provider