

Have a  
Great Day!


# Bronx Academy of Promise

## Breakfast Menu



January 16 – 20, 2017

Meal Includes:  
Meat/Meal Alternate, Grains, Fruit, and Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School Martin Luther King, Jr. Day</p> 	<p>Scrambled Eggs w/Bacon Crumbles Whole Wheat Bagel *****</p> <p>Cinnamon Raisin Bagel w/LF Cream Cheese *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Egg &amp; Cheese on a English Muffin *****</p> <p>Apple Cinnamon Muffin w/Fruit Cup *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Cheese Omelet in a W.W. Tortilla w/Salsa *****</p> <p>Plain Bagel w/LF Cream Cheese *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>	<p>Belgian Waffle w/Syrup Turkey Bacon *****</p> <p>Yogurt Parfait w/Fruit &amp; Granola *****</p> <p>Assorted Whole Grain Cereals *****</p> <p>Fresh and Cupped Fruit *****</p> <p><u>Milk</u> 1% White or Non-Fat Chocolate</p>

Available at Every Breakfast

Grains: Bagels, English Muffins, Whole Wheat Bread

Milk: Low-Fat White and Non-Fat Chocolate

Water available at every meal

This institution is an equal opportunity provider.